

JIN

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今日天津

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DIVERSIFY OR DIE

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Time: 12:00PM to 2:30PM

Venue: Promenade, 1F

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April 4-7

▶▶▶ Tianjin Grand Hall天津大礼堂

BBC multi-media drama: Octonauts

英国正版授权大型多媒体实景舞台剧

《海底小纵队-极地大探险》

Ticket: 80-480RMB

The Octonauts is a British children's television series, produced by Silvergate Media for the BBC channel CBeebies. The TV series is based on American-Canadian children's books written by Vicki Wong and Michael C. Murphy of Meomi Design Inc. The OCTONAUTS are a team of quirky and courageous undersea adventurers who are always ready to dive into action! Their mission: to explore new underwater worlds, rescue amazing sea creatures and protect the ocean. Follow their adventures



ADD: 1 Bin Shui Dao, Hexi
天津市河西区宾水道1号
Tel: 4006103721

April 24

▶▶▶ Tianjin Grand Theatre 天津大剧院

Israeli singer Noa unplug concert

耶路撒冷玫瑰—以色列歌星诺雅·不插电演唱会

Time: 19:30

Music Hall, Tianjin Grand Theatre

Ticket: 80-280RMB

Known in Israel by her given name Achinoam Nini, Noa is Israel's leading international concert and recording artist. Noa's strongest influences come from the singer-songwriters of the 60s, like Paul Simon, Joni Mitchell and Leonard Cohen. These musical and lyrical sensibilities, combined with Noa's Yemenite roots and Gil Dor's strong background in Jazz, Classical and Rock, have created Noa and Gil's unique sound, manifested in hundreds of songs written and performed together.



ADD: Culture Center, Pingjiang Dao, Hexi
河西区平江道文化中心
Tel: 83882000

April 29

▶▶▶ Tianjin Olympic Center Stadium 天津奥体中心体育场(水滴)

Mayday 2018 LIFE World Tour

五月天LIFE [人生有限公司]

世界巡回演唱会-天津站

演出: 五月天

Time: 19:30

Mayday is a Taiwanese band that was formed in the late 1990s with five members, Ashin (vocal), Monster (leader, lead guitar), Stone (rhythm guitar), Masa (bass) and Guan You (drums). They are one of the most influential Chinese bands in the 2000s.



ADD: 393 Bin Shui Xi Dao, Nankai
天津市南开区宾水西道393号
Tel: 4006103721

April 30

▶▶▶ Tianjin Grand Hall天津大礼堂

OST Concert of Classic Hayao Miyazaki Animation Movies

宫崎骏动漫专场《宫崎骏—天空之城世界经典动漫视听交响亲子音乐会》

Time: 10:30

Ticket: 80-380RMB

Performed by Tianjin Opera and Dance Drama Theatre

Hayao Miyazaki has been long working with Japanese composer Joe Hisaiyashi since 1984. Joe Hisaiyashi has composed scores for all his films including Nausicaa of the Valley of the Wind and The Castle of Cagliostro. He is also recognized for the soundtracks he has provided for filmmaker 'Beat' Takeshi Kitano, including A Scene at the Sea (1991), Sonatine (1993), Kids Return (1996), Hana-bi (1997), Kikujiro (1999), and Dolls (2002).



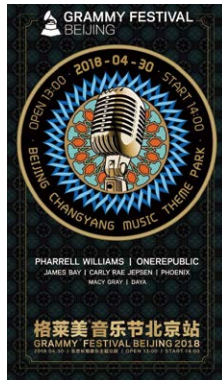
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GRAMMY® Festival Beijing 2018

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Beijing is set to host one of the most star-studded events in recent history as China's first-ever Grammy Festival will be held at the Changyang Music Theme Park on April 30th. The Recording Academy, the world's leading society of music professionals internationally known for the Grammy Awards, chose Beijing for one of their music-based destinations for natives and world travelers alike with the Grammy Festival, a new touring, world-class live music experience debuting in China.



Date: Mon, 30 Apr
Price: 580 Pre-sale; 880 Door Price
Time: 14:00 (Doors open at 13:00)
Venue: Changyang Music Theme Park
北京长阳音乐主题公园
Tel: +86 21 5456 2471



Movie: Rampage

Primatologist Davis Okoye (Johnson), a man who keeps people at a distance, shares an unshakable bond with George, the extraordinarily intelligent, silverback gorilla who has been in his care since birth. But a rogue genetic experiment gone awry mutates this gentle ape into a raging creature of enormous size. To make matters worse, it's soon discovered there are other similarly altered animals. As these newly created alpha predators tear across North America, destroying everything in their path, Okoye teams with a discredited genetic engineer to secure an antidote, fighting his way through an ever-changing battlefield, not only to halt a global catastrophe but to save the fearsome creature that was once his friend.



Genre: Action & Adventure, Drama, Science Fiction & Fantasy
Directed By: Brad Peyton
Cast: Dwayne Johnson, Jeffery Dean Morgan, Naomi Harris, Malin Akerman, Joe Manganiello
Release date: Apr 13, 2018 Wide
Studio: Warner Bros. Pictures



Movie: I, Tonya

Based on the unbelievable, but true events, I, TONYA is a darkly comedic tale of American figure skater, Tonya Harding, and one of the most sensational scandals in sports history. Though Harding was the first American woman to complete a triple axel in competition, her legacy was forever defined by her association with an infamous, ill-conceived, and even more poorly executed attack on fellow Olympic competitor Nancy Kerrigan. Featuring an iconic turn by Margot Robbie as the fiery Harding, a mustachioed Sebastian Stan as her impetuous ex-husband Jeff Gillooly, a tour-de-force performance from Allison Janney as her acid-tongued mother, LaVona Golden, and an original screenplay by Steven Rogers, Craig Gillespie's I, TONYA is an absurd, irreverent, and piercing portrayal of Harding's life and career in all of its unchecked—and checkered—glory.



Genre: Drama
Directed By: Craig Gillespie
Written By: Steven Rogers
Release date: March 30, 2018

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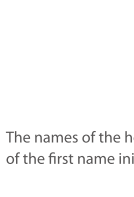
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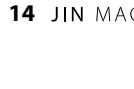
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47 Expatriate Experts Selected into the Thousand Talents Program of Tianjin

47名外国专家入选天津“千人计划”

47 expatriate experts were selected into the Thousand Talents Program of Tianjin and three selected into the program of national level recently. They were recommended by 18 major institutes that recruit the most foreign experts in Tianjin, including Nankai University, Tianjin University and Industrial Biotechnology Research Institutes of Chinese Academy of Sciences. The selected experts were originally from world-famous universities, research institutes or multinationals and they were engaged in 12 professional fields including mathematics, chemistry, information science, life science and economic management.

我市3名外国专家新入选国家“千人计划”外专项目, 47名外国专家新入选天津市“千人计划”外专项目。截至目前, 我市共入选国家“千人计划”外专项目20人, 天津市“千人计划”外专项目160人。新入选“千人计划”外专项目专家分别来自南开大学、天津大学、中国科学院天津工业生物技术研究所等18家重点引才单位, 主要特点如下: 一是入选专家层次高。50位外国专家都来自世界知名大学、研究机构或跨国公司。二是合作项目水平高。新入选专家分布在数理科学、化学、信息科学、生命科学、经济管理等领域。三是引进预期成效好。新入选专家与申报单位的重点领域、优势学科均有较好的匹配度, 合作基础良好, 科技含量较高, 经济和社会预期效益较好。

FAW-Volkswagen's Production Base in North China Completed in Tianjin

一汽大众华北基地今年投产 规划年产30万辆整车

According to FAW-Volkswagen, its production base in North China was completed in 2017 in Tianjin with all equipment and main body installed. The pre-scaled production already started and it is estimated that the base will officially be put in use in the next half of 2018.

Located in Tianjin development zone, Faw-Volkswagen's production base is planned to produce 300,000 cars per year. The production base has four workshops including pressing, welding, coating and assembling as well as necessary auxiliary facilities. Inside the base, there are whole-car logistic park, components logistic park and the component park. The project was listed in Tianjin's economic and social development goals in 2018.

一汽—大众举行天津区域媒体沟通会, 记者也跟随该基地相关工作人员来到一汽—大众华北基地探访建设进展。该基地已于2017年完成设备、工装主体安装工作, 目前已进入预批量生产阶段, 预计将于今年下半年建成投产。

落户天津开发区的一汽—大众华北基地于2016年5月开工奠基, 占地面积达108.1万平方米, 规模总投资约195亿元人民币, 规划产能每天1200辆, 年产30万辆整车。基地建设有冲压、焊装、涂装、总装四大车间及配套设施, 总建筑面积达47.66万平方米, 并配套建设有整车物流园区、零部件物流园区和零部件园区等。2018年天津市政府工作报告中今年我市经济社会发展目标就提到, 大力实施项目带动战略, 一汽—大众华北基地、一汽丰田新工厂、中芯国际等重点项目全面投产。

The names of the honorary advisors are listed according to the alphabetical order of the first name initial. 以上荣誉顾问按姓名首字母顺序排列, 排列不分先后



China Plans New Bureau to Handle Growing Number of Expats 中国拟组建国家移民管理局

The Chinese government unveiled plans to set up a new streamlined immigration bureau that would process both exit-entry applications for citizens and visas for foreigners, according to a new policy proposed at the Two Sessions.

State-run broadcaster CGTN has reported:

"The proposed administration will be responsible for coordinating and formulating immigration policies and their implementation, border control, managing foreigners' stay. It will also take the lead in coordinating measures to deal with foreigners who illegally enter, stay or work in China, and the repatriation of illegal immigrants.

"The administration will also provide exit and entry services for Chinese nationals on private affairs and engage in international cooperation in the field of immigration, among others."

3月13日, 提请十三届全国人大一次会议审议的中国国务院机构改革方案提出, 组建由公安部管理的国家移民管理局, 负责外国人停留居留和永久居留管理、难民管理、国籍管理等。这份机构改革方案显示, 拟组建的国家移民管理局, 将公安部的出入境管理、边防检查职责整合, 建立健全签证管理协调机制。

China to ban people with bad 'social credit' from planes and trains 5月起将对特定严重失信人限制乘坐火车和飞机

The Chinese government has stated it will begin applying its so-called social credit system to flights and trains to stop people who have committed misdeeds from taking such transport for up to a year.

People who would be put on the restricted lists include those found to have committed acts like spreading false information about terrorism and causing trouble on flights, as well as those who used expired tickets or smoked on trains, according to two statements issued on the National Development and Reform Commission's website on Friday.

近日, 国家发改委、民航局、铁路总公司等多部门联合发布相关意见, 在一定期限内适当限制特定严重失信人乘坐民用航空器、火车, 推动社会信用体系建设。意见自2018年5月1日起实施。

意见指出, 将对特定严重失信人在一定期限内适当限制乘坐火车。相关主体从限制乘火车人员名单中移除后, 不再对其采取限制乘火车措施。

A new historic building opened to the public after renovation 历史风貌建筑整体提升改造 百年张园对外开放

Zhang Yuan, which was once the residence of China's last emperor Pu Yi and revolutionist Sun Yat-sen, is now open to the public after a major renovation. There are five parts of the exhibitions showcased inside the villa, including the old story of Zhang Yuan, photos of Zhang Yuan, old photos of Tianjin, Sun Yat-sen's experience in Tianjin and Sun Yat-sen's office.

日前, 天津历史风貌建筑之一的张园在经过整体提升改造之后, 部分展区正式对外开放, 目前展出分为张园往事、张园新老照片展、天津老照片展、孙中山在天津、孙中山在津期间办公室复原展示等五个部分, 记录这座百年历史建筑所经历的风雨及历史的变迁。

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LETTER

FROM THE EDITOR

As the saying goes: "With April showers, comes May flowers" and none too soon, it's been a long winter and we just can't wait to see the flowers and trees blooming and warmer weather. April 1 is Easter Sunday, a Christian holiday celebrated by families by having an Easter egg hunt for colored eggs and chocolates shaped like eggs or bunnies. Many hotels will feature Sunday brunch and children's games.

April 5 will be "Tomb Sweeping Day" 清明节 "Qing Ming Jie" an important cultural holiday when families will visit their ancestors gravesites and pay respects by bringing offerings of food, burn paper money, also called "Hell Money" and incense or josh sticks.

It is also a time to clean up the gravesite, in traditional family plots especially in the countryside and mountains, have cemetery plots in the fields that get overgrown with brush and during this holiday, surviving relatives will clean the burial site or tomb, thus the name of this festival. This year, the official days off will be April 5-7.

Our feature this month will look at how diversity affects our lives, education, work and relationships. It is amazing how our world has changed from just a few decades ago to the fast pace electronic age that we are now experiencing. How are you coping and are you keeping up? Do you know how to think outside the box and able to change with the times? These are some of the interesting points raised in this article.

Our Education article will consider education planning and related to education, the People article will describe the life of Mike, a retired teacher in Tianjin.

For our everyday lives, we have articles this month that talk about your fitness fashion statements, where to eat vegetarian and try travelling to Xian and how to give directions in Chinese. So enjoy your start of summer.

4月是个充满生机的月份, 天气回暖, 万物复苏, 百花盛开, 你是不是已经蠢蠢欲动了呢? 4月1日是西方传统的复活节, 这也是一个全家人一起庆祝的节日, 大人们一起寻找复活节彩蛋和鸡蛋形的巧克力。天津的很多酒店都有复活节活动, 大人孩子都会度过愉快的一天。4月5日还是中国的清明节, 有3天假期, 按传统人们会去陵园和墓地祭奠故去的亲人。

本期主题文章我们会探讨多样性如何影响着我们的生活、教育、工作和人际关系。在短短几十年间, 我们的生活发生了翻天覆地的变化, 我们已经进入飞速发展的电子信息时代。你能否赶上时代的节奏? 跳出固有的思维模式, 与时俱进吗?

其他的文章还包括“素食主义者用餐指南”、“健身房中的时尚”以及本期人物 Mike 游历一生, 一个目前来到天津的退休教师。希望你喜欢我们准备的精神大餐, 让我们期待夏天的到来吧!

Monica Wang
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It's a world of diversity

DIVERSIFY OR DIE

By David Wong and Carmen King

How important is diversification? Do we need to challenge ourselves with investigating and understanding the new and unknown? Some people tend to gather with those that are similar to them. As the saying goes: "Birds of a feather flock together." Despite there being no mention of birds and feathers, there is a similar saying in Chinese: 物以类聚，人以群分 (wù yǐ lèi jù, rén yǐ qún fēn), it literally translates to: "things according to type gather, people according to group separate." Admittedly, it may seem easier and simpler to group with those that have similar backgrounds and interests. Usually such ones find friendship with each other based on commonalities. At least initially everyone gets to stay in their comfort zone by sticking with those that have similar preferences. Of course such an approach

leaves little tolerance for diversity.

Being too comfortable and surrounded only by those with similar thinking may lead to a stale situation and stifle new ideas. In a group where so many see things the same way, it could be quite challenging to challenge popular opinion. An individual may find themselves suppressing certain unique views for fear of rocking the boat, not wanting to risk becoming an outcast. The entertainment world has portrayed this story countless times. A common rendition is a new kid desperately wanting to be accepted by the "cool kids" at all cost. After trying ridiculously hard to become like the others, so as to gain admission into the clique, the adolescent finds himself troubled by inner pangs of conscience. In the end, they decide to face the fear of being an outcast, and just be themselves. If the writer(s) opts for a happy ending, usually the individual is

rewarded for being willing to stand out as different. They realize, like themselves, the majority of others do not conform to the minority. Thereby, being different or diverse, actually wins greater favor.

Technology often brings with it diversification from the norm, that is how things were traditionally done. Some refer to this as "disruption," as in "disruptive technology." In today's world, technology changes very fast. Trains now travel at speeds into the hundreds of KPH and driverless cars are being beta-tested. If a person, company or society is not able to adopt new technologies, they may feel much like the new kid at school. Lack of adoption, could result in being left behind, whereby so-called more progressive people take the lead. Being able to come up with new concepts or ideas is often referred to as: "thinking outside the box." The "box," being a

set of constraints or imagined standards that have become the norm. Some may simply say: "We have always done it this way," instead trying a new method which carries risk of change and diversification. Essentially, it could be the catalyst to breaking up the monopoly.

While new ideas are not a guarantee in themselves of good things to come, without them, we would still be living in the dark ages. The promotion and embracing of new concepts has resulted in countless changes in the way humans live. From light on demand via the lightbulb to information on demand via the internet, new ideas reset the rules. However change is not always warmly welcomed. After all where there is change, someone or something usually gets replaced. This proverbial changing of the guard creates a great deal of tension among some when it comes to change. There is a saying in Chinese which reflects the risk associated with pioneering diversification, a.k.a. non-conformity or a new way of doing things: 枪打出头鸟 (qiāng dǎ chū tóu niǎo), which literally translates to: "gun hits the bird that sticks its head out."

An example from the 1800's of an individual that accepted the risks associated with diversification is the famous American president Abraham Lincoln, who is reported to have only narrowly won the presidency. He took the extraordinary step, once he became president, to appoint all his competing rivals during the campaign to the most important positions within his cabinet. In other words, he

IN A GROUP WHERE SO MANY SEE THINGS THE SAME WAY, IT COULD BE QUITE CHALLENGING TO CHALLENGE POPULAR OPINION.

chose to diversify. This "out of the box" approach is described in detail in the book, "Team of Rivals – The Political Genius of Abraham Lincoln" by Doris Kearns Goodwin. Many thought it to be unthinkable and certainly not possible to work together with the "enemy," but in fact, by diversifying and employing the opposite view, this led to exposure to different viewpoints. Perhaps, the success was also due in part to the special skills of the leader, in this case, Mr. Lincoln.

Diversification like recycling sounds good. It at times can be touted as the cure to all ailments. While it tickles the ears of many, it also carries with it a number of challenges. To diversify ultimately means to break free from singularity and allow for difference. Exactly how much tolerance of diversity is a good thing continues to spark heated debate. Despite the attempts of some to cling to tradition and avoid diversifying for fear of losing control, the world in general is far more diversified than ever before. Even a once very closed off country like China has become more multi-cultural and interracial. The

following is a discussion of diversity within education, business, and culture.

Diversity in Education

Education is perhaps one of the most traditional institutions. Collective bodies empowered to teach the masses, such as schools and colleges are not necessarily known for their willingness to deviate from time-honored tradition. The world is changing and even the most stubborn advocate for past precedent may face a tidal wave of pressure to change. The developments in technology, such as smart phones and social media have empowered the masses to express, share and promote change. Thus these weapons continue to be some of the most sensitive in this day and age of informational warfare.

Consider how the expected response time for messages is now measured in minutes and seconds. This is in stark contrast with the past where one would patiently wait for a reply via postal mail for days or weeks. Now though it isn't uncommon for people to send a text message to ask if an email has been received because of a perceived delay in response. Texting maybe the most intrusive way to reach a person. After all, even in circumstances when answering a phone call is impossible, they can text back, right? This change in expectation may not be healthy but is reality. People feel pressured to meet these rather unrealistic expectations or risk being left behind or even losing membership to the clique. Education on how to navigate the



Diversity in a workplace

wired world is sorely needed. The older generation may feel forced to learn how to use new technology or else. They need classes or assistance in some form to help them not be left offline. Younger people on the other hand, may have no problem grasping the functional aspects of digital devices, but desperately need educated on how, when, and where to appropriately use them. Digital addiction is real. One mental health expert described technology in its current form as 'mind altering.'

A student counselor in an international school welcomed new students in his high school by telling them the following facts. The intent was to instill in them the need to diversify and be adaptable in this current world. The new millennium students (a.k.a. The '00 students), those born after the year 2000, according to some may have a lifespan of 100 years. This would create the possibility of a working career that lasts over 70 years compared to existing workers that spend about 40 years on the job. In the past, through the course of a career, some people changed jobs about 20 times. In the future, with an extended work life, it is possible this figure could double. Especially due to new technologies creating new occupations. The counselor continued by telling the students that the occupations being studied now, may not even exist by the time they graduate.

Schools are emphasizing the importance of learning how to be a team player, work as a group, and get along with colleagues. People need to know how to deal with diversity. This is crucial as companies become increasingly international and staffs are made up of people from different countries with different cultures. An advertisement for an International EMBA (Executive MBA) advertised that the prospective students will meet with influential international schoolmates that will become strong future networking alumni instead of merely covering course content. Embracing and leveraging diversity is becoming increasingly imperative. Education systems are changing. The mere acceptance of technology into the classroom is one example. Allowance for students of different nationalities to study together on one campus is another. While these differences have been tolerated, diversifying curriculum may yet be an unreality. After all, a student studying abroad, may find while they are physically allowed to study in the country, they will not be exposed to a wide variety of ideologies. Instead what is taught will give great precedence to traditional thinking.

The heightened demand for a diversified higher education is evident in competitive entrance requirements. During the industrial age, secondary education such as university,

A BUSINESS WITH DIVERSIFIED ASSETS AND SERVICES USUALLY GETS LABELED AS A GOOD INVESTMENT.

college or technical schools was not common and entry requirements were just above average marks. Nowadays, admission requirements may demand 80% GPA's (Grade Point Averages) and higher. In the past, graduating with a bachelor's degree might ensure a job, but now it isn't uncommon for companies to require a master's or more. Some institutions promote double degree's, whereby students simultaneously study two different disciplines. Even adult workers are returning to universities or technical schools to supplement or update skills. Institutions which offer a more international, cross-disciplinary curriculum tend to have high enrollment requirements. Great value is placed on gaining access to an education which puts students in touch with cutting edge technology and a diversified learning environment.

Diversity in Business



Children will meet fellows of various cultural backgrounds in their growth.

The term diversification is used frequently in the business sector when referring to investment. Individual or corporate portfolios diversify assets and investments to spread out risk and not have “all eggs in one basket.” This is to suggest if eggs are divided into different baskets and one gets dropped, not all eggs will be broken. Conceptionally this sounds great. Actually it is impossible. Due to globalization the world is so interconnected that if anything major really happened, chances are no one could completely escape financial loss. Of course, diversification at some level is probably a good thing. An example is the suggestion that a person working at Company A should limit financial investment into Company A. Why? The thought is, they are already investing all their time, an extremely finite and valuable asset, into Company A. Further investment into Company A by buying and holding stock or making financial contributions may be unwise, as Company A would become the proverbial “one basket.” Remember the infamous Enron scandal. Financial assets are not the only thing to diversify.

In a similar fashion, businesses must diversify and adapt themselves in order to survive. Look at the development of Chinese companies such as Alibaba and Tencent. Both companies started less than 20 years ago and have become two of the top ten largest companies in the world. Each has a market capitalization of over 500 billion USD. The respective founders and chairmen are just as interesting as their companies.

Jack Ma (a.k.a. 马云 Mǎ Yún) started his career by learning English at an international hotel and after a chance meeting with American Jerry Yang, founder of Yahoo, decided he should be pursuing the business opportunity related to the internet in China. Starting with a 500,000 RMB investment in '99, he has built an incredible multi-billion dollar business. Alibaba continues to diversify by starting new ventures, such as in the supermarket sector with the recent opening of “He Ma” (盒马 Hé Mǎ). It is a retailer that features live seafood and imported products that will be delivered to customers’ homes on the same day.

In similar fashion, Pony Ma (a.k.a. 马化腾 Mǎ Huà Téng), chairman of Tencent is more low key than Jack Ma, but just as successful. He is often referred to as the Warren Buffet of China. In business Tencent has many different offerings. It was responsible for launching QQ,



diversity key

the former backbone for online communication in China. In recent years came WeChat, which has gone way beyond merely chatting with others. WeChat is arguably one of the most intrusive apps on a device. With each feature another layer of privacy is peeled back. To send and receive money via WeChat, users must reveal pertinent information, which includes a government issued I.D. and bank account. Use of the video or audio features means allowing access to the phone’s microphone and camera. Theoretically the software has the capability at anytime to monitor and record remotely. Not to mention taking and sharing photos or videos requires allowing access to the photo album. Location information is tracked by WeChat. Exact routes and destinations are shared when using shared bicycles or ordering online. To pay utilities using WeChat means entering specific addresses and account numbers. Suffice it say, there pretty much isn’t anything Tencent doesn’t know about users thanks to WeChat. If a device with WeChat is present, users are not alone. How does Tencent acquire all this data? Thanks to a highly diverse feature list and a powerful diversified team supporting and promoting its wide adoption.

These companies and those backing them have reaped the rewards of the

electronic age. Not only has it granted unprecedented amount of access into users personal life, but they generate incredible amounts of revenue. Essentially, people are agreeing to being monitored and lose privacy. Like the illustration at the outset though, the pressure to keep up is tremendous. Imagine trying to do business and keep in touch with friends inside of China without WeChat?! Not only are these massive changes, but they can happen very fast. Within a few years, China became a virtually cashless society. Which is hard to believe based on its history. The Chinese had a real love for cash. Expats arriving years ago were likely dumbfounded by how virtually no one used credit cards. It was cash or nothing. Big transactions like renting an apartment required going to the bank and getting out tens of thousands of RMB in cash as rent was often paid in 3, 6, or 12 month increments. Carrying around so much cash was very nerve wracking. Nowadays many people are carrying around far less “redbacks.” A number of businesses now prefer electronic payment. Even street vendors have a WeChat or Alipay QR Code hanging up to be scanned for payment. This reduces handling dirty bills, giving change, going to the bank and risks of receiving counterfeit currency. The same is true for taxis. Cabbies were infamous for wanting cash and only cash. Not now. Even Didi drivers don’t accept cash for fares.

Another diversification in cashless currency is Bitcoin. Cryptocurrency is becoming a huge business and also only started in recent years. It already has a market cap of over \$25 billion. Frankly, it is so new that countries are still struggling with the legal and regulatory implications as the possible affect of replacing existing currencies is far reaching. All this new technology is highly disruptive to so-called traditional business models. Education and training systems are pretty much forced to constantly diversify curriculums in an attempt to keep pace with the never-ending diversification in business. After all schools are supposedly the means by which individuals are equipped for survival in today’s society.

A business with diversified assets and services usually gets labeled as a good investment. On the other hand, organizations which stubbornly stick to out-dated or non-diversified operating models get shunned and scolded by the international community for not keeping up with the times. As Abraham Lincoln accomplished by



Tackle diversity in your team and be a great team player.

appointing opposing views to his cabinet, modern day companies may find success when management accepts diversification. Instead of resisting, new ideas may need to be welcomed and explored without undue fear over trying them out. Last months feature article discussed gender diversity at length, which included such occurring in business. Some promote female leadership as a way to better understand and respond to the wishes of female customers. This diversification in the labor force has brought with it tremendous change in how employees are treated along with many complications and concerns over gender bias and sexual harassment on the job. Diversification has proven to be a two-edged sword.

Diversity in Culture

Cultural diversity is evident everywhere. In a world that is virtually connected, companies need to have awareness and sensitivity to different cultures. Failure to do so may result in serious ramifications both financially and legally. A number of expats are working in China due to Chinese companies wanting to have a Western perspective, particularly if the company is serving Western markets and non-Chinese customers. The other scenario is foreign companies who have established offices in China to serve Chinese customers or better leverage available

intra-country resources. These firms need a diverse staff to address diverse issues in an attempt to bridge the cultural gap between those abroad and locally. Even if some companies do not have direct dealings with China, it is quite possible that their competitors or suppliers do, thereby indirectly affecting them.

Cultural diversity is quite apparent within education. The growth of international schools and the huge number of Chinese students studying abroad attest to this. According to UNESCO (United Nations Educational, Scientific and Cultural Organization) there are over 800,000 Chinese students studying abroad. Despite the trend, several studies have indicated that a foreign degree is no guarantee of job success upon returning to China. Why? It could be concern over potential

cultural clashes. As mentioned at the outset, human tendency is to find comfort and security with those similar to oneself, and this certainly includes culture. An education abroad may expose students to thinking and ideology which runs contrary to traditional precepts. A cultural gap could exist. Students returning from overseas may not entirely abide by or understand intimately the intricacies of Chinese culture to the extent of locals who have never left the country. In this case, while hiring such a candidate would qualify as making the team more culturally diverse, something usually perceived as a positive, actually becomes a negative as some see the risks outweighing the rewards.

A growing number of foreign students are studying in China. They aren't just learning Mandarin Chinese either, but earning



Diversity counts.

IT INCLUDES EVERYTHING FROM NEW DORM ROOM REQUIREMENTS TO A MORE DIVERSE CAFETERIA MENU OFFERING FOOD CHOICES SUITED FOR NON-CHINESE PALATES.

university degrees in various disciplines. The China Scholarship Council (www.csc.edu.cn) facilitate scholarship programs for expats looking to pursue education in China. This results in student bodies within China becoming more culturally diverse, which in turn brings more change. It includes everything from new dorm room requirements to a more diverse cafeteria menu offering food choices suited for non-Chinese palates. There are stores such as D-Mart in Aocheng (奥城 Àochéng) which cater to the demand for diversified goods, other shops primarily stock Japanese or Korean items, and even larger grocery stores such as Carrefour and Vanguard have been forced to diversify inventory to include "foreign foods."

Conclusion

Now more than ever, it is important to learn how to think "outside the box" so as to cater to an extremely diverse worldwide family of humans. A step in doing so is to gain exposure to various environments via education and travel. Those that can't travel can use technology to access a diverse collection of content online. Even those offline can find diverse information about the world outside their local reality via the printed page. As some say, knowledge is power. Therefore the width, breadth and diversity of one's knowledge makes a big difference in how they think, act and live. Learning about other cultures and the diverse ways in which a situation can be handled, increases one's problem solving capabilities. In a world that is changing at a breakneck pace, being able to diversify is crucial, though this may not be as easy as expected. In a country like China with a long history and many traditions, how to harness the change that comes with diversification without losing sight of the original goal is a major topic of discussion in

recent times. The Communist Party has widely promoted the slogan: 不忘初心, 牢记使命 (bù wàng chūxīn, láoji shǐ mìng). Despite the numerous and complex challenges that comes with change, the world over faces the same choice, diversify or die. That is to say, get on board the train of change or get left behind and eventually become extinct.

世界本不同

俗话说物以类聚, 人以群分, 我们都喜欢和自己的同类相处, 这样最简单和舒服。但是这世界本来就不只有一种颜色, 要去接纳与自己不同的人或事物有时候是一种挑战。

当一个集体都是由相似的人组成, 对事情抱有同样的看法, 那么那个不同的声音就很难发出, 要么不被主流接受, 要么害怕被主流排斥而埋在心里。

其实无论是技术还是文明的进步都是由新的观点或思想推动的。当然, 没有互联网和高速铁路我们照样可以生活, 但正是有些人能够跳出思维的束缚, 带动了这些变革与提升, 我们的生活才变得更加便利。那些迈出第一步的人往往被看成异类, 受到众多非议, 但他们赢得了挑战并坚持到最后, 开创了革命性的新局面。当世界有了新的变化, 便会催生更多的多样性, 人们无法再回避这些多样性, 最终必须选择包容和接受。

年轻的一代生在这个瞬息万变的时代, 接触并掌握各种高科技产物, 每分每秒都在接收信息, 他们的人生中会经历更多的变化和可能性, 今后的教育很难再培养出整齐划一的人才。一位国际学校的咨询老师在开学伊始对学生说, 以工作40年来计算, 平均一个人一辈子要换20份工作。未来的新技术会催生新职业, 还有些旧职业会日渐消亡, 那么这些学生以后会经历更多工作变化。

学校总是在强调团队合作, 但是人有千面, 尤其在高等教育中, 你的同学有可能来自世界各地, 有不同的文化背景, 那如何与他们组成一个团队并通力合作呢? 所以学校不但要传授知识, 还要教会学生如何处理团队里的多样性。

在商业领域, 我们都听过这样一句话: 不要把鸡蛋都放在一个篮子里, 这也是最简单直白的一个投资道理。投资于不同的领域, 做合理的分配可以有效规避失败风险。中国的商业大鳄比如马云和马化腾都是很好的例子。马云以电商起家, 但现在也涉及实体经济, 比如阿里集团旗下的盒马生鲜。马化腾的腾讯集团推出的微信虽然只是一个APP, 但它涵盖的功能可以是上百个APP的总和。它除了最基础的联络功能, 还可以传送文件、购物转账以及交水电费。这些都归功于一个多样化的功能清单和各司其职的开发团队通力协作。

这两大巨头在电子信息时代成为最大的赢家, 改变了人们的生活方式, 创造了新时代。所以在商业世界, 我们要做的也是突破传统, 创造更多不一样的东西才能赢得市场。

无论是在学校还是在一家公司里, 我们遇到的多样性差异很多是来自文化上的。在全球化的时代, 外资公司聘请中国员工或中国公司聘请外籍员工都不再是新鲜事了。每年出国留学的中国学生也越来越多, 来中国学习的外国留学生更是逐年上升。所以我们正在面对越来越多的多样性, 我们不得不接受并做出改变。

中国已经不是一个封闭的国家了, 在与世界联通的时代, 我们了解世界越多就越会对差异接受和包容。如何在这些多样的信息中保持初心, 不迷失方向是时代赋予我们的挑战。不管怎样, 全世界都面临着同样的选择: 要么卓尔不凡, 要么日渐消亡。

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Mike, who called himself MVP.

LOVE WHAT YOU DO...

by Carmen King

Michael Victor Pilgrim was born and raised in London, Ontario, Canada. His parents were both born in Canada. His grandfather on his father's side immigrated from England when he was 12 years old and his mom's parents were from Ireland. His mom grew up on a farm outside London, in a family of 8 children. After marriage his parents decided to buy their own restaurant which they ran for 35 years. At 8 years old, Michael started working in the restaurant. He flipped burgers, tended the cash register and took out the garbage.

Michael was the first person on both sides of his extended family to go to university. He attended the University of Waterloo in Ontario, and majored in Psychology and minored in English, graduating in May, 1971. Later, Mike got a Masters of Education from the University of Western Ontario specializing in Guidance Counseling and English, graduating in May, 1972. Two months later he married his childhood sweetheart. They embarked on a four year world tour. They

departed from London and drove across Canada and the United States. After reaching Mexico, they returned to Los Angeles and then flew to Hawaii. From there they took a cruise ship called the Oriana to the Fiji Islands, New Zealand, and finally Sydney, Australia.

They liked the down under so much, they stuck around for two years. Before school started, Mike passed the time as a bartender in Melbourne, then headed north. His first teaching position was in the city of Townsville, Queensland. After two terms, he moved to Darwin where he taught at an Aboriginal College. Michael went on to teach in England, Canada, Kenya, the Bahamas, the United States and now China for a total of 45 years, spanning 7 countries.

The China Connection

After living in Florida with his son for eight years following a divorce, Michael suddenly found himself alone in January, 2011 after his son went to university in Canada. He got an email from his cousin asking if he was interested in teaching at a university in China.

He decided at 63 years old to submit his application. To his surprise, within a week of submission came a notice of acceptance, inviting him to come teach English at the University of Heilongjiang (黑龙江大学 hēilóngjiāng dàxué, a.k.a. 黑大 hēidà) in Yichun, China. The teaching contract was for three years and he ended up being the only non-Chinese teacher at the university and in the city for that matter. Yichun (伊春 yīchūn) is only 100 km from Russia and an 8 hour train ride to Harbin. Michael was provided an off-campus apartment that was about a baseball's throw away from the university. This allowed him to walk to and from work daily. After having driven for 47 years it was the first time in his life he didn't have a car to drive. He has now been in China for 7 years, all of the time without a car. However, he does have a China drivers license. Outside of teaching at "Heida," Michael bought a Korean restaurant in Yichun, which he has owned for four years.

Ironically, Michael's arrival in Yichun was not entirely planned because at the time of receiving the email from his cousin, she was

MICHAEL SEES LIFE IN CHINA AS A PERFECT SOLUTION FOR RETIREMENT BECAUSE MONEY GOES MUCH FURTHER THAN BACK HOME.

visiting a friend in Mengzi (蒙自 méngzì), which is located in south Yunnan province. Before applying for the job, Mike searched online about the weather in Yunnan and was pleasantly surprised that the average temperature is around 20 degrees Celsius. Accordingly, he promptly applied for the teaching position, having a preference for warm weather. About a week later, the letter of invitation came from Heida requesting his arrival not in Yunnan, but in Yichun. He quickly looked up the location, only to be shocked that the average temperature there is -3 degrees Celsius. However, being a man of his word and Canadian by birth (not new to the cold by any means) he followed through on his promise and was off to Yichun. He would get a reprieve from the cold by heading to Yunnan each year during the winter.

Life in Tianjin

After 7 years in Yichun, Mike officially arrived in Tianjin on December 21, 2017 to help a Chinese friend run an English school in Heping district. He serves as the Academic Director and manages the attached coffee bar. Michael is hardly all work and no play, he particularly enjoys the life-work balance available in China. In the last 35 years he has not missed one day of work. He attributes his physical well-being to a happy heart and light

eating. For the past 45 years Michael has not eaten breakfast or lunch, but rather one meal a day around 8 pm in the evening. His daily routine includes a glass of orange juice in the morning, water throughout the day, and no snacks or food of any kind until evening. The only exception is when a special occasion calls for lunch, whereby he skips dinner, so as to still eat only one meal that day. Dinner is usually of reasonable size and includes a wide variety of cuisine. He loves barbecue (烧烤 shāokǎo), hot pot (火锅 huǒguō), and beer. Mike's daily beer hasn't been missed for the past 50 years. For the sake of socializing, he occasionally drinks China's infamous white liquor (白酒 báijiǔ), though it isn't his favorite and always gets chased with a beer.

Future Plans

Michael sees life in China as a perfect solution for retirement because money goes much further than back home. The culture intrigues him and there is never a lack of business opportunities or friends to get together with. He loves to play mahjong (麻将 májiāng) and hopes to stick around for some time. He considers Tianjin weather better than Yichun, but it still falls short of Mike's ideal spot which is Sanya (三亚 sānyà). The perfect solution would be splitting time as follows: January to March in Sanya, April to June in Florida (where Mike still owns property), July to September in Canada (good weather and family events), and back to China from October to December in Tianjin. After having been nicknamed for years as such by students, Michael is looking forward to officially becoming a grandpa (爷爷 yéye) in June. His son and son's girlfriend spent 3 months in Tianjin before returning to prepare for the pregnancy.

Mike originally wanted to be a lawyer. He took the LSAT (Law School Admission Test) and applied for law school, then headed off to Europe with his girlfriend for the summer. Upon returning he was dumb-founded to discover his application had been rejected due to an error in handling transcripts. The only option, it appeared was to wait about 4 months and reapply. Rather than sitting idle, based on the suggestion of a friend, he made a complete change in direction and applied for a Masters in Education. This proved to be the proverbial fork in the road, leading to an entirely different career and life course in education. Instead of being locked into a single location due to Bar Association requirements and having a high-pressure work environment as an attorney, teaching has allowed Michael to literally travel the world and get paid while doing so. He sees being in China as the culmination of his career. Mike's love for teaching has left him feeling as though he's never worked a day in his life.

热爱自己的工作， 每天都是度假

Mike来自加拿大，大半辈子都在世界各地游历，以教英语为生。Mike 1971年从大学毕业，之后就与青梅竹马的女友结婚了，两人开始了为期四年的世界之旅，足迹遍及美国、墨西哥、斐济、新西兰和澳大利亚，最终在墨尔本停了下来，生活了2年。在之后的45年里，Mike经历了2次离婚，一共在7个国家生活过，演绎了丰富的人生。

63岁那年，收到表姐的召唤，Mike决定申请到中国来当英语老师。他的表姐本来推荐他来云南的蒙自，因为云南的气候宜人，结果他阴差阳错地申请了一所伊春的大学，并成功拿到了黑龙江大学伊春校区的聘任书。看到伊春原来位于寒冷的东北，Mike的心一下子凉了，但没有办法，他也只能收拾行囊赴任，没想到一下子就在伊春呆了7年。

Mike住在学校安排的公寓里，离学校只有几步路。他没有请过一天假，日常喜欢和学生一起玩，爱打麻将，还买下了学校旁边一个小饭馆。

结束了黑大的合约之后，Mike在去年12月来到了天津，帮一个朋友经营一家英语培训机构和一个咖啡厅。天津的冬天没有东北或加拿大那么难熬，Mike还算比较适应。虽然年过70，Mike还保持着很好的身体状况，他每天只吃一顿饭，但每天都离不开啤酒，这是他保持了50多年的习惯。

到了这个年纪，事业已经放在次要位置了。Mike已经为未来做好了计划，他希望每年有三个月在三亚，三个月回佛罗里达，他在那里有一栋房子，三个月回加拿大和家人团聚，三个月在天津。他再有几个月就要当爷爷了，这也令Mike十分开心。

Mike的人生有很多偶然，但随遇而安的个性也让他适应并接受任何意外，顺其自然。Mike对教师这份工作的热爱也让他从来不把上课当作工作，可见热爱自己的工作是多么重要。



Mike was teaching an English class to a group of kindergarten children.



Companies that can provide quality service will stand out in the market.

SORE LACK OF SERVICE

by Carmen King

Have you attempted to get something fixed only to be so dissatisfied with the quality of work that you either did the repair yourself, or had to hire another person to clean up the mess? What about taking a cab or Didi only to be sorely disappointed by the driver when they requested you to walk to them or get dropped off prematurely to save them the hassle of turning around or waiting at a light? Then there is the ever predictable problem of asking a store worker where to find a certain item only to be told 没有 (méi yǒu) repeatedly like a broken record. Within this article, “service” is not just the interaction but the type of work itself. For example, things like driving a car for a fee is a service. So is the act of waiting on a table or helping someone during the purchasing process. Installing or repairing something is also a service. The common bond is quality service is all too often sorely lacking.

Why Service Suffers

Why does service suffer? It would be unwise to be dogmatic as to the exact reason. No doubt there are many elements to the composite reality. However, for the sake of discussion lets look at one aspect. The Chinese have a well known phrase: 死要面子活受罪 (sǐ yào miànzi huó shòuzui), which translates to: “Demanding face to the point of death results in a life of torment.” The point is, some people want face so bad they are willing to die for it. Even if they don’t die literally, their life is one of endless turmoil in the pursuit of gaining or saving face.

Bad service comes in many forms. Some workers stand around doing nothing, looking as if they could absolutely care less about the quality of service they are providing. Others have a terrible, unfriendly, even aggressive attitude. They just don’t take providing good service seriously. After all, it could be a relatively low paying job. The public may see the job as demeaning, low-class, and losing face if you are involved with it. Which is why in many cases migrants are the only ones willing take these service related jobs. When is the last time

you called a service hotline for a company and requested a repair and got a local Tianjin person showing up at your door? Often they are from the countryside. Especially when it comes to “waimai” (外卖 wàimài) personnel (i.e. the delivery person for online orders) chances are yet again its not a local Tianjin resident. Now, this isn’t to say Tianjiner’s aren’t working in service. They do, but its definitely not a top choice. Why? Of course pay is a big factor. Another is face.

Take for example a college graduate from a well-known university. Let’s say they get two job offers. One is from a well-known bank. The other is a no-name local company that needs tutors for children. Which do you think is the

WORKERS FEEL WORKING HARD AT PROVIDING GOOD SERVICE ISN’T IMPORTANT, BECAUSE THE JOB ITSELF ISN’T IMPORTANT.

better job? Before answering too quickly, understand if the applicant is from the countryside and came to Tianjin for college, that's a big deal. Not just for them personally, but for the whole family (i.e. parents and even grand parents). After the whole family has worked for years to put that one precious offspring through college, you better believe they are waiting eagerly for the day when the child finally gets a job. How much their child gets paid is only a part of the picture. Where they work and what's their title is also a big deal. This is because of face. Back in the countryside, the family wants to be able to tell everybody else not only does their child make a ton of money but also name drop where they work and what they do. In the example case just mentioned, no matter how much the tutoring job pays, the child is likely going to have a tough time selling it to the parents. Why? Because working for a company that no one has ever heard of, providing a service to children such as tutoring, doesn't give the parents a lot of face back home. When service related jobs are viewed as a step down on the totem pole, right from the beginning it is demotivating. Workers feel working hard at providing good service isn't important, because the job itself isn't important. Not to mention top talent may not even consider taking service jobs because of fear of losing face or being unable to cope with disapproval from family and friends.

Service jobs are rather humble positions. They usually require willingness to do work that others don't want to, such as cooking and cleaning. Since service jobs don't give face to the worker themselves or their family, it leads to a ho-hum attitude. Lots of loafing around and playing on phones while customers wonder around trying to find things themselves. Worse yet, some of these service workers not only don't help find the item, but even go a step further in inhibiting success by saying they don't have the product when actually they may. This is very disheartening. With even a little bit of effort, they could take their service work far more seriously and provide a real assistance to those in need.

The Service Opportunity

Since poor service is rampant, so comes the business opportunity. The trades are crying for help. Everything from carpenters, electricians, mechanics, plumbers, tailors and more need skilled workers. Try to find a service technician that is actually good at what they

do. It isn't easy. Two things need to happen. One, service work needs to be seen as worth doing. Two, service related workers need to become skilled in their work. Admittedly, in some cases service work may not pay a lot. Cashiers are probably never going to make millions. But recent attempts to have worker-less stores completely run by AI-enhanced technology has not proven to be ideal. Driverless cars are still a novelty at best. Instead of spending huge amounts of time trying to replace humans, why not educate humans on the value of providing good service?

For starters, all jobs have value. The value may not be entirely reflected in the pay rate. Teachers are a classic example. They don't get paid the big bucks, but definitely are needed. Every non-living thing wears out and breaks. Thus, skilled service workers are needed to install, maintain and repair. Instead of being a throw-away society, repair services help consumers to reuse instead of waste and buy new. At home, pipes break and clog. Countless things from appliances to cars need serviced. Transportation would be crippled without taxis. Skilled workers providing a high level of service are a blessing to society. Those in the trades can hold their head high knowing not only are they providing for their family, but also helping countless others by giving good service. Those receiving the service should be courteous and appreciative. Make it a habit to sincerely thank the worker for their hard work. Be respectful when communicating and dealing with them and give a generous tip where appropriate. Make a mental adjustment. Service work is not demeaning.



Staff in a restaurant are having their lunch break.

FOR STARTERS, ALL JOBS HAVE VALUE. THE VALUE MAY NOT BE ENTIRELY REFLECTED IN THE PAY RATE.

服务的缺失

你是否曾有过对服务不满意的时候? 专车司机为了节省时间让你提前下车, 修理工不但没把东西修好还要你收拾残局, 超市服务员不知道你要的商品在哪。这样的事情时常发生。服务本身就是一种工作, 你收了费就要提供相应的服务, 但是优质的服务却是可遇不可求。

为什么服务这项工作很难做好? 首先是服务人员的态度。在中国, 服务业并不是光鲜的职业, 中国人爱面子, 总是认为服务别人是低人一等的。其次, 服务业的工作普遍薪酬较低, 所以这样一份社会地位低、工资待遇低的工作没有几个人会干得很开心。从业人员首先不爱这份工作, 自然不能提供所谓的“微笑服务”, 所以你经常会看到餐馆服务员傻呆呆地站着或者玩手机而不是热情地提供服务。

在天津, 我们会发现服务从业人员大都是外地人, 外卖电话的那一头是奇怪的口音, 敲门的水管工也不是本地人。天津人觉得自己是大城市的人, 为了面子不到万不得已不会选择这样的工作。刚毕业的大学生也会想尽办法进入大企业, 做一份“体面”的工作, 因为不管是城市的孩子还是农村的孩子, 十年寒窗苦读都希望换来能够光宗耀祖的工作, 这还是关乎“面子”。

正因为如此, 能够提供优质服务的企业就会在市场中脱颖而出。有技能和经验的服务人员其实是稀缺资源, 所以首先要让服务业从业者觉得自己是受到尊重的, 其次对他们进行业务培训是非常重要的。虽然他们收入不高, 但在现代社会中是不可或缺的。无人超市和无人驾驶还刚刚起步, 与其巨额投资在技术上, 不如先把这些人员培训好, 让他们具备提供优质服务的能力。

2018 Talent Management Innovation Forum

Mar. 22nd 2018 Compensation and Welfare Research Launching Ceremony Coming Soon



In recent years, innovation ability has become the core power to promote the development of enterprise. And the value of talents has been pushed to the new level, China enterprise human resources management is entering into the new era of "talent management". A large number of enterprises in China give the top business priorities to the "talent development", hope to rely on the best talent for realizing enterprise strategy better, easier to adapt change and improve execution and continuous innovation.

On March 22nd, HRCLUB and XINHUA DAILY MEDIA GROUP joint training magazine co-hosted "2018 Talent Management Innovation Forum", revolve around human capital management,

talent training, salary management, etc. to discuss the development direction of enterprise talent management and innovation.

In the era of big data, understanding and applying data will become the new driving force for enterprise development. It is also a new function that enterprise managers urgently need to master. The arrival of the era of big data has adversely affected the change and development of all areas of society, especially affecting human resources management filed. Thus, how to use the potential value of big data to improve the existing conditions of enterprise human resources management, will become the key topic for the human resources related managers. With the rapid development of

information technology, the big data has penetrated into every industry and field, the optimal allocation of human resources and appropriate development, to the enterprise and the development of the society have more and more key strategic function. Among the mass analysis factors of big data supply, there are many data chains related to human resource management in enterprises. If these data can be used for the enterprise itself, it will bring great innovation to production and management, and the innovation of human resource management will be more thorough.

Liu Fuyuan, the famous economist, points out that whether the + era of China, or the era of new hardware, or Germany's industrial 4.0, these are essentially refer to the human society has entered the era of human capital. Era of human capital, talent management has beyond the scope of traditional organizational talent management. The matching between talent and strategy, talent inventory, talent recruiting, talent succession, talent incentive, talent effectiveness and other issues will become key and difficult points for enterprise managers at all levels, especially the corporate executives and human resources department.

The future is uncertain, but we must grasp and follow the trend. Today, talent has already become one of the most important capital of enterprises, talent management has become the core content of enterprise management, everyone should be the personnel officer, we can clearly foresee China's human resource future and calmly deal with it.



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AmCham China, Tianjin mixes Business and Pleasure on St. Patrick's Day

March 16th – the Ritz-Carlton, Tianjin



On Friday, March 16th AmCham China, Tianjin invited members to The Ritz-Carlton, Tianjin for an overview at Tianjin's regional results in AmCham China's 20th Business Climate Survey Report. As a widely-read policy document cited by the United States and Chinese governments, the BCS provides a detailed breakdown of American MNCs' attitudes towards the business climate in China. Responding to member requests, the Tianjin chapter decided to give an in-depth review of Tianjin's regional results. This included looks at how members viewed innovation in Tianjin, the local government, and where revenue-generating opportunities are likely to be found in the upcoming year. In addition, attendees were given a sneak peek at AmCham China's roadmap for 2018, which details how the chamber aims to improve its services and events for 2018. Giving the presentation was Tianjin Chapter Chairman, Martin Winchell.

Following the presentation was a St. Patty's day celebration at The Ritz-Carton, Tianjin's Flair bar, complete with free flow food and beverages. Over 40 members of AmCham China, Tianjin's business community showed up for the presentation and celebration, with some wearing their best holiday-themed outfit for a chance to be the night's "Best Dressed Man/Woman." The celebration represented AmCham China Tianjin's dedication to hosting engaging events that are both relevant and enjoyable.

AmCham China, Tianjin would like to thank Martin Winchell for presenting the BCS results. In addition, the Tianjin Chapter would like to acknowledge Jackie Hou and Preston Thomas who were selected by their peers as the night's "Best Dressed Woman" and "Best Dressed Man".



Upcoming Events

April 19—St. Regis Tianjin, AmCham China, Tianjin Monthly Executive Breakfast Briefing

April 21—Tianjin Walking Tour – Historic Highlights



Scan the QR code; learn updated events and information of AmCham China, Tianjin
请扫描左方二维码，关注中国美国商会天津办公室最新资讯及精彩活动。

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European Chamber
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EUROPEAN CHAMBER IN TIANJIN

New Rules!! The European Chamber Tianjin Chapter 2018 Badminton Tournament is coming!

Feeling tired of the regular business schedules? Wanting to move away from meeting tables? Thirsty for some quality fun time with friends and colleagues? Then you should NOT miss this refreshing Badminton Tournament - an excellent opportunity for team building and friends bonding. Refresh your body and soul while meeting those who share your interest in sports!

The Tournament will be a one day only event and will have maximum 12 teams participating. There will be 3 categories of matches: Men's Doubles, Women's Doubles and Mixed Doubles this year. Welcome your participation!

Date: 2018 June 9th
Time: 9:00am – 17:00pm
Venue: International School of Tianjin (IST)

>> Sponsorship opportunity

Sponsorship opportunity is available for this event! For more information, please contact Ms. Lorraine Zhang @ 022-5830 7608 OR via lzhang@european-chamber.com.cn



Upcoming event in April

- >> **April 13th - Microsoft Office Training Series I:** Advanced PPT Training - to be the PPT Master
- >> **April 20th - HR Practical Training Series III:** Management of Special Employee (foreign employee, senior manager, demissioner, intern etc.)

Official WeChat Account for European Chamber Tianjin Chapter is now available! Follow us!



The European Union Chamber of Commerce in China, Tianjin Chapter
中 国 欧 盟 商 会 天 津 分 会

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Past events

Roundtable Mittelstand

13.03.2018

On Tuesday 13th March, the company Handtmann Light Metal Foundry (Tianjin) Co., Ltd invited to the first Round Table 2018 for German SMEs in Tianjin. It started with a brief introduction of the company by Mr. Markus Handtmann, General Manager of Handtmann Light Metal Foundry (Tianjin) Co., Ltd., followed by an interesting factory tour for the participants to have a closer look at the production process.

After this walkabout, the guests had the chance to join an open discussion about cyber security law updates and employee management issues. This event-series takes place on a quarterly basis and provides a valuable platform for all medium-sized enterprises to exchange ideas and experience on the related topics and questions.



Breakfast Briefing

- Einkommensteuer, Sozialversicherung und private Vorsorge für Deutsche Expats

14.03.2018

For a long-term stay in China, German expatriates usually have a lot of problems with employment relationship, suitable type of labor contract, and personal social insurance.

In addition, employers and employees often ask about the Chinese social insurance payments, individual income taxes and possible ways for optimization.

On Thursday March 15th, German Chamber of Commerce Tianjin hosted a breakfast briefing on the topic of "Einkommensteuer, Sozialversicherung und private Vorsorge für deutsche Expats" at the Shangri-La Hotel Tianjin.

In this presentation, Mr. Klaus- Peter von der Eltz and Ms. Miriam Baumgart explained how to properly solve these problems and indicated possible solutions with examples covering following aspects: comparison of German and Chinese social insurance, Chinese employment form and its impact on social insurance and individual income tax, insurance for expats and local employees in China etc.



Upcoming Events

April 12, 2018, 18:30 - 21:00: Annual German Chamber Reception, the Ritz-Carlton Tianjin

April 13, 2018, 09:00 - 17:00: LEAN Assembly: Smart and low cost optimization through one-piece flow and cardboard engineering, Turck (Tianjin) Technology Co., Ltd.

April 17, 2018, 14:00 - 17:00: MS Office Workshop, GCC Office Tianjin

April 19, 2018, 13:00 - 17:00: Day of Logistics 2018, TBC

April 21, 2018, 09:30 - 15:00: Tianjin Historical Walking Tour, Meeting Point: West End of Liberation Bridge

April 25, 2018, 19:00 - 22:00: Kammerstammtisch Tianjin, DK1308 Brauhaus Tianjin

German Chamber Tianjin Office: Room 1502, Global Center, No. 309 Nanjing Road, Nankai District, Tianjin 300073

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An early education class with expat teachers

by **Carmen King**

EDUCATIONAL PLANNING

Few things should be left up to chance. Almost everything needs to be planned for. Education is certainly one of them. In the past, getting one may not have been so easy. In some cases women were discriminated against and missed out on educational opportunities. Still others were overlooked because of ethnicity, race, or other prejudice. While educational opportunities have become far more available, for some cost and location is still an issue.

Culturally speaking, the Chinese love education. As mentioned before, pretty much anywhere in the world there is a college, you will find students from China. It is actually an incredible phenomenon. The ability for the Chinese to be seemingly “everywhere” isn’t just because of population size. Africa and India both boast huge populations. However, comparatively speaking, college campuses around the world seem to have far more Chinese students present than either of these two nationalities.

Preschool Pandemonium

The power of planning ahead for

education is evident with the Chinese. It appears in many cases from infancy Chinese children are being trained for accepting massive amounts of education. For starters, preschools and educational centers for children are commonplace. Instead of letting toddlers bond with parents or have fun at home, these tots are being sent off to study. At these institutions they get introduced to a glut of different things. It is purported this will stimulate learning and give them a head start for formal schooling. Such facilities though are hardly altruistic. They cash in big charging hefty tuitions.

Despite the high cost, for some Chinese parents following this plan seems to fulfill two objectives. One, shipping kids off to preschool means they are out of the house and being “watched” during the day. This leaves both parents free to go to work and make money. Grandparents are usually the top choice for picking up and dropping off the kids at kindergarten. Second, children are being introduced to the structure of group learning and gaining a basic knowledge of core classes.

Theoretically, kindergarten makes sense. In reality though it can be rife with

problems. Health issues top the list. Child education centers are like petri dishes. They present a prime opportunity to catch a cold or even something worse. In fact, not only might the child be taken out for a time due to illness, but even the parents risk catching a bug. After all, once the child is sick, those germs are going to get brought home infecting the rest of the family. This could result in missing class and wasting tuition. Not to mention reduced productivity for the parents at work if they become ill. In addition to the down time, every parent laments about the hassle and cost associated with medical care. A trip to a top hospital can quickly result in a couple thousand RMB bill for handling even a mild case of influenza.

THE FIERCE COMPETITION FOR ENTRANCE INTO TOP SCHOOLS MAKES EDUCATIONAL PLANNING A BIG PART OF THE AVERAGE CHINESE PARENTS LIFE.

Another problem with preschool is the possibility of injury or mistreatment. Minor incidents can be recovered from. This might include getting pushed, punched, poked, kicked, tripped or otherwise injured by a fellow classmate or even teacher. Teacher abuse is not an impossibility. It might include physical and/or verbal abuse. More serious cases of abuse, such as those involving sexual misconduct, could result in lifelong trauma for the child. Anytime a child is not under the watchful care of responsible parents, there is risk. The younger the child, perhaps the greater the risk. Before a child is old enough to defend themselves and identify threats, especially those coming from adults, becoming a victim of abuse is a sad but real possibility.

Post Preschool

After optional preschool, the educational plan likely includes mandatory formal education. Chinese parents may have begun planning where their child will go to school long before birth. In China like other countries, where someone lives and has legal residency affects which school the child is qualified to attend. At least this is true when it comes to public schools. Private schools may be far more flexible in terms of residency requirements, but this comes at a pretty penny. This means educational planning not only includes where to attend classes, but also how much tuition will be and by what means it will be covered. Weighing the pros and cons between public and private schools is a rather big aspect of the plan. Don't forget, in China residency not only affects basic education, but even higher education. The infamous National Exam, a.k.a "Gaokao" (高考 gāokǎo), is highly territorial. Colleges

have quotas and score requirements based on location. For example, the Gaokao score it takes for a local Tianjin resident to get into Nankai University is going to be different than those living in the countryside. In addition, the number of Tianjin residents admitted each year is different than "waidi" (外地 wàidì) students. The fierce competition for entrance into top schools makes educational planning a big part of the average Chinese parents life.

It is probable that the planning continues with discussion about what major to take. Perhaps even if a double major needs to be pursued. Don't forget about going abroad either. While some families are planning for long term careers within China and therefore passing on overseas educational opportunities, other are still pursuing study internationally. Of course study outside of China isn't going to happen without careful planning. It will likely require greater attention to mastering a foreign language such as English and passing the relevant required proficiency tests. Then there is the issue of how much education is necessary. Having a bachelor's degree used to be a big deal, now it seems to be nothing more than a glorified high school diploma. From that perspective, higher education is depreciating in value. It may not be the infallible investment as alleged by many.

Conclusion

While it may seem that every Chinese child is going to college without exception, there is still a portion of the population that hasn't and will not. Cost, location, and life goals play a big part. For some, college is still too expensive. For others relocation would be necessary. And yet another group may see college as costing too much, be it time wise, financially, or morally. It is no secret that colleges can be a hotbed for scandalous behavior. Some see the wild parties, over drinking, drug use and promiscuous conduct common on campuses as a right of passage, totally normal and nothing to be concerned over. To illustrate, one top college in California, USA allowed students to "try" marijuana without legal consequence at a designated time and location on campus. Another factor is that some countries require all college

students to participate in mandatory military training. Core curriculum may be infused with plenty of political propaganda.

After considering all factors, educational plans are like the humans who make them, unique. Those looking for prestige and fame amongst family and friends may see college as the only choice. Not to mention large companies could use educational requirements as a means of filtering applicants. On the other hand, some plan for a more cost-efficient and time-effective mode of education such as attending a technical or trade school. These relatively short-term training programs may cost far less monetarily and carry dramatically lower burdens when it comes to time. This allows graduates shorter-time to graduation and quicker-time to employment. These certified and skilled workers may not end up in top management positions but could find themselves with sufficient means to get by. As with many things in life, education needs to be carefully planned. Consider things like how much education is necessary, where it will take place, what should be studied, cost in terms of time and money, plus ultimate ability to provide the long-term desired life-work balance.

教育早期规划

教育是头等大事，需要慎重的长远规划。很多家庭都是从宝贝出生起就开始为其规划未来的教育方向，刚刚学会走路和说话就被家长送去早教机构了，为的是打下一个良好的基础，赢在起跑线上。

送孩子去早教有两个好处，一是家长可以暂时解脱，不用整天看着孩子，二是让孩子能够逐渐适应集体学习并且学到一些简单的知识。但是凡事有利有弊，由于孩子年龄太小，很容易在外面感染细菌生病，这样一来家长又要请假带孩子看病并且花费不菲。其次，孩子之间的打闹容易造成伤害，甚至一些不合格的幼儿教师也有打骂甚至虐待孩子的情况，总是不能让家长完全放心。

到了义务教育的年龄，孩子都会进入小学就读，目前有公立校和私立校两种选择。好的公立校会对孩子的户口和住址有要求，但私立校没有这样的限制，但学费要高出很多。因为在中国户口的地位还是很高的，即便你选择没有户口限制的私立校，高考的时候还是要回到户口所在地参加考试，而同一所大学在不同省份地区的招生人数和分数线都是不同的。

虽然看起来似乎每个中国孩子都要经历高考，最终会走进大学，但是也有相当一部分学生因为种种原因放弃了这条道路。很多家庭选择技术学校，这样更省钱，孩子能更早出来工作挣钱。他们也许无法进入高级管理层，但足以靠一技傍身自食其力。



Parents and children discuss overseas education options.



Watch TV with kids.

KIDS TV SHOWS WE LOVE

by Charlotte Edwards

Growing up, my parents didn't give us much television time. They preferred we read and play outdoors as much as possible. In college, professors instilled in us a desire to teach children to love books. As a result, we didn't let our son watch much television as a toddler. The one time that I did need to use the television as a babysitter, he screamed the whole time I made him sit and watch it.

Once my son entered first grade, we found that he was lacking some basic concepts of language in Chinese. Although his dad, grandparents and all his teachers speak it, he didn't have the same level of vocabulary that the other kids had. Several of his teachers suggested he watch more television.

As a teacher myself, I found it appalling. But I also knew that I had picked up a lot of Chinese language from my first two years here; a time when I had plenty of free time. So we had Nathaniel watch television on a daily basis to help increase his vocabulary. I became more familiar with the shows available, and these are a few of the shows my kids really enjoyed:

Super Wings- A show from that's co-produced by Chinese, American, and Korean companies. Each episode features one of the Super Wings characters

(animated aircraft) taking a package to a child in a different country. The show teaches a new word, often a greeting, in the language, and shows an event or activity unique to the culture. Of course, something always goes wrong, and a second Super Wings character is called in to help save the day. My kids aren't exposed to other cultures in real life, so it's nice that they can get a tiny glimpse into another culture if only through a television show.

Paw Patrol- After spending a summer with her American cousin, this became my daughter's favorite cartoon. Wang Wang Dui, as it's called in Chinese, tells stories of a team of dogs who rescue people in their town. Each dog has characteristics and capabilities that relate to a real-life job, like a policeman or firefighter. It's a cute show that tells how they all work together for the good of humanity.

Boonie Bears- Xiong Chu Mo- This silly cartoon revolves around the antics of two bears and a few other forest creatures as they're continually pestered by a bald lumberjack who also lives in the forest. It's not my favorite show; it's quite mindless and has violent actions. But it does provide some good conversation topics in regards to how not to treat others. I've heard that there is an English version, but I haven't bothered looking for it.

THE BBC DOCUMENTARY, BLUE EARTH IS ONE OF OUR CURRENT FAVORITES. IT'S NOT MARKETED AS A KIDS SHOW, BUT IT'S ENGAGING AND EDUCATIONAL.

With both Paw Patrol and Super Wings, I like to alternate between watching the Chinese and English versions. Due to the differences in the languages, they are both unique and it lets the kids hear the stories both ways. They never mind watching an episode a second or third time, so it works quite well.

We also watch the Bear Grylls shows about surviving in the outdoors. It's not always suitable for young kids, but my 9 year old son loves it. The BBC documentary, Blue Earth is one of our current favorites. It's not marketed as a kids show, but it's engaging and educational.

While we do love books in our home, and spend an hour or more a day reading, we do watch some of these shows on weekends after homework is done. I'd never suggest relying on television to build a child's vocabulary, it has complemented the books and daily conversations, and it's given me a chance to shower in peace and quiet!

老少咸宜的儿童节目

从小我的父母就不允许我看太多电视。他们鼓励我多看书，多进行户外活动。上大学的时候，教授也告诉我们，要培养孩子对阅读的兴趣。当我成为母亲之后，我一直也遵循着这个原则，几乎不让孩子看电视，以至于当我需要电视这个“保姆”的时候，我儿子一直哭闹不肯好好坐下来看电视。

儿子上一年级以后，我们发现他的词汇量比同龄孩子要少很多，老师建议让孩子多看电视。这有点出乎我的意料，但回想一下，我的中文水平也是通过看电视提高的。于是我们每天让孩子看一会儿电视，希望能帮助他增加词汇量。

孩子们都比较喜欢的电视有《超级飞侠》、《汪汪队长》和《熊出没》。前两部我也很喜欢看，但《熊出没》我不太建议孩子多看，因为里面的情节过于简单，还有些暴力因素。

还有些不是专门为儿童制作的节目也值得一看。最近我们一家都喜欢看《荒野求生》和 BBC 出品的纪录片《蓝色的地球》，对于好奇心旺盛的孩子来说是很好的学习机会。

虽然我们现在还保持着读书的习惯，但每个周末还是会和孩子一起看一会儿电视。我不赞成完全依赖电视提高孩子词汇量，它只能是书籍和日常对话的一个补充，并且能让我暂时安静一会儿。

WHERE ARE YOU?

Nín zài nǎ
您 在 哪



Driver: Hello, are you the one that called for a car?

Dī dī shī fu : Nín hǎo , shì nín jiào de dī dī ma ?
滴滴师傅：您好，是您叫的滴滴吗？

Edward: Yes, it's me.

Ài dé huá : Shì wǒ jiào de chē 。
爱德华：是我叫的车。

Driver: Is the location on your phone accurate?

Dī dī shī fu : Nín de shǒu jī dìng wèi zhǔn ma ?
滴滴师傅：您的手机定位准吗？

Edward: I'm not sure if it is or not.

Ài dé huá : Wǒ yě bù què dìng , bù zhī dào zhǔn bù zhǔn 。
爱德华：我也不确定，不知道准不准。

Driver: So, where exactly are you?

Dī dī shī fu : Nà nín xiàn zài jù tǐ zài shén me wèi zhi a ?
滴滴师傅：那您现在具体在什么位置啊？

Edward: I'm at Shidai Aocheng.

Ài dé huá : Wǒ jiù zài shí dài ào chéng 。
爱德华：我就在时代奥城。

Driver: I'm at the entrance of Shidai Aocheng too. Can you see my car? It's a white Chevrolet with license plate number 1234.

Dī dī shī fu : Wǒ yě zài shí dài ào chéng mén kǒu , nín kàn jiàn wǒ de chē le ma ? Bái sè xuě fó lán , wěi hào 1234 。
滴滴师傅：我也在时代奥城门口，您看见我的车了吗？白色雪佛兰，尾号1234。

Edward: Are you at the north gate? The one on Binshui Xi Dao.

Ài dé huá : Nín shì zài shí dài ào chéng běi mén ma ? Yě jiù shì bīn shuǐ xī dào shàng nà ge mén 。
爱德华：您是在时代奥城北门吗？也就是宾水西道上那个门。

Driver: I'm on Bin Shui Xi Dao. Where the old E-mart was. There is a bus stop beside me.

Dī dī shī fu : Wǒ shì zài bīn shuǐ xī kāi , zài bīn shuǐ xī dào hé líng bīn lù jiāo kǒu diào tóu huí lái , zài dì èr ge hóng lǜ dēng zuǒ zhuǎn , jiù shì shí dài ào chéng běi mén 。 Duì le , nín shòu lái jìn xiǎo qū jiē wǒ yí xià ba 。 Wǒ xíng li bǐ jiào zhòng 。
滴滴师傅：我是在宾水西开，在宾水西道和凌宾路口掉头回来，在第二个红绿灯左转，就是时代奥城北门。对了，您受累进小区接我一下吧，我行李比较重。

Edward: Oh, are you at the same gate as Paris Baguette?

Ài dé huá : ò nín shì zài Bā lí bēi tián gāo diàn mén kǒu ba ?
爱德华：哦，您是在巴黎贝甜蛋糕店门口吧？

Driver: Ya. There is a Paris Baguette here and a KFC beside it.

Dī dī shī fu : Duì , zhè er hái yǒu ge Bā lí bēi tián páng biān ér hái yǒu ge Kēn dé jī 。
滴滴师傅：对，这儿还有个巴黎贝甜，旁边儿还有个肯德基。

Edward: Ok, looks like the location on my phone is wrong. I'm inside the apartment complex. Looks like you're over by the hotel-like apartments.

Ài dé huá : Ng kàn lái shǒu jī dìng wèi cuò le , wǒ shì zài xiǎo qū lǐ , nín hǎo xiàng shì zài jiǔ diàn shì gōng yú nà biān 。
爱德华：嗯，看来手机定位错了，我是在小区里，您好像是酒店式公寓那边。

Driver: Oh, I'm sorry. Are you at the street light to the west of me, by the Binyu bridge?

Dī dī shī fu : ò , bù hǎo yì sī , nín shì zài wǒ xī biān nà ge hóng lǜ dēng nàr ba , kào jìn bīn yuè qiáo nà biān ?
滴滴师傅：哦，不好意思，您是在我西边那个红绿灯那儿吧，靠近宾悦桥那边？

Edward: Yes. Keep driving forward and then make a u-turn at the intersection of Binshui Xi Dao and Lingbin Lu. The second street light will be the north gate of Shidai Aocheng. Also, could I trouble you to come into the apartment complex to pick me up. My luggage is pretty heavy.

Ài dé huá : Méi cuò , nín wǎng qián kāi , zài bīn shuǐ xī dào hé líng bīn lù jiāo kǒu diào tóu huí lái , zài dì èr ge hóng lǜ dēng zuǒ zhuǎn , jiù shì shí dài ào chéng běi mén 。 Duì le , nín shòu lái jìn xiǎo qū jiē wǒ yí xià ba 。 Wǒ xíng li bǐ jiào zhòng 。
爱德华：没错，您往前开，在宾水西道和凌宾路口掉头回来，在第二个红绿灯左转，就是时代奥城北门。对了，您受累进小区接我一下吧，我行李比较重。

Driver: Will the guard let me enter?

Dī dī shī fu : Mén wèi ràng jìn ma ?
滴滴师傅：门卫让进吗？

Edward: Just tell him building 1, door 5, apartment 102 and he'll let you in.

Ài dé huá : Nín gào sù tā 1 hào lóu 5 mén 102 jiù kě yǐ kāi jìn lái le 。
爱德华：您告诉他1号楼5门102就可以开进来了。

Driver: I do I find building 1?

Dī dī shī fu : Yī hào lóu zěn me zǒu ?
滴滴师傅：一号楼怎么走？

Edward: Turn right after you enter. It is the second building. I'm waiting at the bottom of that building.

Ài dé huá : Jìn mén yòu guāi di èr dòng lóu jiù shì , wǒ zài lóu xià děng nín 。
爱德华：进门右拐，第二栋楼就是，我在楼下等您。

Driver: Ok, see you soon!

Dī dī shī fu : Hǎo de , yí huì jiàn !
滴滴师傅：好的，一会见！

VOCABULARY: 交通方面常用词汇

Vocabulary often used for transportation: Location [based on cellphone location], call a car, specific location, entrance [such as to an apartment complex], last few number(s) [such as in a cell phone's last four numbers], bus stop, beside, apartment complex, near, hotel-like apartment, building 1, street light, intersection, turn left, turn right, make a U-turn, drive in [as in enter an apartment complex]...

Shǒu jī dìng wèi , jiào chē , jù tǐ wèi zhi , mén kǒu , wěi hào , gōng jiāo zhàn , páng biān , xiǎo qū , kào jìn , jiǔ diàn shì gōng yú , yī hào lóu , hóng lǜ dēng , jiāo kǒu , zuǒ zhuǎn , yòu guāi , diào tóu , kāi jìn lái ...
手机定位、叫车、具体位置、门口、尾号、公交站、旁边、小区、靠近、酒店式公寓、一号楼、红绿灯、交口、左转、右拐、掉头、开进来...

LANGUAGE TIP: 语言点

It seems that/it appears: The person speaking uses it to express his determination or estimation. For example: He's been in a good mood lately. It appears he has a girlfriend.

Kàn lái : Biǎo shì shuō huà rén de pàn duàn huò gū jì 。 Bǐ rú : tā zuì jìn xīn qíng bù cuò , kàn lái yǒu nǚ péng you le 。
看来：表示说话人的判断或估计。比如：“他最近心情不错，看来有女朋友了。”

IST's Spellbinding 3-in-1 Drama Production

IST's drama production of this year "Not So Enchanted" was staged on Friday March 9, 2018 and was a very entertaining show for the packed house in IST's Theater. It was a production that consisted of three different stories.

Not So Enchanted was the retelling of three famous fairytales in the style of Comedy, Contemporary Theatre and Peking Opera. While audiences certainly still recognized well-loved elements of these timeless classics, they did not fail to see the new twist that IST students had brought to the performances.

Girl in Da Hoodie was a reworked version of Little Red Riding Hood, where Red is the leader of her own little gang who take on the wolf and win with the help of their rather tough Grandma. With a dash of slapstick and a lot of energy, this story came to life in a whole new way.

Second act up was the high school production of a contemporary version of The Little Mermaid that made some serious comments about society's obsession with beauty. This production used some fabulously innovative visual elements to tell the story of the young teenager who fell in love with a popstar and made an enormous sacrifice to try and win his love.

Sleeping Beauty was told for the first time at IST through the movement of Peking Opera. Students had created their own soundtrack and added their narrative as an audio recording to develop a beautiful new version of an old story. Maleficent still reeked havoc on the Kingdom but never before did it look SO stylish.

Thank you to Ms Akov and all of the performers, stage and sound/light crew, and support teachers and staff for a terrific evening of 'Not So Enchanted' theatre on Friday evening.



IST's Grade 10 students shine at the annual MYP Personal Project Exhibition

The MYP Personal Project is the culminating project of the IB Middle Years Programme (IB MYP). Grade 10 students of International School of Tianjin (IST) shared their passion projects with the IST community on Wednesday, March 7th. Students are encouraged to choose a topic of real, personal interest and are challenged to create a product or outcome related to the topic by setting a goal, putting it into a larger context and answering an inquiry question they set for themselves. They begin work on this process early in September and they must have their final product or outcome complete by mid-January.

This year's projects ranged in outcome from a math e-book for Grade 6 German students, to homemade German sausages, to making organic lipstick and stop-motion animation. The exhibition was evidence that these twenty-nine students had worked hard to complete their work to a high standard and their commitment and passions shone through.

Here are some photos from the exhibition for you to enjoy the diverse range of the project topics and to get a feel of how visitors of all age groups were engaged in knowing more about the projects.



PROMOTION

Hats Off to Dr. Seuss's Birthday!

Did you know Dr. Seuss would be 114 this year? While he is no longer with us, his legacy lives on in the pages of his books. He forever changed the way children's books were written and continues to inspire generations. So on Monday, we honored him in a fun and whimsical way.

On March 5th TEDA International School celebrated Dr. Seuss's birthday. The PFA sold bright, colorful and yummy Seuss themed snacks. They decorated the cafeteria in an ostentatious display of Dr. Seuss characters and students were able to purchase these delicious snacks during their lunch period. The proceeds from this activity will support one of the many charities sponsored by TIS.

Lunch was followed by fun and exciting Seuss inspired activities in the gym. Pin the hat on the Cat, Fox in Socks hopping race, Musical Books, Hop on Pop relay, and Pin the fish in the fish bowl and Photo Shoots as Thing 1 or Thing 2 were just some of the amusing games the

students participated in.

The fun is not over. On Friday, students wore their Dr. Seuss t-shirts to finish out our author week in honor of Dr. Seuss's contribution to children's books and education all over the world.

Participating in Sr. Seuss activities encourages students to appreciate the life of Dr. Seuss, so please continue to encourage your student to read Dr. Seuss books, use their imagination, and be silly! Happy Birthday Dr. Seuss!



*"In Katroo, every year, on the day you were born
They start the day right in the bright early morn
When the Birthday Honk-Honker hikes high up Mt.
Zorn
and lets loose a big blast on the big Birthday Horn.
And the voice of the horn calls out loud as it plays:
"Wake up! For today is your Day of all Days!"*

*On Monday March 5th,
we are happy to say.
We went to our gym
for we wanted to play.*

*It was a Dr. Seuss Party,
with fun things to do.
We played so many games,
before lunch time was through.*

*Pin the hat on a cat,
and hop on a pop,
So many things to do
We thought the fun would never stop!*

*Thank you Dr. Seuss
The celebration went just fine.
Happy Birthday to you
We had a great time!*

PROMOTION

Offering a Helping Hand

Being engaged in service to the community, and especially to those who are less privileged than ourselves, is a fundamental part of life at TEDA International School. We consider putting the needs of others before our own to be an important aspect of our students' character development and for them to become outward looking, caring, global citizens. That service can come in a variety of forms such as using kind words; giving a gift to a friend; helping someone with a task; raising funds for a good cause, or holding a clothing or book drive. We also believe that you are never too young to start and we encourage all our students from Kindergarten through to Grade 12 to get involved.

Throughout the year, either as a class or as part of the High School Service Club, our students plan and participate in a wide variety of projects, both locally and further afield. This year is no exception and so far

we have provided scholarships for four Qinghai students to support their university living expenses; made regular visits and provided daily supplies for a nursing home in Tanggu and three nearby centers for children with autism, and helped to look after the street dogs and cats at a local animal shelter.

Recently we were lucky enough to be able to host two teachers and six students from Yunnan Rural School (云南落美完小). During their visit they found out what life is like in TEDA and took part in some Primary and Middle School lessons. As part of the ongoing bond between our schools our primary students collected pencils, crayons, erasers, books, backpacks and other supplies for them. Our students also greatly benefit from these acts of service as it enables them to understand their own place in the world and the part they can play to improve it.



World Book Day at Wellington College International Tianjin



World Book Day on March 5th, saw the College swarming with a host of characters and creatures from across literature. World book day is a day that children and adults alike celebrate their love of books and most importantly it is a celebration of reading. In fact, it's the biggest celebration of its kind, designated by UNESCO as a worldwide celebration of books and reading. Encouraging pupils across the world to read a greater range of books more regularly is as important today as it has ever been, and to this end we feel it was a huge success. Pick up a book today and give it a read, it may change your life.



JIAN HUA

How much we know about autism

April 2nd is the 11th World Autism Awareness Day. For this special day, we have prepared some information related to autism, so that more people can understand this special group, toward greater acceptance of this group.

"Autism" was first observed and written about by Dr. Leo Kanner in the United States in 1943. Current research shows that autism is a spectrum developmental disorder that affects patients' communication and social behavior in different degrees.

Children with autism show the following difficulties in communicating:

1. Not able to express their own needs. For example, they don't know how to ask permission to play with a toy with which another child is already playing.
2. Not able to describe conditions that make them uncomfortable. For example, they can't express that they don't like their brother singing loudly.

3. Not able to ask for abstract things like sitting between mom and dad.
4. Not able to express their body's feelings or discomfort, such as hunger, thirst, dizziness, and nausea.
5. Not able to have interactive conversations with people.

Children with autism have the following social difficulties:

1. Lack of eye contact.
2. Not seeking interactive communication.
3. Not able to react to non-verbal information given by others.
4. Ignore environmental information
5. Not understand social rules or etiquette on different occasions.

Children with autism may cause the following problems with stereotyping and thinking:

1. Repetitive behavior may appear odd to others.
2. Find it difficult to accept if the sequence or method of certain events are changed or different how they had thought.
3. Not realizing that other people are not necessarily the same as themselves.

4. Thinking that others know what they think (because they think they have the same thoughts).

5. Not able to apply what they learn, they can't generalize their skills to life.

These difficulties and problems are only a small portion of autistic characteristics. Since these are some of the issues that make this special group seem different from us, what can we do?

1. Deepen our understanding of autism, understand and support the difficulties and challenges that are faced by parents of children with autism, and avoid blaming parents because of misunderstanding;
2. Accept and respect people with autism, don't discriminate or tease them;
3. Provide opportunities for individuals with autism to integrate into society so that they can communicate with others, overcoming the barriers of autism and the difficulties of community adaptation.

Although autism is still a medical problem, we hope that these special children will be able to enjoy a happy childhood with the help of the whole society.



Making dumplings with my neighbors was a unique experience.

DO YOU KNOW YOUR NEIGHBORS?

by Starr Mcmillian

One night in early November, my roommate and I heard a loud knock on our front door. We looked at each other in surprise, and almost pretended we weren't home. We weren't expecting anyone, and talking to strangers is hard when you have the language skills of a preschooler. In the end though, we swung open the door to find our neighbor with a warm smile on her face and a plate full of steaming dumplings.

That was the first night I realized how kind our neighbors are. They're an older couple with a son in his late twenties. Over the five months we've been living next door to them, they've watched out for us even though we barely knew them. They paid our gas bill the first month because they knew we wouldn't know how to. They helped our landlord replace our broken toilet and our washing machine. They told us repeatedly to let them know if we ever needed help, and recently asked us to start calling them "āyí" and "shūshu," Aunt and Uncle.

Shūshu offered to help us with our language during our school break. He

doesn't speak English, but he's a retired grammar teacher. At first, I just thought it would be something to fill the time since classes were out and most of my friends were home for the holidays. Our tutoring sessions became the highlight of my month, though.

It hasn't been easy—Shūshu has pushed us to be incredibly precise in our pronunciations. There have been days he's sat across from me at our kitchen table and made me repeat the same sentence several dozen times in a row until it was perfect. In the moment, this is frustrating. But it's what I need for my language to grow!

Shūshu and āyí also invited us to share a meal on New Year's Eve with them. We really enjoyed getting to make dumplings and share in their holiday traditions, and felt at home with them. It was a wonderful way to spend my first holiday here! Their simple acts of kindness have meant so much to me. In months where I was sometimes overwhelmed by how unfamiliar everything was, it was deeply encouraging to be welcomed and loved by people we were

IN MONTHS WHERE I WAS SOMETIMES OVERWHELMED BY HOW UNFAMILIAR EVERYTHING WAS, IT WAS DEEPLY ENCOURAGING TO BE WELCOMED AND LOVED BY PEOPLE WE WERE STRANGERS TO.

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When classes let out for the semester back in January, I wasn't sure how I was going to fill my time until they started again. I was worried that I would get restless or bored. In the end though, having a break from school gave me time to get to know my neighbors that I might not have had otherwise.

It can be easy for me to get very focused on my classes and on getting to know other students. While this isn't a bad thing, there's so much more to Tianjin than campus life. I'm thankful for the time I had during winter holidays to slow down and spend time with wonderful people outside of school like Shūshu and āyí.

你认识你的邻居吗？

11月的一个晚上，我和室友突然听到很大的敲门声。我们面面相觑，不知道是该去开门还是假装不在家。我们中文还不好，很怕给陌生人开门。最后我们还是把门开了条缝，发现原来是住在对面的邻居，他们端来了热腾腾的饺子。

这是五个月以来我们第一次认识这家邻居。他们是一对老夫妻，还有一个20多岁的儿子和他们同住。虽然我们不怎么打招呼，但这对老夫妇一直在默默关照着我俩。他们帮我们付了第一个月的煤气费，因为怕我们不知道怎么交钱。他们替房东给我们修厕所和洗衣机。临走的时候，他们一再地说，有什么事情需要帮忙就告诉他们，以后叫他们“叔叔”，“阿姨”就行。

这位叔叔退休前是语文老师，于是自告奋勇当起了我们的中文家教。起初我以为这只是一个放假后打发时间的活动，没想到叔叔教起来十分认真。他不厌其烦地纠正我的发音，直到他满意为止。这样严格的训练让我的口语进步很大。

叔叔阿姨还邀请我去他家一起过除夕，我们一起包饺子，以传统的方式庆祝新年。这种回家的感觉让我感到十分温暖，帮我克服了陌生和无助。

之前我把全部的精力都放在校园里，结识新同学，但现在我发现校园以外也能让我感受到来自陌生人的善意。

Starr Mcmillian is an American foreign exchange student who will be studying Chinese in Tianjin for two years. This year, she'll be writing for Jin Magazine about how students navigate life overseas.



Keep fitness at home

HOME FITNESS

By Carmen King

Gyms are everywhere. The problem is traveling to and from the gym wastes time and can be a nightmare at peak hours. Issues with sanitation and infection exist.

Sub-standard pool water, equipment not being wiped down after use, and things like these create plenty of potential for swapping bodily fluids. What to do? Working out at home may be the answer. What's needed for home fitness?

Suitable space. Clutter is the enemy.

Rearrange an area so that a decent amount of open space is available for equipment and movement. Do not hide exercise gear away, or let it become a clothes rack. Have it easily accessible, readily available, and free from trip hazards.

Suitable gear. Based on the available workout space plan out what gear can safely fit. Protect flooring and joints with workout mats. About ten years ago an American expat arrived in Tianjin looking to buy home work out equipment. It was like searching for a needle in a haystack. Now, Decathlon (迪卡侬) and other similar stores have completely changed the game.

Suitable schedule. Instead of thinking in black and white terms, have a flexible schedule that includes routine exercise. This means, while working out every day at the

exact same time may not be possible, it can follow a conscious pattern. Such as, working out before work, during a lunch break, or in the evening.

Suitable rest. Working out is great, but rest is also necessary. Ensure that exercising doesn't mean creating more sleep debt. To do this, something else will probably have to give. Don't let working out eclipse more important things.

Disconnect. Working out doesn't mean more time to take selfies. Try making a home work about disconnecting and de-stressing. Forget about taking calls, texting, or posting to social media. Multitasking disrupts the mind to muscle connection and could result in injury. Friends and family need to know in advance, when it comes time to working out, unless it's an emergency please don't interrupt. Put the phone down and



Simple but regular fitness

WORKING OUT DOESN'T MEAN MORE TIME TO TAKE SELFIES. TRY MAKING A HOME WORK ABOUT DISCONNECTING AND DE-STRESSING.

disconnect.

Track Progress. Hang a calendar on the wall or keep a record in a notebook. Write down the workout time, date, duration, type, and result. Keep track of any pain, injuries, or changes. Having a written record creates accountability. It also is motivating when struggling to keep up with the routine. Seeing all those days of successful workouts aids in not giving up.

JIN does not recommend or endorse any particular home fitness routine, nor are we providing medical advice. Before starting a new program, consider consulting a trained professional for a proper medical evaluation to help determine what type of activity might be suitable. After getting cleared for exercise, create a suitable space for gear and movement. Buy a reasonable amount of workout equipment based on budget and size. Schedule workout sessions in a flexible way so daily life doesn't crowd them out and get sufficient rest. Let others know work out time is a priority. Go offline. Disconnect from the world. Reconnect with your body. Keep a record of each workout including a brief description of results.

打造家庭小健身房

虽然现在的健身房越开越多，但是每次去健身都会在路上耽误很长时间，遇到高峰时间更是噩梦之旅。健身房里的卫生问题，游泳池的水质，器械消毒问题也时常困扰着我们。也许我们可以想办法在家中完成每日健身任务，方便又安全。

首先我们要在家里清理出一块空地放置器械。然后我们要根据家里的空间选择合适的器械，且起保护作用的健身垫是必备的，在迪卡侬这样的体育用品商店很容易买到。

有了器械，我们就要为自己制定健身计划，根据自己的时间进行规律的锻炼。锻炼之后还要注意休息，尤其要保证睡眠，这很重要。在家锻炼的时候要集中精神，不要让其他事分散你的注意力，有的人喜欢自拍健身照，有的人一边运动一边回复工作微信，这都可能导致受伤。

锻炼期间要持续记录自己的健身内容和身体状况，这些工作看起来繁琐，但能够让你更明显地观察到自己的变化，能把健身更好地坚持下去。



Boss and staff relationship depends on loyalty.

LOYALTY TO LEADERS by Carmen King

Chinese culture dictates loyalty to leadership. This mentality can be seen and felt throughout society. This raises a few questions. For example, what is true loyalty? How does one tell who is actually being loyal versus those merely feigning it as part of a personal agenda?

True Loyalty

Loyalty does not fear time. Hardly a passing whim or momentary infatuation, true loyalty stands the test of time. It may be likened to a barnacle. It attaches itself and doesn't let go. Loyalty has an object of attachment accompanied by a specific purpose. Until that purpose is achieved it remains loyal. Loyalty can and will be tested.

Time is a major test of loyalty. Sadly, as with many marriages these days, loyalty is lost over time. This is quite the opposite to how things should be. Like with fine wine or cheese, it should get better with time. Time should provide the opportunity to prove, refine and strengthen loyalty.

Particularly with relationships loyalty must be cultivated and protected. Being truly loyal through thick and thin is invaluable. It creates a priceless bond between two individuals. True loyalty is rooted in true love.

Which means it is not selfish and seeks the interests of the other party. Unlike so many tawdry and transient interactions focused on financial benefit, greed or lust, true loyalty is proven when trial and tribulation come. Instead of giving up and leaving the object of one's loyalty, the truly loyal will hold on even tighter. They will see past the present pain and focus on the future rewards that can only result from true loyalty. These days, such loyal love has become shockingly rare.

Chinese Loyalty

Culturally speaking the Chinese love the concept of loyalty. Particularly when it comes to friends and family loyalty is supposed to be very strong. However, especially in big cities and when money is involved, this loyalty is being tested more than ever before. There are reports of arguments, legal cases, and even violence over financial disputes.

Loyalty doesn't just end with familial relationships. For the Chinese it has strong links to hierarchy. A step in understanding why the Chinese feel an obligation to be loyal to leaders, may lie in the past. Chinese culture has been heavily influenced and shaped by the emperor system of yesteryears. Namely, one human having nearly an absolute, deity-like power over the masses.

China has a long history of emperor rule. Even today, some Chinese can cite which emperor ruled during which time period. Think of this much like an average American being able to name a few of the early presidents such as George Washington, and Abe Lincoln. The difference though, without meaning to exult one over another is, generally speaking, the modern-day Chinese are known for their academic ability. When it comes to memorizing incredible amounts of information by rote for the sake of passing a test, the Chinese usually top the list. Therefore, not only do a number of Chinese seem to be able to name more than a few ancient emperors, but they even have a fairly clear, detailed concept of what each emperor's rule represented.

When it comes to life under emperor rule the idea of someone being executed for insubordination is not foreign. Not only might it mean death for the perpetrator, but it could even carry dire consequences to those associated with the person in question, such as friends and family. Chinese media features such storylines frequently, much like Western entertainment peddles the white knight saves the princess from the big bad dragon script. Many movies, T.V. series, and books feature tales riddled with conspiracy and concern over

loyalty to leaders.

Emperor mentality can be boiled down to obey or die. It is absolute, unquestioning subservience or else. This element of Chinese history lives on via history books, class curriculum, and mainstream media. This could also be why loyalty to leadership is given such prominence in Chinese culture down to today. Those with emperor mentality see loyalty to leadership as life or death.

Three Kingdoms (三国演义 sānguó yǎnyì)

The connection between emperor rule and loyalty to leadership as it exists within Chinese culture today may also have strong connections to the Three Kingdoms. A book known by some as the "Romance of the Three Kingdoms" (三国演义 sānguó yǎnyì) as Wikipedia puts it is: "part historical, part legend, and part mythical." The key lies in the book being widely circulated, highly known, and frequently referenced throughout China. In fact, it is one of the four written works which the Chinese refer to as: "The Four Classics" (四大名著 sìdà míngzhù).

The tale of Three Kingdoms serves as a backdrop for understanding Chinese culture, especially loyalty to leadership. In its portrayal of the realities associated with emperor rule the message of loyalty to the leader in power is a matter of life or death is clearly conveyed. This story gets heavy publicity. In addition to the book being found in virtually every mainstream bookstore and is required reading in some schools during adolescent years, there are also video games, and even a T.V. series based on it. Much of the intrigue in the Three Kingdoms surround a man by the name of Cao Cao (曹操 cáo cāo). As the story goes, Cao Cao isn't the white knight. His role in the Three

UNLIKE SO MANY TAWDRY AND TRANSIENT INTERACTIONS FOCUSED ON FINANCIAL BENEFIT, GREED OR LUST, TRUE LOYALTY IS PROVEN WHEN TRIAL AND TRIBULATION COME.

Kingdoms story serves to define both the challenges and consequences of loyalty to leadership in Chinese culture.

Modern Manifestation

Understanding the history between leaders being likened to emperors helps to put a lot of things in context. After all, loyalty to an emperor meant life or death. So too, loyalty to a modern-day leader may result in a similar fate. Even if life isn't lost, severe penalties could result.

The financial consequences alone could be devastating. It is no secret that housing prices are at an all time high in major cities throughout China. Tianjin is no exception. An entirely different topic of discussion when it comes to Chinese culture, is why buying a home is non-negotiable. For the purpose of this discussion, simply understand that generally speaking seemingly every Chinese person has the desire to buy a home. Without a home, marriage and future offspring are in jeopardy. Thus, no matter how high home prices go, it seems countless Chinese still intend to own a home. Obviously, this means a lot of them need to get a mortgage. Paying the mortgage is a must and the only way to do

that is keep that job. Thus, losing a job is no small thing. In China, finding so-called high-level, high-paying jobs often depends on leadership. One word from the emperor like leader and the job is had. On the flip side, so too the opposite ever if loyalty to that leader is questioned. Bye, bye dream job. No job, no money, no house and that means maybe no family. It is a cold hard reality for many Chinese.

This makes staying on good graces with the leader extremely important. Be it financial or physical, in many ways loyalty to leadership has a direct impact on the lives of Chinese citizens. This tremendous cultural emphasis to be unquestionably loyal to leadership, can be quite challenging for some to understand initially. True loyalty is rooted in unselfish love and stands the test of time. Loyalties are being tested and failure to manifest loyalty to leaders in Chinese culture carries grave consequences. The strongly entrenched emperor mentality which often is manifested in leaders and permeates the current society likely has deep roots in the ancient system of rulership common throughout China. Grasping these concepts and understanding how important loyalty to leadership is even today in Chinese culture is important for all those looking to exist in modern China.

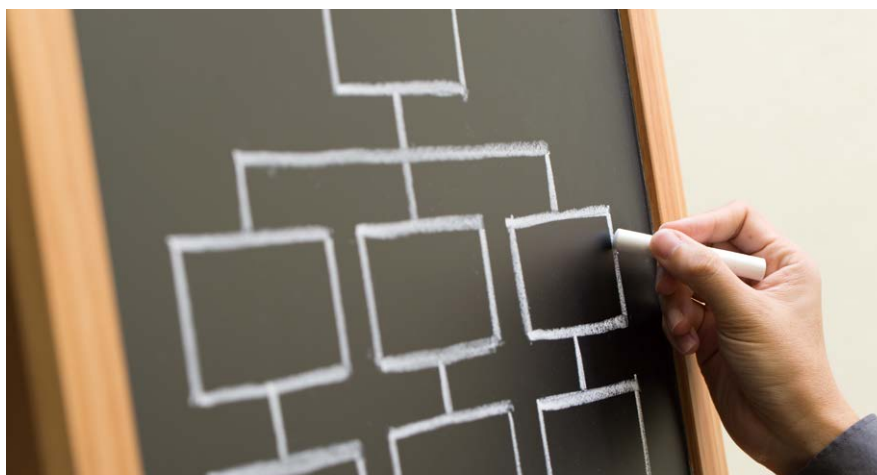
你的“忠”是真还是假？

在中国文化里，“忠”是一个重要的品德。但什么是“忠”，哪些是真哪些是假也是个问题。真正的忠诚不随着时间而淡去可以经得起任何考验。可悲的是现实中很多“忠诚”不能历久弥新，比如婚姻，很多人背叛了忠于婚姻的誓言，导致一个家庭的瓦解。忠诚一定是根植于真爱的，是不计回报的无私情感，患难显真情。同样，这样的情感在当今社会也越来越稀缺了。

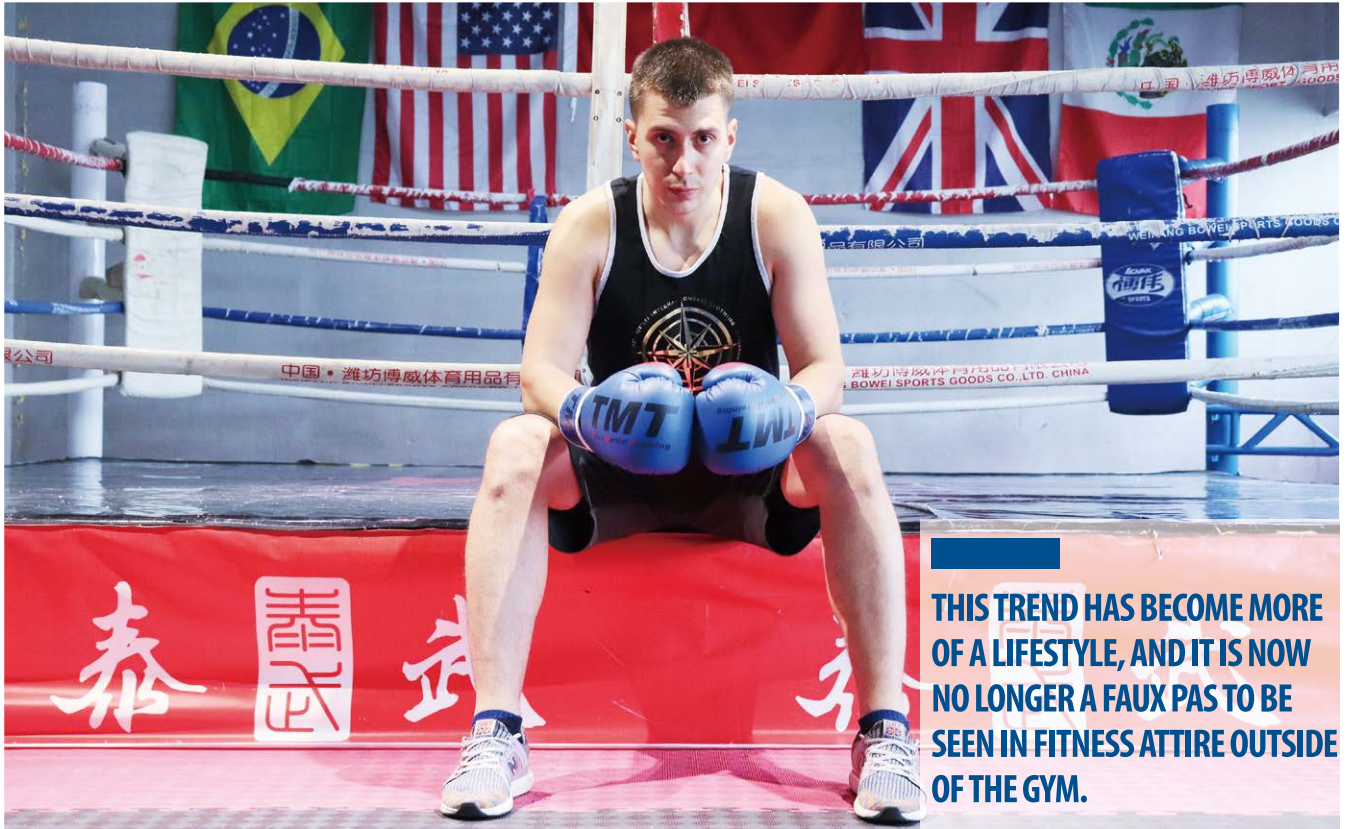
在中国人的观念里，亲人之间和朋友之间必须要有“忠”。但是当今社会面对重重诱惑，即便是亲人朋友也可能失去往日的情感纽带，在利益面前纷纷倒戈，陷入冲突和纠纷中。忠诚还体现在对上级和领导的绝对服从上。中国经历了几千年的帝王统治制度，等级思想根深蒂固。在很多历史故事里，不服从君王的将臣都会被杀头。当然，今天很少会有“顺我者昌，逆我者亡”那么夸张的事情，但是要获得以及保住一份不错的工作离不开和领导的关系。

中国人的经济压力是很大的，首先安身立命的房子就是最大的一个经济负担，人们不敢轻易丢掉工作，所以在处理和领导关系的时候总是小心翼翼。如果你的老板像古代帝王一样独裁跋扈，那么你恐怕就要对他表现出绝对的忠诚。否则，再见了，梦想中的工作！你将一无所有。

虽然忠诚是建立在无私的真爱之上的，但有时你不得不假装忠诚，而当你的老板发现你的忠诚并不可靠，你的下场会很惨。所以了解这个文化现象也是你在中国职场生存下去的重要一课。



Loyalty permeates in hierarchy



THIS TREND HAS BECOME MORE OF A LIFESTYLE, AND IT IS NOW NO LONGER A FAUX PAS TO BE SEEN IN FITNESS ATTIRE OUTSIDE OF THE GYM.

Zoran in his boxing attire, photo by Stellar Liu

FITNESS FASHION

by **Aaron Eagles**

All over the world the fitness industry has been booming and growing for quite some time, and over the past few years has been growing in China at a rapid rate. Like Starbucks in the Western World, it seems a new gym is popping up on every corner, and a new yoga studio at every block. This new trend brings a new type of style with it, fitness fashion.

Gym Attire

In the U.S. this trend has been going strong for years, and some companies like lululemon Athletica, Under Armor, etc. have capitalized on this boom. This trend has become more of a lifestyle, and it is now no longer a faux pas to be seen in fitness attire outside of the gym. Athleisure, as it has been dubbed, is a new way of life. 20 years ago, this style would have been absolutely unacceptable, but is now becoming more and more popular.

Pre-workout, post-workout, in the gym, and out of the gym, from the coffee shops to the shopping malls, there is almost nowhere that you won't find this fitness trend. Athleisure is here to stay.

For those who don't know, athleisure is one of the newest fashion fads, and seems to be one that won't just come and go like many other trends. Some of the staple items in the athleisure repertoire are: Leggings, tights, yoga pants, hoodies, joggers, and track suits, just to name a few.

Experts Opinion

Fitness expert and trainer Joyce Ming Fang, from Shainghai and now living in Tianjin says:

"I usually wear fitness clothing primarily in the gym. When choosing, the style and color are very important to me. I like bright colors. Vibrant colors make me feel more excited to work out and give me energy, this makes me feel younger and more passionate about

going to the gym. I also like black clothing, especially in the winter and love its additional slimming effect."

"I especially like the cool, unique styles that are more eye-catching. These styles give me more confidence."

"The material is also important to me. If my fitness clothing is not comfortable, I don't do as well when I work out. I prefer cotton or synthetic blends for my fitness attire. Even when out of the gym, my style is relaxed and comfortable clothing mostly. My favorite fitness brands are: Nike and Under Armor."

This trend has become more of a lifestyle, and it is now no longer a faux pas to be seen in fitness attire outside of the gym.

Businessman, fitness expert and boxing coach: Zoran Obradovic, from Serbia and now living in TEDA says:

"My fitness clothing is dependent on the type of a training I'm going to do. If it's weight lifting I'm wearing comfortable, baggy clothing. T-shirt, shorts, and sports shoes. When



Sports attire stores are popping up in many malls

it's running time, then I'm slipping into running shoes. These are typically my most comfortable shoes. Running shoes, shorts and a long sleeve t-shirt. When boxing it's comfort I choose. Boxing shoes are best, but running shoes will do. The shoes are important in boxing, there are a lot of short-quick steps during sparring, so there must be extra protection and comfort. I choose my fitness attire based on type of training I will do and if it's going to be outdoor or indoor training."

"To me the most important piece of gym/workout clothing is shoes and good quality socks. Everything else can be substituted with something, but when it comes to shoes, there is no compromise. Your ankles and feet will be grateful to you in the future. Good sports socks will keep your feet dry and allow better air circulation, so it will be more comfortable while practicing. Myself, I never use beanies, tight clothes or too many clothes. I think this makes body movements slower and uncomfortable compared with regular fitness apparel. My favorite fitness brands are: Not to attached to any, but like Adidas."

Model, Valeria Ivanchenko, from Ukraine and now living in Qingdao says:

"I usually wear leggings and a t-shirt to the gym or for exercise. I like to keep my clothing simple for fitness. When choosing my fitness attire, I am guided by the texture and feel of the clothes. Next, I think about the color and style, but the most important thing in my opinion is: first, comfort and second: that it looks nice on me."

"Personally, I do not wear gym clothes outside of the gym. I like the sports style, but think that gym clothes are just for the gym." My favorite fitness brands are: VS by Victoria Secret and H&M.

Myself I am a bit of the Rocky Balboa type

when it comes to my gym attire. Just about anything will work. Typically, my fitness attire is similar to the style of wrestlers, boxers or weightlifters; oversized sweatshirts, hoodies, tank-tops, shorts, etc. My focus during exercise is to avoid getting cold. Usually, my clothing is a bit of something new and old items mixed together. Maybe some new Nike kicks and a worn out old hoodie from my last design collection. Or maybe, my newest tank top design paired with my tried and true favorite track pants. Whatever it is, a sweatband for my head is almost always a must.

When I teach or practice yoga my attire is a bit different than during my personal exercise. During yoga, usually I will not wear a hoodie or sweatshirt. I usually will wear leggings, shorts, and a tank top. Many people do not know that leggings and tights which are usually now commonly referred to as "yoga pants," are very untraditional for yoga attire. Traditional yoga attire consisted of looser garments and/or minimal clothing depending on the practice. Traditional Indian yoga and the new Western or American yoga are very different. Typically, Westerners practice yoga simply for exercise and health, whereas Indian yoga is much more strict, complicated, and spiritual. My practice is purely exercise, and health based. Just like the differences in practices, yoga clothing is very different whether Western or Indian yoga. Since I do love fashion, I also love some of the elements of the beautiful, traditional Indian fashions, but my style is quite American, just like my practice. I am in love with this fitness fashion that is here to stay and look forward to seeing what is next in this ever-growing market.

Sometimes I wear my gym clothes outside of the gym, but it is usually because I will be on the way to the gym at some point after I finish what I am doing. I do not really

have an in-between style, usually you will find me in my gym clothes or very nicely dressed.

Fashion Future

Whatever your taste in gym clothing, it is out there. Fitness fashion is a Multi-Billion-dollar industry and increasing daily. As this industry evolves, the clothes are evolving as well. Now our wears have many different options that we did not have a decade ago, and some that we did not even have a year ago. Everything from antimicrobial, spiderweb silk, manmade leather, sweat-blocking, post-consumer cotton, wood fiber yarn, tech-infused, power-generating, there are all sorts of new fabrics and textiles. This growing and everchanging market is creating a new era of how we dress and the way we wear our clothes. So, whether you are on the way to the gym for your legs day workout or going out for a latte with a friend there is a style that can meet you in the middle.

运动也要有型

近年来,健身业在中国发展很快,大大小小的健身房覆盖了城市的各个角落,于是也催生了另一个产业——运动时尚。

一些世界知名的运动服装品牌一直深耕于体育时尚,这个趋势已经成为一种生活方式而不是只存在于健身房,穿着健身服装出来遛弯不会再被人说三道四。紧身裤、瑜伽裤、连帽衫已经逐渐成为日常穿着。

健身教练Joyce说:“款式和颜色对我来说很重要,我喜欢明快的色彩,这能让我在运动时保持兴奋的状态和持久的动力,因为有好看的衣服,我也更喜欢去健身了。我也喜欢穿黑色,因为这个颜色有修身的效果。”

“在材质上我喜欢纯棉或混纺这样穿起来比较舒服的材料,在日常生活中我也更喜欢宽松舒适的衣服。”

来自塞尔维亚的商人兼健身达人Zoran说:“我的着装取决于今天我做哪项运动。力量负重我会选择宽松舒适的服装,比如T恤、短裤和运动鞋。跑步我肯定会穿专业跑鞋,长袖T恤和短裤。练搏击最重要的是舒适,搏击鞋最好,跑鞋也可以。鞋很重要,因为你脚下需要做很多快速移动的小碎步,需要额外的保护和舒适度。”

Zoran认为鞋和袜子在健身中是最重要的,其他都可以替代,只有这两样一定不能将就,以后你的脚和脚踝会感谢你的。好的运动袜能让双脚在运动中保持干爽透气,训练中更加舒适。“我自己不喜欢紧身衣服,也不会穿很多件,这样会阻碍身体的活动。”

我本身更倾向于肥大款健身服,就像摔跤和举重运动员穿的那样,我的宗旨是不要着凉。我会新旧款式搭配穿着,但一定要戴上一个发带。我上瑜伽课的时候和平时健身穿的不太一样,我会穿紧身裤、短裤和背心。紧身裤现在已经公认瑜伽裤了,但其实传统的瑜伽裤应该是肥腿裤。

运动时尚产业正在迅猛发展中,将会创造一个新的潮流趋势,定义我们会在健身房穿什么,怎么穿。所以在办卡之前,你是不是也得考虑购置一套得体且有个性化的装备呢?



Chinese customers picking star products at the shelf in a DFS.

THE POWER OF CHINESE SPENDING

by Paula Taylor

“Why are they racist against Chinese people?” “Where can Chinese people go to get respected?” “I will never spend money there again”. These were some of the comments on social media recently. Where did the racism and prejudice against Chinese people occur? Before I go into that let’s discuss the power of Chinese spending.

Many Chinese tourists come to London and although they are interested in seeing the usual things, Big Ben, Westminster Cathedral, the London Eye etc., they are more interested in shopping. They like name brands so will always go to the most expensive shops, indeed many of these establishments have Mandarin speaking assistants. They will also usually have someone to help these shoppers fill out forms so that they can claim the tax back.

Chinese people don’t only buy for themselves, they always get presents for the folks back home, and many of them also have shopping lists from friends. When I was doing tour guiding I once took a party of Chinese tourists around London and they wanted to go shopping. I asked my company if I needed to go with them and unfortunately the answer was that I would have to accompany them, which meant I had to trail around the shops and try to negotiate discounts etc. The amount of money this group spent was eye-watering. I would never usually go into these kinds of shops, so it was fun being able to sit in the VIP departments. In one upmarket luggage shop, one lady was doing a video call with her husband who was still in China, she wanted to buy him a belt and needed to know if he liked it (several hundred pounds was the price of the belt). He couldn’t make up his mind and so got his mother involved, who directed her daughter-in-law around the

shop and got her to show her various products. Needless to say, the shop staff didn’t like it, as for all they knew this lady was a spy who was giving away their trade secrets. Belatedly it was discovered that this shop had certain tax benefits, so then my tourists started to bring out receipts for the things that they had purchased previously and wanted to apply the discounts. Unfortunately, the discounts were not retrospective, and I had a terrible job trying to explain what the policy was. They kept asking me “为什么?” (Why) and my answer was “没有为什么”, which loosely translated means there is no reason why, in other words, it was the shop’s policy and that was that.

Although Chinese people are big spenders, they also like to get what they feel they are entitled to in the way of discounts, no matter how small. They will line up for a long time to get them. I think this relates to their strong sense of justice and they do not like to feel that they are being treated in an unfair manner. Of course, nobody wants to be treated unfairly, but they are more likely to make an issue of it and be vocal as far as social media is concerned. If I felt I had been treated unfairly by a shop assistant, I would probably ask to see the Manager, and then vow never to go in that shop again, I wouldn’t take to

HOWEVER, SHOWING DISCRIMINATION AGAINST THE BIGGEST SPENDERS DOES MAKE SENSE, HENCE I DO NOT THINK THE NATIONALITY OF THE SPENDERS COMES INTO PLAY, RATHER THE AMOUNT OF EXPENDITURE INVOLVED IS WHAT DROVE THIS POLICY.

social media to voice my complaints. However Chinese people will usually do this and then many other Chinese will take note and so it really is a strong incentive for shops to take notice of Chinese concerns, as not to do so would mean business suicide.

RACIST OR GREEDIST?

Getting back to accusations of racism, it stems from this; at Heathrow Airport in London, there are a chain of shops that sell duty free goods. They are not actually part of the airport, they just pay to have their shops there. My friend Joo Joo works for an airline, and you may remember that she told me that half the time she has to go and search for missing Chinese passengers - they frequently miss their flights. She finds them in the tax rebate office claiming their tax back for their goods. As the queues are very long, and they are in danger of missing their flights, when Joo Joo warns them that they will not be able to board, their reply is "No matter I will book

another ticket". They have to stay in London for another day, which means more expense, but even with the cost of the hotel added in, the amount of tax they are able to claim back for their goods is worth much more than the cost of a plane ticket and hotel etc.

Anyway, these duty-free shops had a promotion going on that if a customer spent £250, they could get a 20% discount. This was great for shoppers, although, Chinese customers were told that if they spent £1000, they could get a 20% discount. At first, they were delighted to get such a whopping sum off their shopping, which considering how much they buy, is no small amount. Once they found out that other customers only needed to spend £250 however, they vented their fury, hence the remarks about racism.

Quite rightly Chinese customers felt insulted and hurt, but this situation raises an interesting question. Is it racism? If, say, Polish people were the biggest spenders, would these shops have had the same policy against them? My personal opinion is that yes they would, because it is not emotion that fuels the acts of these businesses, it is economics. Some would have the point of view that this is just business, others would say it is pure greed. I agree with the latter, I do not think for one minute that the Chairman and shareholders of these shops took the decision to show racism against Chinese people. As the Chinese are possibly their best customers, that does not make sense. However, showing discrimination against the biggest spenders does make sense, hence I do not think the nationality of the spenders comes into play, rather the amount of expenditure involved is what drove this policy.

BACKLASH AND BOYCOTT

In any event it was disastrous and not only provoked wrath of Chinese buyers, but also that of the Airport Authorities who have demanded an explanation and have forced the airport shops to end this unfair, ridiculous practice. Why it was thought that this made good business sense is a mystery and whoever rubber stamped this policy is now probably looking for a new job - and these shops are looking for new customers, as they have almost certainly been boycotted by their best free spending clientele. Insult one Chinese customer and it is almost the same as insulting the whole country - that is the power of Chinese spending. The old saying the customer is always right certainly applies in this case.

Is this policy immoral? Yes. Is it Deceptive? Yes. Is it racist? No, because what matters here is not so much the colour of someone's skin, but the colour of their money.

中国游客的购买力，你佩服吗？

中国游客的强大购买力是世界公认的。我在伦敦当导游的时候经常要带他们去购物，他们最喜欢去高档商场买名牌商品。这些商场里都有中文导购，不但沟通上毫无障碍还能帮中国客人填写退税单。

这些游客不但给自己买东西，还有艰巨的代购任务。你经常能看到他们在店里通过视频电话给国内的亲朋直播店里的商品，询问他们的意见。店家虽然不喜欢他们这么做，但看在他们强大的购买力上也只能默默接受。

如果这家店有退税或其他满减活动，他们一定会想办法获得这样的优惠。有时候他们会把之前购物的发票也拿出来，但是之前的购物不能累计，他们不能理解，总是问“为什么”，我只能告诉他们没有为什么，店家就是这么规定的。

虽然中国人花钱从不手软，但对折扣和优惠是很敏感的，哪怕只是很小的优惠。如果他们没有得到应有的优惠，他们会觉得收到了不公平的待遇，并且会把自己的遭遇放到社交媒体上广泛传播，让大家都知道这家店，以后不要去光顾。如果某家店不幸上榜，那将会是莫大的灾难。

前段时间，有位在伦敦希斯罗机场免税店打工的中国留学生揭露了这样一件事。她打工的这家免税店对客人的优惠政策是，凡购物满 250 英镑就可以获得 8 折优惠，但唯独要求中国游客花满 1000 英镑才能获得八折优惠。如果不知道其中的猫腻，这些中国游客还是会跃跃欲试，因为花满 1000 英镑并不是难事。但当他们得知真相后就愤怒了，很多人在这条新闻下评论，认为这是对中国人的歧视。但这真的是种族歧视吗？其实，这不过是商家利欲熏心，是贪婪在作祟。中国人是他们最大的客户，难道他们会明目张胆地搞种族歧视吗？所以，这和客人的国籍无关，是他们太贪心。

这件事被爆出后对希斯罗机场的影响是很大的，机场管理层要求这家免税店给出解释，涉事经理恐怕也要另找工作了。他们恐怕不知道，得罪了一两个中国游客有可能意味着失去整个中国游客市场。



Chinese-speaking assistants are hired to look after Chinese customers in DFS around the world.



EATING VEGGIE IN TIANJIN

by Lena Hörr

Vegetarianism/Veganism has been reaching the mainstream in the last couple of years in the West and is slowly growing in China itself, as people become more aware of the health benefits of a plant-based diet, as well as how eating animal products contributes to environmental destruction and most importantly innocent animals losing their lives.

When I first started eating a plant-based diet in Tianjin, many people were surprised, and still are, as to how I was able to survive on a plant-based diet in China. Over the years I've

discovered a few supermarkets and restaurants that cater to different dietary needs in Tianjin, contrary to popular belief.

At most restaurants you'd think a lot of their meals would be plant-based but many of them use oils made from animals to cook their dishes. 'Sù shí zhě' (素食者) means that you follow a vegetarian diet, and 'chún sù shí zhě' (纯素食者) means to follow a vegan diet.

Here a few must-try restaurants that do not disappoint in Tianjin:

Din Tai Fung (鼎泰丰)

There aren't really words to describe how delicious the food is at this restaurant. It's a Taiwanese establishment. They have an option of vegetarian/vegan dumplings, as well as dim sum. Many of their starters can be cooked depending on your allergies/preferences. They have quite a few vegetable dishes too, but be sure to tell them you're vegetarian because they use pork oil in some dishes. They also have a few desserts (the red bean pastries and the taro pastries are a must try). There are two branches in

Tianjin, one at Plaza 66 (恒隆广场), and the other at BinShui Road (宾水道).

Address: 18 Binshui Street, Hexi District
天津河西区宾水道18号(紫金山路口)
6F, Riverside 66, 166 Xing An Road, Heping District
天津和平区兴安路166号恒隆广场6层6008室

Thai Rhythm (泰赞) (Tai Zan)

This Thai restaurant is situated on the 5th floor of the new Joy City mall (和平大悦城). When you eat the food there you feel like you're instantly transported to Thailand. The curries are amazing, as well as the salads and the pad thai. They have traditional Thai desserts as well, if you do have extra space in your stomach after the meal. You can ask them to customize the dishes to suit your needs.

Address: 5F, Joy City Heping, Nanjing Road, Heping District
天津和平区南京路与营口道交口和平大悦城5楼

WHENEVER YOU BUY FOOD, YOU'RE CASTING A POWERFUL VOTE WITH YOUR MONEY. WHATEVER YOU BUY, YOU ARE ACTIVELY SUPPORTING AND PARTICIPATING IN THE CONDITIONS AND THE PROCESS IN WHICH THE PRODUCTS ARE PRODUCED.

Jin Sha (金沙) (Jin Sha)

Situated on the 6th floor of the new Metropolitan Plaza (天津世纪都会) near Binjiang Dao (滨江道) This restaurant serves Hong Kong cuisine. Most of their meals are suitable for vegans and especially for those who love their mock meats. This restaurant specialises in mock meats and seafoods, and their meals are very flavorful.

Address: 6F, Metropolitan Mall, 181 Nanjing Road, Heping District
天津和平区 南京路181号世纪都会6层

Nah Trang Vietnamese Cuisine

(芽莊越式料理) (Ya Zhuang Yue Nan Liao Li)

There are a few branches of this amazing Vietnamese restaurant around Tianjin, one being on the 5th floor of Galaxy Mall (银河广场). They have a few vegetarian dishes and can customise dishes for vegans or people with specific allergies or food preferences. Try their glass noodles with cabbage, or one of their signature dishes, baked tofu bathed in bread crumbs.

Address: 4F, Joy City Tianjin, Nanmenwai Avenue, Nankai District
天津南开区 南门外大街南开大悦城4楼 (近南马路)
5F, Galaxy Mall, 9 Leyuan Street, Hexi District
天津河西区 乐园道9号银河国际购物中心 星光厅5楼

Jin Men Di Yi Su 津门第一素 (Ahimsa Vegetarian Restaurant)

An inexpensive Buddhist Restaurant that serves super yummy food. Go for their burgers and mixed vegetables dishes, you won't regret it. There's a branch at YingKouDao (营口道).

Address: Nearby Central Park, Shanxi Road, Heping District
天津和平区山西路中心公园附近

Twin Lotus Vegetarian Restaurant (禅素—禅意素食健康养生主题餐厅)

In Hebei District, an established vegetarian restaurant serves a wide range of vegetable and imitation meat and fish dishes. The menu has English and photos too, and most of the waiters speak English.

Address: 26 Tianwei Road, Hebei District (near the Dabei Temple)
天津河北区 天纬路26号(近大悲禅院)

These are just a couple of really great restaurants in Tianjin, now you have a list to try out.

And if you're a fruit/vegetable lover as much as I am, Tianjin has an abundance of diverse fresh foods with tons of varieties no matter what your taste buds are in the mood for. You can check out some of the many fresh fruit and vegetable markets around Tianjin and buy an assortment of fruits, vegetables, grains, beans, nuts etc.

There are also numerous international supermarkets around the city that sell plant-based milks and even egg substitutes and seitan. D-Mart in Ao Cheng is a great place to start when you've just arrived in Tianjin. Also be sure to check out the Happy Cow application for more suggestions of stores that sell plant-based foods and restaurants that have plant-based food.

As the vegan movement continues to grow in the world and it is easier to live a plant-based lifestyle, no more can we use the excuse that it isn't 'convenient' to become more conscious of our lifestyle choices and to make changes.

Whenever you buy food, you're casting a powerful vote with your money. Whatever you buy, you are actively supporting and participating in the conditions and the



Vietnamese spring rolls

process in which the products are produced. Obviously no one can be perfect in the sense of never causing harm to animals or humans, but we can try our best to minimize the effects our actions have on others and the planet. Your choices do matter. With every dollar you spend, you cast a vote to what kind of future you want to live in. And not just for you, for your loved ones, your children, your grandchildren and so on. To think and act in an ethical way is to start from a point of personal reflection, develop and re-develop our values, align our actions with our beliefs, and understand how our choices affect the outcomes of our actions.

We all want to live in a society where the environment is respected and looked after. Where human rights are properly acknowledged and protected, and where animals are no longer cruelly exploited and murdered. And that's not going to happen overnight, but we need to realize that the power of change lies in our hands, the hands of us as individuals, us as consumers, us as communities.

Buy consciously. Shop ethically. Try your best wherever you can whenever you can to support human, animal and environmental rights.

过素食生活，保护我们的地球

素食主义在近几年来日趋流行，也影响了很多中国人的饮食观念。人们越来越重视健康，向往绿色无公害的蔬菜，也意识到肉类产品对环境造成的危害。

我刚来中国的时候，很多人对我的素食习惯感到惊讶，他们无法想象不吃肉怎么能活。在天津生活几年之后，我慢慢找到了能够满足我饮食习惯的超市和餐厅。

你购买了什么食物就说明你对整个食物的生产过程投了赞成票。没有人能够保证完全不对环境造成伤害，但我们可以尽量把这种伤害减少到最低，所以你的选择很重要。



Scalded vegetable



Clean the bathroom right after shower

COPING WITH ENVIRONMENTAL CHALLENGES

by **Carmen King**

Humans are like sponges, highly absorbent and deeply affected by the environment they are in. No matter where in the world we live, it is important to understand the effects of environment and gradualism. We are slowly but surely, gradually over time fundamentally affected by our environment. The challenge lies in the gradual and subtle nature of it all. Things like air, water, and food can be polluted at different levels. Some pollutants are so bad our bodies immediately reject them via the immediate and often uncontrollable self-protection responses such as vomiting and diarrhea. As with any city, Tianjin has a unique set of environmental challenges. Expats do well to consider them and prepare appropriately. Here are some tips for coping with them.

Mold

Somehow despite how dry Tianjin can get, mold is a big problem. It has to do with poor cleaning habits and wet showers. Wet showers are pretty common. These are bathrooms where the shower is not separate

from the rest of the room. That means, taking a shower results in the entire room getting soaked. Things like the toilet, sink, walls, and anything else nearby will be wet. A top tip for cutting down on mold in the bathroom is to use a squeegee immediately after showering to squeegee the walls and floors. Drains tend to clog very easily, which is the reason why so many locals say they don't flush toilet paper down the toilet. There is usually a drain somehow in the bathroom floor. So be sure to squeegee as much water down the drain as possible after showering. Be aware some floors have issues with draining because the floor isn't level. Get to know your bathroom and be

A TOP TIP FOR CUTTING DOWN ON MOLD IN THE BATHROOM IS TO USE A SQUEEGEE IMMEDIATELY AFTER SHOWERING TO SQUEEGEE THE WALLS AND FLOORS.

diligent about squeegeeing and even using a towel to wipe things down. Another top area for mold trouble is the kitchen and bathroom sink. It is best to immediately wipe up any excess water that may collect around the sink basin itself or the faucet. Caulking often needs replaced. Especially check beneath each and every sink before renting a place. Make sure there isn't some serious mold lurking underneath.

Clothes

Common challenges with clothes in Tianjin are them not drying in the late fall and early spring. This is because central heat is usually only available between November 15th and March 15th. Outside of those dates, the weather can have a weird mix of cold, damp and yet dry. How all that manages to happen at the same time is a scientific marvel, but it does. It reeks havoc on laundry. Wet clothes that have been hung up to dry don't dry fast enough. That means when they finally are dry they've managed to acquire an ever so attractive mildewy essence. This condition becomes especially evident when wearing the

clothes and one happens to warm up a bit, such as when starting to sweat. That's when the mildewy clothes issue really comes to light. The best thing to do is either open a window if possible getting better airflow onto the clothes, hang them outside (if there is a spot where they won't get stolen or blown away), or position them so that the sun will bake them during the day (sadly though, sun can be all too lacking at times). Outside of getting a dryer, which is highly unlikely for the average expat, there isn't a perfect solution.

Another clothes related challenge is the water. Tianjin water is not suitable for direct drinking. Even locals have the habit of boiling tap water before drinking it. Tips include buying bottled water, install a home filtration system or use a distiller. Consumption issues aside, the water also affects clothes. The biggest problem is clothes can come out stinky even after being washed. The culprit appears to be the water which contains some sort of bacteria. Regardless of the time of year, one tip seems to be using a laundry sanitizer (衣物除菌液 yīwù chú jūn yè) in addition to a detergent (洗衣液 xī yī yè). Keep in mind most detergents probably don't have any sanitizing agent. Some brands offer a two in one formula, where the detergent and sanitizer are premixed. That said, it has been reported these combo formulas aren't as strong as the stand-alone sanitizer. Therefore some prefer to use a plain detergent and add their own sanitizer as needed. For those health conscious expats, it may be a case of pick your poison. After all, wearing mildewy clothes probably isn't the healthiest thing, which is what may happen if using only detergent. Nor does it seem ideal to use harsh chemicals to sanitize clothes, though this does eliminate the odd

odor.

Another clothes related tip is to get laundry bags. Two types of washers are common in China, top loading and side loading. It is insane what the average top loading washer can do to clothes. Imagine clothes being twisted and tangled so tight that they can't even be removed item by item after the wash cycle completes. Instead they come out together in one big tightly intertwined mess. Clothes can be ripped, torn, and otherwise damaged just from washing them. Side loaders seem to be better, but for the sake of protecting clothes from harsh washers, get an assortment of laundry bags. Not to mention they have the added benefits of providing a little bit of privacy and preventing the disappearance of smaller clothing items like socks. This is nice especially if sharing a washer with roommates. These bags come in different sizes and are made of mesh-like material. Some bags have holes so big, clothes can still snag on each other. The tighter the weave the better, as these tend to do a better job at protecting the clothes within. For some reason, laundry bags are particularly popular at Asian import stores, rather than plain old local convenience shops. These Asian stores usually sell items that are all from Korea or Japan. Another option is to buy the bags online using Taobao by searching: 洗衣袋 (xī yī dài).

Water

Besides the water issues just mentioned, namely being unfit for direct drinking and leaving a mildewy smell in clothes, other water related issues include being very harsh on the skin. In Tianjin, dry sky may be linked to two things. One, the weather is dry. This is a northern China thing. So when locals suggest

drinking water regularly throughout the day, they aren't kidding. Dehydration is happening unconsciously all the time due to low humidity. Even when not exercising, water is being lost and one's throat tends to get dry and sore easily. Most of the time, this lack of moisture is great for drying. Clothes hung up dry relatively quickly outside of the times noted above.

When it comes to washing hands and showering, expect to experience an extra level of skin dryness. Lubing up with some sort of lotion after water use is probably going to be necessary, especially during the winter when humidity can hit all time lows. The hard water can also have a huge affect on hair. Some people have had issues with hair becoming dry, brittle, and even falling out after coming to Tianjin. Be prepared to use a conditioner and lots of cream. Consider getting a filter for the shower. One type of filter is installed by unscrewing the shower head and putting the filter in between the pipe coming out from the wall and the shower head itself. If bringing this item from home, don't forget to get a supply of replacement filters too.

应对环境的挑战

人类就像海绵，不停吸收着周边环境里的物质并被其深深影响。但是无论在世界任何地方，空气、水和食物都会多多少少被污染，这些污染物也同样会被人体吸收，作为自身的保护机制，我们的身体会产生呕吐、腹泻等生理反应。你所生长的环境可能和天津完全不同，所以你会遇到很多不适应的地方，比如这里的干燥，偏硬的水质等等，所以你要提前了解并作出预案来应对这些挑战。

虽然天津气候偏干，但不代表家里不会产生霉菌，尤其是在卫生间这样潮湿的环境里。每次洗完澡都要把浴室的地刮水器刮干净，有些地漏流水不畅，也记得不要让周边存水。洗手盆也要保持清洁干燥，时常观察手盆底下是不是长霉了。

没有暖气的春秋两季，洗好的衣服干得很慢。如果不能在通风的环境下晾晒衣服，潮湿的衣服也容易沾染空气里的霉菌。所以，最好把衣服挂到户外阳光下晾晒或者买一台烘干机。

天津的水质也会对衣物产生影响。天津的自来水不是直饮水，里面有较多的杂质和细菌，用它来洗衣服也会让衣服上沾染上细菌。我们除了使用洗衣液以外还应该加入除菌液，专门的衣物除菌液要比含除菌功能的洗衣液效果更好。

想要衣服在洗衣机里洗过之后还能光亮如新就需要一个洗衣袋，能够防止衣服互相缠绕。如果你和室友共用洗衣机，把内衣等贴身衣服装进去还能保护你的隐私。

说到水质，我们总是会觉得洗完手或洗完澡之后，皮肤总是干干的，所以身边要常备护手霜和润肤乳。你甚至可以在淋浴喷头上加装一个过滤装置，可以减少水里的杂质对头发和皮肤的伤害。



Dry and itchy skin



City Park

A DAY AT THE PARK

by **Aaron Eagles**

Spring is in the air and the weather is slowly warming up. Even though the winter seemed less cold or at least less snowing this year in Tianjin, I am ready to spend some days enjoying the warm outdoors. Since I spend most of my time in the Binhai New Area when in Tianjin, here are a few of my fond memories and favorite outdoor parks.

About 4 years ago I had my first visit to Tianjin's Eco-City and was introduced to Yong Ding Zhou Park. With a busy schedule and many responsibilities, I had not spent a day in the park like this for years and it was a pleasant surprise. It was about a 15 to 20-minute drive to reach this large eco-friendly park, but once we arrived I could see why my friend wanted me to experience this interesting destination. When you arrive to the park you are greeted by some large natural structural art. At first glance the structure looks like barren trees

without any leaves. When you take a closer glance, a mystical scene is revealed. The trees are carvings of some Chinese characters that look like the Chinese version of a scene from the "Lord of the Rings." As you continue to look around the park, more and more is revealed. Another interesting design was a large tree with a wide stump, this tree looks very out of the ordinary and doesn't look like it belongs in this environment. If you are a cookie fan and know the Keebler Elves, it looked very similar to the home of the animated commercial characters. The structure begs to be gazed at and the closer you get you can see that the tree is like a tree house and has windows and hollowed out points within. In hindsight, I wish I would have let my inner child explore a bit and went to see if the treehouse was able to be entered, but I subdued my adolescent instincts and just looked from a distance. As we continued to go deeper in the park we

walked along the long labyrinth like maze that was paved throughout the park. Trees and flowers were everywhere and it was a very tranquil peace.

It was like our own private park and only a very few people occasionally popped up. Our international Montly Crew was a group of about 7 people from around the world. Chinese, American, Canadian, Middle-Eastern, and African and we all brought a piece of ourselves to share with one another. It was a great realization that you don't always need a lot to have a good time and that sometimes the simple pleasures of life are the most fulfilling. Someone brought a bike that we took turns riding around and exploring the park one by one. Another brought a soccer ball that we kicked around a re-lived our childhood; playing keep-away, monkey in the middle, or just kicking the ball back and forth. We listened to different music in different languages and sang and joked together until the sun was almost gone. Before the light of the day was dimmed we worked as a team to figure out the small propane grill someone brought, and we finally got it lit. We cooked Chinese style BBQ and shared snacks that we

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had brought from our hometowns or gotten somewhere along the way in our travels. It was a simple, innocent, fun day in the sun and a wonderful getaway from the hustle and bustle of life.

It was a great realization that you don't always need a lot to have a good time and that sometimes the simple pleasures of life are the most fulfilling.

Tai Feng Park

In TEDA, the most well-known, interesting, and biggest park seems to be Tai Feng. My friend Chun Yue describes this park as a piece of heaven after having a picnic on a perfect sunny spring day. In season the park has beautiful flowers with scents permitting the park. There are many beautiful lush trees that provide shade and capture the breeze providing a melodic whisper into the air as the leaves dance in the horizon. If you have time in the warmer months this is a short journey to a peaceful day in nature.

City Park

In TEDA if you don't want to go far there

is a little park in between the TEDA Library and MSD. The park is very quaint and quiet despite being right in the busiest part of TEDA. The park is very basic, yet very transcending. I have had moments where walking I was lost in nature and mentally escaped the city even if just for a moment. The narrow park stretches a few blocks and consists of three layers. The first layer is trees and foliage that provide a natural barrier to the street and sidewalk. Next, beyond the border of trees which muffles the sounds of traffic and hides the distractions of the city is the stony path which goes along the entire border of the park. The parks long path and many hidden benches in the trees make it a great place to walk, think, read a book on a break, or can be a simple place to take a friend or date on a leisurely stroll before or after lunch. The inner layer and mass majority of the park is green grass. I have seen people go to play with kids, bring tents, and relax for the day, or bring pets to run around.

Very close to this grassy park, is another section that is a little more lively and offers amazing scenic skyline views of the city, as well as many natural sights. This small area is closer to MSD than the grassy park by the TEDA library, but adjacent and only separated by a small road. As you walk the sights slowly change. There is a manmade pond-like view that is carved out in an artistic display and has a very modern contemporary look. As you continue on you will find a field of flowers that are changed every few months, maybe some beautiful red flowers, yellow daisies, or my favorite lavender which sweet smell fills the air. Each time the flowers are planted or changed this area turns into a photoshoot haven, with

families, couples, friends, or just those in need of an updated selfie flock to the field of flowers. Right, after the flowers there are some fun pieces of art. There is very colorful piece that is like a kaleidoscope and changes depending on which angle you look at it, it is very cool and one of my first memories of TEDA. Next, there are few almost bizarre Picasso like statues that offer very thought-provoking views. This mix of architecture and nature is blended into the grounds of the many MSD buildings and there is something new and interesting around every corner.

All of these outdoor destinations are simple and fun. They are great to check out often or every once in a while, to see what has been changed or added. I would definitely recommend it to people visiting TEDA or those who just want to step out of the city into a bit of nature. Who knows, you might find a favorite new place to enjoy your sunny days.

公园一日游

春天是万物复苏的季节，蛰居了整个冬天的人们也渴望到户外享受一些阳光和运动。我所居住的滨海新区就有一些适合户外活动的公园，这些公园也让这个新兴的地区越来越宜居。

永定洲公园位于中新生态城，四年前我曾经去过一次，我和朋友在那里整整呆了一天。在公园入口，首先映入眼帘的是许多巨大的古代人物塑像，奇特的是这些塑像似乎是用枯树干搭成的，我不认识这些人物，但也许是出自中国版的《指环王》。

继续往公园里走，你会看到更多造型奇特夸张的树木，有的还更像是树屋，让我不禁想爬上去探索一番。

这是一个十分幽静的公园，我们一行7人来自不同国家，每个人都带了一些东西和大家分享。有人带了一辆自行车，我们轮番骑车去探索这个公园。还有人带了足球，我们在宽敞的公园里像小时候那样互相传球躲闪。我们放着不同语言的音乐，互相打趣直到太阳快落山。最后我们点燃丙烷烤炉，吃了一顿中国式烧烤。这次经历让我们发现快乐其实可以很简单。

去永定洲公园要从泰达开15-20分钟的车，而在泰达的中心地带也有两所公园可以让我们随时享受阳光和宁静。泰丰公园是滨海新区最知名的一个公园了，如果你在一个阳光明媚的日子去泰丰公园来一次野餐，你会感觉像到了天堂一般。花朵的香气弥漫在整个公园里，繁茂的大树给人们提供阴凉，阵阵微风让树叶翩翩起舞。

城市公园是一个夹在摩天大厦之间的小公园，位于泰达图书馆和MSD之间。我从这座公园穿过的时候甚至会忘了身在何处。这个公园分为三层，第一层是绿植，起到隔离街道的作用；第二层是围绕整个公园的石头走道和隐藏在树荫下的石凳，树木挡住了马路上的噪音，是思考和阅读的绝佳场所。最内一层是草坪，我看到有人带着孩子在上面嬉戏，还有人带着帐篷享受郊游的乐趣。

除此之外，这个小公园还有个人造喷泉，每隔一段时间，这里种植的花卉都会有所变化，吸引很多市民前来拍照。



Yongdingzhou Park



The city wall

A 2-DAY VISIT IN XI'AN

Xi'an, located in central-northwest China, records the great changes of the country just like a living history book. Called Chang'an (meaning the eternal city) in ancient times, it is one of the birthplaces of the ancient Chinese civilization in the Yellow River Basin area. As the eastern terminal of the Silk Road and the site of the famous Terracotta Warriors of the Qin Dynasty, the city has won a reputation all over the world. More than 3,000 years of history including over 1,100 years as the capital city of ancient dynasties, have endowed the city with an amazing historical heritage. Travelers marvel at the numerous historical sites and cultural relics in the city.

Day 1:

Xi'an Ancient City Wall- Sightseeing (1 hour)

The Big Goose Pagoda- Sightseeing (1 hour)

Muslim Quarter -Sightseeing (40 minutes)

Xi'an's ancient City Wall plays an important role in Xi'an history. Since the wall is intact, visitors can rent a bicycle and ride around the ancient city on the top of the wall. It gives them a chance to look into the ancient city and imagine what life would have been

like for its ancient inhabitants. The park surrounding the ancient City Wall is beautiful and is worth a look. At night, the City Wall is lit up and looks quite stunning.

Xi'an City Wall was erected in the 14th century Ming Dynasty, under the regime of Emperor Zhu Yuanzhang. When Zhu Yuanzhang captured Huizhou, long before the establishment of the Ming Dynasty, he was admonished by a hermit named Zhu Sheng, who told him to "build high walls, store abundant provisions and take your time in proclaiming yourself emperor", advice heeded by Zhu Yuanzhang.

The current city wall is an enhancement of the old Tang Dynasty structure, as a result of the emperor's wall building campaign.

Giant Wild Goose Pagoda (大雁塔) is also called the Big Wild Goose Pagoda, the Great Wild Goose Pagoda and Dayan Pagoda. Built for over 1,300 years, it is now the earliest attic-styled square brick tower in Tang dynasty (唐朝) with the largest scale in China. Moreover, this pagoda enjoys rich Buddhist culture, profound history of famous figures, splendid architectural art, etc. so it is regarded as the gem of Chinese ancient architectural

history and a sacred Buddhist land. Now, it is both the landmark of Xi'an city and the vital place for the welcoming foreign leaders and friends.

Huimin Street is an historic market road in Xi'an, China that dates back more than 1,000 years! Exploring the market will take you down two main streets, which together form an L shape. If you're taking your time, the walk will

THE TERRACOTTA WARRIORS ARE ONE OF THE MUST-VISIT ATTRACTIONS FOR ALL TRAVELERS TO CHINA. THE DRAMATIC EXHIBITION REVEALS THE SECRETS BEHIND THE 2,000-YEAR-OLD ARMY OF CLAY STATUES THAT GUARDED THE TOMB OF CHINA'S FIRST EMPEROR UNTIL A CHANCE DISCOVERY IN 1974.

take you about one and a half hours so bring some water and good walking shoes.

One of the most famous dishes of Xi'an is the roujiamo — marinated beef or lamb stuffed inside a freshly baked bun.

Another traditional Uygur dish found here is the yangrou paomo — pita bread soaked in lamb soup. You can find a variety of soups here with all kinds of meats in them, including sheep blood.

Then there's the bean threads in Shaanxi flavoring and of course, the Xi'an dumplings.

Xi'an is also known for its cold noodles, which can be made from rice or from flour. On this street there are dozens of noodle stalls, where you can ask for cold noodle dish — you won't regret it!

Day 2

Banpo Neolithic Village- Sightseeing (1 hour)

Museum of Terra-Cotta Warriors and Horses-Sightseeing (2 hours)

Emperor Qinshihuang Mausoleum-Sightseeing (40 minutes)

The Banpo Museum is located in the eastern outskirts of Xi'an City in Shaanxi Province. As the first museum at the prehistoric site it was built at the base of excavations of the Banpo site.

The Banpo Site is a typical Neolithic matriarchal community of the Yangshao Culture dating back about 6,000 years. At that time, the Banpo people used tools made of

wood and stone. Women, the crucial labor force, were responsible for making pottery, spinning, and raising the family, while men fished.

Emperor Qinshihuang's Mausoleum Site Museum was built based on the Mausoleum of Emperor Qin Shi Huang, which was historically known as Lishan Garden and is the largest imperial tomb in China with the richest buried objects. In February, 2009, the local bureau of cultural heritage finally declared the establishment of the Museum. The site area retains the Museum of Terra-cotta Warriors and Horses of Qin Shi Huang and has built the Qin Shi Huang's Mausoleum Site Park (Lishan Garden) based on the discoveries from the mausoleum of the emperor.

The Terracotta Warriors are one of the must-visit attractions for all travelers to China. The dramatic exhibition reveals the secrets behind the 2,000-year-old army of clay statues that guarded the tomb of China's first emperor until a chance discovery in 1974.

The highlights of the museum are the three pits where the warriors are on display, and the Exhibition of Bronze Chariots.

- Pit 1: This is the largest and most impressive, where about 2,000 terracotta warriors are displayed.

- Pit 2: This middle-sized pit has the most army units with archers, chariots, mixed forces, and



Terra-Cotta Warriors

cavalry.

- Pit 3: It is the smallest pit and represents the command post.

All three pits are protected from visitors by parapets and glass.

Our recommended visiting sequence is Pit 1 – Pit 2 – Pit 3 – Bronze Chariot Exhibit, as this way you will follow the Terracotta Army story from overall to detailed information.

Exhibits: thousands of life-size clay figures, ancient weapons, jade and gold ornaments, bronze chariot replicas...

Time needed: Two to three hours are recommended for visiting this marvelous site.

With an area of 226 hectares (about 558 acres), this site park of Emperor Qinshihuang's Mausoleum Site Museum was opened to the public on October 1, 2010. It contains the tumulus of Qin Shi Huang Mausoleum, major architectural sites that have been discovered, ritual sacrifice pits, the Museum of Terracotta Acrobatics, Museum of Terracotta Civil Officials, Museum of Stone Armor and Museum of Bronze Chariot and Horse.

For any inquiries concerning making a trip to Xi'an, please contact Tianjin China International Travel Service office at tel:022-58559520 or 58559525. The agency can tailor your travel plans to suit your needs.



The Big Goose Pagoda

游览古城西安 —— 感受历史的脉搏

西安古称“长安”，地处中国中西部，是陕西省的省会。这座历经13个朝代的兴衰的城市，犹如一座巨大的博物馆，无论是世界八大奇迹之一的兵马俑、历经沧海桑田的古城墙、还是曾经藏有天竺经书的大雁塔……古人留下的一砖一瓦，无不揭示着历史的底蕴。跟随国旅的脚步，踏上这片古老的土地，感受中华民族历史的脉动。

HOTEL FOCUS



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From 13 to 29 April, BLD Dinner Buffet RMB 398/pp, for more information and reservation please contact BLD via 022-5822 3160/3161.



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Rate: CNY266 net / 2 person
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Till May 2018
 Level 1, Exchange Lobby Lounge
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 For more information, please contact us on 022 2389 0169



THE RITZ-CARLTON
 TIANJIN

Experience "The Sky Is The Limit" With Marco Tola at The Ritz-Carlton, Tianjin

This April, one of the most popular chefs from Italy and also the social media celebrity chef Marco Tola, invited by Ornato Antunes, Executive Chef at The Ritz-Carlton, Tianjin, is coming to host a delectable four-day culinary feast with his creations on plate from April 11 to 14, 2018. His visit is bound to bring Tianjin foodies indelible dining experiences.

From April 11 until 14, the four-day event will feature different Italian delicacies and themes each day. Marco will also be there to explain to Tianjin customers his culinary creativity in person.

Dinner and Theme
 April 11 Mediterraneo
 April 12 Aqua
 April 13 Mistero
 April 14 Creativo

Time: 6:00 pm – 9:00 pm
 Price: RMB688+* per person per day
 * The above prices are subject to 15% service charge

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Pavilion @ Courtyard Launches Northwestern Food Festival

Pavilion @ Courtyard by Marriott Tianjin Hongqiao launches Northwestern Food Festival on April 2, 2018, presenting a feast of Northwest China taste. You're welcomed to enjoy a selection of typical Shan'xi and Shanxi dishes, featuring the roast mutton leg, Liangpi, Chinese hamburger (Roujiamo) and some other popular noodles, by paying RMB218/pax. The festival kicks off from April 2 to April 30, 2018. Please call 022-58988188 for your reservation.

hotel nikko tianjin
 天津日航酒店



Nagoya Food Set Menu

April -June, 2018
 The JALTianjin route 20th anniversary, enjoy the Nagoya lunch set menu with lucky draw prizes.
 Reservation: 8319-8888 Ext. 3570
 Venue: 7F Spectrum, Hotel Nikko Tianjin

FOUR SEASONS
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Four Seasons Hotel Tianjin Introduces Weiss Chocolate Themed Afternoon Tea

Four Seasons Hotel Tianjin debuts Weiss Chocolate Themed Afternoon Tea at La Sala Lobby Lounge. This is the first time for Weiss Chocolate, regarded as "the LV among chocolates", been introduced into Tianjin by cooperating with Four Seasons. Single afternoon tea is at CNY 258+15% per person while CNY 358+15% for two persons. Valid from 1 March to 8 May 2018. For inquiry about Weiss Chocolate Afternoon Tea at Four Seasons Hotel Tianjin, can contact at +86-022-2716 6261 / 6688.

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RMB 288Net/person,
 in-house guests enjoy 30% off
 Valid from April 2nd to 30th, 2018
 For reservations kindly call 2462 6888 ext. 6014
 Business Hours: 17:30 - 21:30

Jixian Marriott Hotel Supports Worldwide Earth Hour Movement For the Environment by Going Dark for One Hour

Jixian Marriott Hotel went dark for one hour on March 24 to shine a light on climate action in support of Earth Hour 2018. The hotel joined millions around the world in turning off its lights at 8:30 p.m. local time to illuminate a powerful message about environmental awareness and action.



Diamond Dental 2018 Customer Appreciation Banquet

Diamond Dental held 2018 customer appreciation banquet at The St. Regis Tianjin, which gathered Diamond's loyal customers and supportive partners.

The dental manager presented awards to outstanding staff and picked out lucky draw winners. The guests had a great time with the music played by a foreign band and the delicious food.



HKCCC Celebrates the Coming of the Most Prosperous Year of Dog

The 2018 Hong Kong China Chamber of Commerce's Tianjin Spring Gala was held on March 9th at the Shangri-La Hotel Tianjin. The gala was celebrated by nearly 200 guests drawn from the corporate and individual members of the HKCCC.

The gala was also joined by all the board members of the HKCCC Tianjin Chapter, as well as leaders from the Hong Kong Liaison Office in Tianjin and relevant departments of the Tianjin Municipal Government.

The event started with a hip-hop dance named Good Luck. Hu Shengcai, Chairman of the Tianjin Federation of Returned Overseas Chinese, Chen Keshu, Director of the Hong Kong Liaison

Office in Tianjin and Michael Yeung, Chairman of the Hong Kong Chamber of Commerce in China, Tianjin all delivered speeches to extend their good wishes to the HKCCC and its members.

Board members toasted the guests, participated in the lion eye-dotting ritual, distributed the God of Wealth red envelopes and conducted a best dressed-up guest competition. It was also most entertaining to hear board members singing Kung Hei Fat Choy together and then three rounds of a lucky draw all helped raise the temperature of the gala's festive atmosphere. The guests enjoyed themselves immensely toasting each other and exchanging best wishes for an even more prosperous Year of Dog.



LISTING

咖啡 COFFEE

红酒 WINE

餐厅 RESTAURANT

酒吧 BAR

购物 SHOPPING

- E** =English Menu 有英文菜单
- CC** =Credit Card 可信用卡付账
- ¥** =Cost per person 人均消费
- ★** =Editor's pic 编辑推介
- P** =Parking 有停车位

RESTAURANT

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1F, Renaissance Tianjin Lakeview Hotel,
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Tel: 5822 3388
Hrs: 06:00am-10:30am
11:30am-14:00pm 17:30pm-22:00pm

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和平区张自忠路158号
天津瑞吉金融街酒店一层
Tel: 5830 9959
Hrs: 05:30am-10:00am
17:30pm-21:30pm

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Heping District
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Tel: 23460756
Hours: 11:00-23:00

El Flamenco Restaurant & Bar

弗拉门戈西班牙餐厅

44-46, Ziyou Dao, The Italian Street,
Hebei District
天津市和平区意式风情区自由道44-46
Tel: 022-86286811
¥: 175RMB
Hours: 11:00-02:00

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Tel: 022-26626688

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站点披萨

Add: 1F-19-20, Heping Joy City, 189
Nanjing Lu, Heping
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Tel: 24468192
Hrs: 10:30am-01:30am

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2/F, Four Seasons Hotel Tianjin, 138
Chifeng Road, Heping District, Tianjin
和平区赤峰道138号天津四季酒店2层
Tel: 022-2716 6261
Hours: 11:30am~14:00pm
17:30pm~22:30pm

YY CRAFT BEER HOUSE
Xianong Courtyard, No.1, Hunan Lu,
Heping District, Tianjin
022-58352835 185-2225-5354 (En)
11:00-24:00

YY BEER HOUSE
No.3 Ao Men Road, (behind the
International Building), Heping,
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18526654835 (Eng / WeChat)
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Tel: 15222091582
Hours: 11:00-00:00

[Thai&Malay 泰国&马来西亚]

Tianjin Downtown

YY Beer House

粤园泰餐厅 ★ ¥ 100 P E

The best Thai Restaurant in Tianjin
offers the fantastic Thai food and beer.
3 Ao Men Lu, (behind the International
Building), Heping.
和平区澳门路3号(国际大厦后)
Tel: 18526654835 (Eng; WeChat)
Hrs: 11:00am-24:00pm
If need be, we have a designated driver
to take you to your next destination.

YY Craft Beer House

粤园泰餐厅 ★ ¥ 100 P E

Xianong Courtyard, No.1, Hunan Lu,
Heping District, Tianjin
天津市和平区五大道先农大院
湖南路1号粤园餐厅
TEL: 58352835 / 185-2225-5354 (En)
Hrs: 11:00-24:00
If need be, we have a designated driver
to take you to your next destination.
Happy hour: Monday~Sunday,
2:00pm~6:00pm, YY craft beers, Buy 1
get 1 free(for 1 person)

[Chinese 中餐厅]

Tianjin Downtown

Shang Palace

香宫

Specializes in authentic Cantonese
cuisine and local specialties, Dim Sum
and Peking Duck
1F, Shangri-La Hotel, Tianjin, No. 328
Haihe East Road, Hedong
河东滨海河东路328号天津香格里拉大酒店1层
Tel: 8418 8111
Hrs: 10:30 to 14:30
17:30 to 22:00

Din Tai Fung

鼎泰丰 ★ ¥ 150 P E

Steamed Bread made of choice ingredients
are the main attraction. The Special desserts,
steamed glutinous rice pudding and
almond togu, will melt in your mouth.
18 Binshui Dao, Hexi.
河西滨水道18号(滨水道与紫金山路口)
Tel: 2813 8138 Ext 8001
Hrs: 11:00am-14:30pm/17:00pm-21:30pm

Tian Tai Xuan

天泰轩

Savor dishes from the renowned
Cantonese tradition in concert with
innovative creations exploring seasonal
local ingredients, together forming a
culinary experience which is not only
extraordinary but quite possibly the
most unique in the entire world.
The Ritz-Carlton, Tianjin, 1st and 2nd
floor, No. 167 Dagubei Road, Heping
和平区大沽北路167号
天津丽思卡尔顿酒店一、二、三、四、五、六、七、八、九、十、十一、十二、十三、十四、十五、十六、十七、十八、十九、二十、二十一、二十二、二十三、二十四、二十五、二十六、二十七、二十八、二十九、三十、三十一、三十二、三十三、三十四、三十五、三十六、三十七、三十八、三十九、四十、四十一、四十二、四十三、四十四、四十五、四十六、四十七、四十八、四十九、五十、五十一、五十二、五十三、五十四、五十五、五十六、五十七、五十八、五十九、六十、六十一、六十二、六十三、六十四、六十五、六十六、六十七、六十八、六十九、七十、七十一、七十二、七十三、七十四、七十五、七十六、七十七、七十八、七十九、八十、八十一、八十二、八十三、八十四、八十五、八十六、八十七、八十八、八十九、九十、九十一、九十二、九十三、九十四、九十五、九十六、九十七、九十八、九十九、一百、一百零一、一百零二、一百零三、一百零四、一百零五、一百零六、一百零七、一百零八、一百零九、一百一十、一百一十一、一百一十二、一百一十三、一百一十四、一百一十五、一百一十六、一百一十七、一百一十八、一百一十九、一百二十、一百二十一、一百二十二、一百二十三、一百二十四、一百二十五、一百二十六、一百二十七、一百二十八、一百二十九、一百三十、一百三十一、一百三十二、一百三十三、一百三十四、一百三十五、一百三十六、一百三十七、一百三十八、一百三十九、一百四十、一百四十一、一百四十二、一百四十三、一百四十四、一百四十五、一百四十六、一百四十七、一百四十八、一百四十九、一百五十、一百五十一、一百五十二、一百五十三、一百五十四、一百五十五、一百五十六、一百五十七、一百五十八、一百五十九、一百六十、一百六十一、一百六十二、一百六十三、一百六十四、一百六十五、一百六十六、一百六十七、一百六十八、一百六十九、一百七十、一百七十一、一百七十二、一百七十三、一百七十四、一百七十五、一百七十六、一百七十七、一百七十八、一百七十九、一百八十、一百八十一、一百八十二、一百八十三、一百八十四、一百八十五、一百八十六、一百八十七、一百八十八、一百八十九、一百九十、一百九十一、一百九十二、一百九十三、一百九十四、一百九十五、一百九十六、一百九十七、一百九十八、一百九十九、二百、二百零一、二百零二、二百零三、二百零四、二百零五、二百零六、二百零七、二百零八、二百零九、二百一十、二百一十一、二百一十二、二百一十三、二百一十四、二百一十五、二百一十六、二百一十七、二百一十八、二百一十九、二百二十、二百二十一、二百二十二、二百二十三、二百二十四、二百二十五、二百二十六、二百二十七、二百二十八、二百二十九、二百三十、二百三十一、二百三十二、二百三十三、二百三十四、二百三十五、二百三十六、二百三十七、二百三十八、二百三十九、二百四十、二百四十一、二百四十二、二百四十三、二百四十四、二百四十五、二百四十六、二百四十七、二百四十八、二百四十九、二百五十、二百五十一、二百五十二、二百五十三、二百五十四、二百五十五、二百五十六、二百五十七、二百五十八、二百五十九、二百六十、二百六十一、二百六十二、二百六十三、二百六十四、二百六十五、二百六十六、二百六十七、二百六十八、二百六十九、二百七十、二百七十一、二百七十二、二百七十三、二百七十四、二百七十五、二百七十六、二百七十七、二百七十八、二百七十九、二百八十、二百八十一、二百八十二、二百八十三、二百八十四、二百八十五、二百八十六、二百八十七、二百八十八、二百八十九、二百九十、二百九十一、二百九十二、二百九十三、二百九十四、二百九十五、二百九十六、二百九十七、二百九十八、二百九十九、三百、三百零一、三百零二、三百零三、三百零四、三百零五、三百零六、三百零七、三百零八、三百零九、三百一十、三百一十一、三百一十二、三百一十三、三百一十四、三百一十五、三百一十六、三百一十七、三百一十八、三百一十九、三百二十、三百二十一、三百二十二、三百二十三、三百二十四、三百二十五、三百二十六、三百二十七、三百二十八、三百二十九、三百三十、三百三十一、三百三十二、三百三十三、三百三十四、三百三十五、三百三十六、三百三十七、三百三十八、三百三十九、三百四十、三百四十一、三百四十二、三百四十三、三百四十四、三百四十五、三百四十六、三百四十七、三百四十八、三百四十九、三百五十、三百五十一、三百五十二、三百五十三、三百五十四、三百五十五、三百五十六、三百五十七、三百五十八、三百五十九、三百六十、三百六十一、三百六十二、三百六十三、三百六十四、三百六十五、三百六十六、三百六十七、三百六十八、三百六十九、三百七十、三百七十一、三百七十二、三百七十三、三百七十四、三百七十五、三百七十六、三百七十七、三百七十八、三百七十九、三百八十、三百八十一、三百八十二、三百八十三、三百八十四、三百八十五、三百八十六、三百八十七、三百八十八、三百八十九、三百九十、三百九十一、三百九十二、三百九十三、三百九十四、三百九十五、三百九十六、三百九十七、三百九十八、三百九十九、四百、四百零一、四百零二、四百零三、四百零四、四百零五、四百零六、四百零七、四百零八、四百零九、四百一十、四百一十一、四百一十二、四百一十三、四百一十四、四百一十五、四百一十六、四百一十七、四百一十八、四百一十九、四百二十、四百二十一、四百二十二、四百二十三、四百二十四、四百二十五、四百二十六、四百二十七、四百二十八、四百二十九、四百三十、四百三十一、四百三十二、四百三十三、四百三十四、四百三十五、四百三十六、四百三十七、四百三十八、四百三十九、四百四十、四百四十一、四百四十二、四百四十三、四百四十四、四百四十五、四百四十六、四百四十七、四百四十八、四百四十九、四百五十、四百五十一、四百五十二、四百五十三、四百五十四、四百五十五、四百五十六、四百五十七、四百五十八、四百五十九、四百六十、四百六十一、四百六十二、四百六十三、四百六十四、四百六十五、四百六十六、四百六十七、四百六十八、四百六十九、四百七十、四百七十一、四百七十二、四百七十三、四百七十四、四百七十五、四百七十六、四百七十七、四百七十八、四百七十九、四百八十、四百八十一、四百八十二、四百八十三、四百八十四、四百八十五、四百八十六、四百八十七、四百八十八、四百八十九、四百九十、四百九十一、四百九十二、四百九十三、四百九十四、四百九十五、四百九十六、四百九十七、四百九十八、四百九十九、五百、五百零一、五百零二、五百零三、五百零四、五百零五、五百零六、五百零七、五百零八、五百零九、五百一十、五百一十一、五百一十二、五百一十三、五百一十四、五百一十五、五百一十六、五百一十七、五百一十八、五百一十九、五百二十、五百二十一、五百二十二、五百二十三、五百二十四、五百二十五、五百二十六、五百二十七、五百二十八、五百二十九、五百三十、五百三十一、五百三十二、五百三十三、五百三十四、五百三十五、五百三十六、五百三十七、五百三十八、五百三十九、五百四十、五百四十一、五百四十二、五百四十三、五百四十四、五百四十五、五百四十六、五百四十七、五百四十八、五百四十九、五百五十、五百五十一、五百五十二、五百五十三、五百五十四、五百五十五、五百五十六、五百五十七、五百五十八、五百五十九、五百六十、五百六十一、五百六十二、五百六十三、五百六十四、五百六十五、五百六十六、五百六十七、五百六十八、五百六十九、五百七十、五百七十一、五百七十二、五百七十三、五百七十四、五百七十五、五百七十六、五百七十七、五百七十八、五百七十九、五百八十、五百八十一、五百八十二、五百八十三、五百八十四、五百八十五、五百八十六、五百八十七、五百八十八、五百八十九、五百九十、五百九十一、五百九十二、五百九十三、五百九十四、五百九十五、五百九十六、五百九十七、五百九十八、五百九十九、六百、六百零一、六百零二、六百零三、六百零四、六百零五、六百零六、六百零七、六百零八、六百零九、六百一十、六百一十一、六百一十二、六百一十三、六百一十四、六百一十五、六百一十六、六百一十七、六百一十八、六百一十九、六百二十、六百二十一、六百二十二、六百二十三、六百二十四、六百二十五、六百二十六、六百二十七、六百二十八、六百二十九、六百三十、六百三十一、六百三十二、六百三十三、六百三十四、六百三十五、六百三十六、六百三十七、六百三十八、六百三十九、六百四十、六百四十一、六百四十二、六百四十三、六百四十四、六百四十五、六百四十六、六百四十七、六百四十八、六百四十九、六百五十、六百五十一、六百五十二、六百五十三、六百五十四、六百五十五、六百五十六、六百五十七、六百五十八、六百五十九、六百六十、六百六十一、六百六十二、六百六十三、六百六十四、六百六十五、六百六十六、六百六十七、六百六十八、六百六十九、六百七十、六百七十一、六百七十二、六百七十三、六百七十四、六百七十五、六百七十六、六百七十七、六百七十八、六百七十九、六百八十、六百八十一、六百八十二、六百八十三、六百八十四、六百八十五、六百八十六、六百八十七、六百八十八、六百八十九、六百九十、六百九十一、六百九十二、六百九十三、六百九十四、六百九十五、六百九十六、六百九十七、六百九十八、六百九十九、七百、七百零一、七百零二、七百零三、七百零四、七百零五、七百零六、七百零七、七百零八、七百零九、七百一十、七百一十一、七百一十二、七百一十三、七百一十四、七百一十五、七百一十六、七百一十七、七百一十八、七百一十九、七百二十、七百二十一、七百二十二、七百二十三、七百二十四、七百二十五、七百二十六、七百二十七、七百二十八、七百二十九、七百三十、七百三十一、七百三十二、七百三十三、七百三十四、七百三十五、七百三十六、七百三十七、七百三十八、七百三十九、七百四十、七百四十一、七百四十二、七百四十三、七百四十四、七百四十五、七百四十六、七百四十七、七百四十八、七百四十九、七百五十、七百五十一、七百五十二、七百五十三、七百五十四、七百五十五、七百五十六、七百五十七、七百五十八、七百五十九、七百六十、七百六十一、七百六十二、七百六十三、七百六十四、七百六十五、七百六十六、七百六十七、七百六十八、七百六十九、七百七十、七百七十一、七百七十二、七百七十三、七百七十四、七百七十五、七百七十六、七百七十七、七百七十八、七百七十九、七百八十、七百八十一、七百八十二、七百八十三、七百八十四、七百八十五、七百八十六、七百八十七、七百八十八、七百八十九、七百九十、七百九十一、七百九十二、七百九十三、七百九十四、七百九十五、七百九十六、七百九十七、七百九十八、七百九十九、八百、八百零一、八百零二、八百零三、八百零四、八百零五、八百零六、八百零七、八百零八、八百零九、八百一十、八百一十一、八百一十二、八百一十三、八百一十四、八百一十五、八百一十六、八百一十七、八百一十八、八百一十九、八百二十、八百二十一、八百二十二、八百二十三、八百二十四、八百二十五、八百二十六、八百二十七、八百二十八、八百二十九、八百三十、八百三十一、八百三十二、八百三十三、八百三十四、八百三十五、八百三十六、八百三十七、八百三十八、八百三十九、八百四十、八百四十一、八百四十二、八百四十三、八百四十四、八百四十五、八百四十六、八百四十七、八百四十八、八百四十九、八百五十、八百五十一、八百五十二、八百五十三、八百五十四、八百五十五、八百五十六、八百五十七、八百五十八、八百五十九、八百六十、八百六十一、八百六十二、八百六十三、八百六十四、八百六十五、八百六十六、八百六十七、八百六十八、八百六十九、八百七十、八百七十一、八百七十二、八百七十三、八百七十四、八百七十五、八百七十六、八百七十七、八百七十八、八百七十九、八百八十、八百八十一、八百八十二、八百八十三、八百八十四、八百八十五、八百八十六、八百八十七、八百八十八、八百八十九、八百九十、八百九十一、八百九十二、八百九十三、八百九十四、八百九十五、八百九十六、八百九十七、八百九十八、八百九十九、九百、九百零一、九百零二、九百零三、九百零四、九百零五、九百零六、九百零七、九百零八、九百零九、九百一十、九百一十一、九百一十二、九百一十三、九百一十四、九百一十五、九百一十六、九百一十七、九百一十八、九百一十九、九百二十、九百二十一、九百二十二、九百二十三、九百二十四、九百二十五、九百二十六、九百二十七、九百二十八、九百二十九、九百三十、九百三十一、九百三十二、九百三十三、九百三十四、九百三十五、九百三十六、九百三十七、九百三十八、九百三十九、九百四十、九百四十一、九百四十二、九百四十三、九百四十四、九百四十五、九百四十六、九百四十七、九百四十八、九百四十九、九百五十、九百五十一、九百五十二、九百五十三、九百五十四、九百五十五、九百五十六、九百五十七、九百五十八、九百五十九、九百六十、九百六十一、九百六十二、九百六十三、九百六十四、九百六十五、九百六十六、九百六十七、九百六十八、九百六十九、九百七十、九百七十一、九百七十二、九百七十三、九百七十四、九百七十五、九百七十六、九百七十七、九百七十八、九百七十九、九百八十、九百八十一、九百八十二、九百八十三、九百八十四、九百八十五、九百八十六、九百八十七、九百八十八、九百八十九、九百九十、九百九十一、九百九十二、九百九十三、九百九十四、九百九十五、九百九十六、九百九十七、九百九十八、九百九十九、一千、一千零一、一千零二、一千零三、一千零四、一千零五、一千零六、一千零七、一千零八、一千零九、一千一十、一千一十一、一千一十二、一千一十三、一千一十四、一千一十五、一千一十六、一千一十七、一千一十八、一千一十九、一千二十、一千二十一、一千二十二、一千二十三、一千二十四、一千二十五、一千二十六、一千二十七、一千二十八、一千二十九、一千三十、一千三十一、一千三十二、一千三十三、一千三十四、一千三十五、一千三十六、一千三十七、一千三十八、一千三十九、一千四十、一千四十一、一千四十二、一千四十三、一千四十四、一千四十五、一千四十六、一千四十七、一千四十八、一千四十九、一千五十、一千五十一、一千五十二、一千五十三、一千五十四、一千五十五、一千五十六、一千五十七、一千五十八、一千五十九、一千六十、一千六十一、一千六十二、一千六十三、一千六十四、一千六十五、一千六十六、一千六十七、一千六十八、一千六十九、一千七十、一千七十一、一千七十二、一千七十三、一千七十四、一千七十五、一千七十六、一千七十七、一千七十八、一千七十九、一千八十、一千八十一、一千八十二、一千八十三、一千八十四、一千八十五、一千八十六、一千八十七、一千八十八、一千八十九、一千九十、一千九十一、一千九十二、一千九十三、一千九十四、一千九十五、一千九十六、一千九十七、一千九十八、一千九十九、二千、二千零一、二千零二、二千零三、二千零四、二千零五、二千零六、二千零七、二千零八、二千零九、二千一十、二千一十一、二千一十二、二千一十三、二千一十四、二千一十五、二千一十六、二千一十七、二千一十八、二千一十九、二千二十、二千二十一、二千二十二、二千二十三、二千二十四、二千二十五、二千二十六、二千二十七、二千二十八、二千二十九、二千三十、二千三十一、二千三十二、二千三十三、二千三十四、二千三十五、二千三十六、二千三十七、二千三十八、二千三十九、二千四十、二千四十一、二千四十二、二千四十三、二千四十四、二千四十五、二千四十六、二千四十七、二千四十八、二千四十九、二千五十、二千五十一、二千五十二、二千五十三、二千五十四、二千五十五、二千五十六、二千五十七、二千五十八、二千五十九、二千六十、二千六十一、二千六十二、二千六十三、二千六十四、二千六十五、二千六十六、二千六十七、二千六十八、二千六十九、二千七十、二千七十一、二千七十二、二千七十三、二千七十四、二千七十五、二千七十六、二千七十七、二千七十八、二千七十九、二千八十、二千八十一、二千八十二、二千八十三、二千八十四、二千八十五、二千八十六、二千八十七、二千八十八、二千八十九、二千九十、二千九十一、二千九十二、二千九十三、二千九十四、二千九十五、二千九十六、二千九十七、二千九十八、二千九十九、三千、三千零一、三千零二、三千零三、三千零四、三千零五、三千零六、三千零七、三千零八、三千零九、三千一十、三千一十一、三千一十二、三千一十三、三千一十四、三千一十五、三千一十六、三千一十七、三千一十八、三千一十九、三千二十、三千二十一、三千二十二、三千二十三、三千二十四、三千二十五、三千二十六、三千二十七、三千二十八、三千二十九、三千三十、三千三十一、三千三十二、三千三十三、三千三十四、三千三十五、三千三十六、三千三十七、三千三十八、三千三十九、三千四十、三千四十一、三千四十二、三千四十三、三千四十四、三千四十五、三千四十六、三千四十七、三千四十八、三千四十九、三千五十、三千五十一、三千五十二、三千五十三、三千五十四、三千五十五、三千五十六、三千五十七、三千五十八、三千五十九、三千六十、三千六十一、三千六十二、三千六十三、三千六十四、三千六十五、三千六十六、三千六十七、三千六十八、三千六十九、三千七十、三千七十一、三千七十二、三千七十三、三千七十四、三千七十五、三千七十六、三千七十七、三千七十八、三千七十九、三千八十、三千八十一、三千八十二、三千八十三、三千八十四、三千八十五、三千八十六、三千八十七、三千八十八、三千八十九、三千九十、三千九十一、三千九十二、三千九十三、三千九十四、三千九十五、三千九十六、三千九十七、三千九十八、三千九十九、四千、四千零一、四千零二、四千零三、四千零四、四千零五、四千零六、四千零七、四千零八、四千零九、四千一十、四千一十一、四千一十二、四千一十三、四千一十四、四千一十五、四千一十六、四千一十七、四千一十八、四千一十九、四千二十、四千二十一、四千二十二、四千二十三、四千二十四、四千二十五、四千二十六、四千二十七、四千二十八、四千二十九、四千三十、四千三十一、四千三十二、四千三十三、四千三十四、四千三十五、四千三十六、四千三十七、四千三十八、四千三十九、四千四十、四千四十一、四千四十二、四千四十三、四千四十四、四千四十五、四千四十六、四千四十七、四千四十八、四千四十九、四千五十、四千五十一、四千五十二、四千五十三、四千五十四、四千五十五、四千五十六、四千五十七、四千五十八、四千五十九、四千六十、四千六十一、四千六十二、四千六十三、四千六十四、四千六十五、四千六十六、四千六十七、四千六十八、四千六十九、四千七十、四千七十一、四千七十二、四千七十三、四千七十四、四千七十五、四千七十六、四千七十七、四千七十八、四千七十九、四千八十、四千八十一、四千八十二、四千八十三、四千八十四、四千八十五、四千八十六、四千八十七、四千八十八、四千八十九、四千九十、四千九十一、四千九十二、四千九十三、四千九十四、四千九十五、四千九十六、四千九十七、四千九十八、四千九十九、五千、五千零一、五千零二、五千零三、五千零四、五千零五、五千零六、五千零七、五千零八、五千零九、五千一十、五千一十一、五千一十二、五千一十三、五千一十四、五千一十五、五千一十六、五千一十七、五千一十八、五千一十九、五千二十、五千二十一、五千二十二、五千二十三、五千二十四、五千二十五、五千二十六、五千二十七、五千二十八、五千二十九、五千三十、五千三十一、五千三十二、五千三十三、五千三十四、五千三十五、五千三十六、五千三十七、五千三十八、五千三十九、五千四十、五千四十一、五千四十二、五千四十三、五千四十四、五千四十五、五千四十六、五千四十七、五千四十八、五千四十九、五千五十、五千五十一、五千五十二、五千五十三、五千五十四、五千五十五、五千五十六、五千五十七、五千五十八、五千五十九、五千六十、五千六十一、五千六十二、五千六十三、五千六十四、五千六十五、五千六十六、五千六十七、五千六十八、五千六十九、五千七十、五千七十一、五千七十二、五千七十三、五千七十四、五千七十五、五千七十六、五千七十七、五千七十八、五千七十九、五千八十、五千八十一、五千八十二、五千八十三、五千八十四、五千八十五、五千八十六、五千八十七、五千八十八、五千八十九、五千九十、五千九十一、五千九十二、五千九十三、五千九十四、五千九十五、五千九十六、五千九十七、五千九十八、五千九十九、六千、六千零一、六千零二、六千零三、六千零四、六千零五、六千零六、六千零七、六千零八、六千零九、六千一十、六千一十一、六千一十二、六千一十三、六千一十四、六千一十五、六千一十六、六千一十七、六千一十八、六千一十九、六千二十、六千二十一、六千二十二、六千二十三、六千二十四、六千二十五、六千二十六、六千二十七、六千二十八、六千二十九、六千三十、六千三十一、六千三十二、六千三十三、六千三十四、六千三十五、六千三十六、六千三十七、六千三十八、六千三十九、六千四十、六千四十一、六千四十二、六千四十三、六千四十四、六千四十五、六千四十六、六千四十七、六千四十八、六千四十九、六千五十、六千五十一、六千五十二、六千五十三、六千五十四、六千五十五、六千五十六、六千五十七、六千五十八、六千五十九、六千六十、六千六十一、六千六十二、六千六十三、六千六十四、六千六十五、六千六十六、六千六十七、六千六十八、六千六十九、六千七十、六千七十一、六千七十二、六千七十三、六千七十四、六千七十五、六千七十六、六千七十七、六千七十八、六千七十九、六千八十、六千八十一、六千八十二、六千八十三、六千八十四、六千八十五、六千八十六、六千八十七、六千八十八、六千八十九、六千九十、六千九十一、六千九十二、六千九十三、六千九十四、六千九十五、六千九十六、六千九十七、六千九十八、六千九十九、七千、七千零一、七千零二、七千零三、七千零四、七千零五、七千零六、七千零七、七千零八、七千零九、七千一十、七千一十一、七千一十二、七千一十三、七千一十四、七千一十五、七千一十六、七千一十七、七千一十八、七千一十九、七千二十、七千二十一、七千二十二、七千二十三、七千二十四、七千二十五、七千二十六、七千二十七、七千二十八、七千二十九、七千三十、七千三十一、七千三十二、七千三十三、七千三十四、七千三十五、七千三十六、七千三十七、七千三十八、七千三十九、七千四十、七千四十一、七千四十二、七千四十三、七千四十四、七千四十五、七千四十六、七千四十七、七千四十八、七千四十九、七千五十、七千五十一、七千五十二、七千五十三、七千五十四、七千五十五、七千五十六、七千五十七、七千五十八、七千五十九、七千六十、七千六十一、七千六十二、七千六十三、七千六十四、七千六十五、七千六十六、七千六十七、七千六十八、七千六十九、七千七十、七千七十一、七千七十二、七千七十三、七千七十四、七千七十五、七千七十六、七千七十七、七千七十八、七千七十九、七千八十、七千八十一、七千八十二、七千八十三、七千八十四、七千八十五、七千八十六、七千八十七、七千八十八、七千八十九、七千九十、七千九十一、七千九十二、七千九十三、七千九十四、七千九十五、七千九十六、七千九十七、七千九十八、七千九十九、八千、八千零一、八千零二、八千零三、八千零四、八千零五、八千零六、八千零七、八千零八、八千零九、八千一十、八千一十一、八千一十二、八千一十三、八千一十四、八千一十五、八千一十六、八千一十七、八千一十八、八千一十九、八千二十、八千二十一、八千二十二、八千二十三、八千二十四、八千二十五、八千二十六、八千二十七、八千二十八、八千二十九、八千三十、八千三十一、八千三十二、八千三十三、八千三十四、八千三十五、八千三十六、八千三十七、八千三十八、八千三十九、八千四十、八千四十一、八千四十二、八千四十三、八千四十四、八千四十五、八千四十六、八千四十七、八千四十八、八千四十九、八千五十、八千五十一、八千五十二、八千五十三、八千五十四、八千五十五、八千五十六、八千五十七、八千五十八、八千五十九、八千六十、八千六十一、八千六十二、八千六十三、八千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意大利餐厅 ¥400 P E
Prego's cuisine is rustic yet refined, rooted in tradition while producing innovative creations using only the finest and freshest ingredients available.
3F, The Westin Tianjin, No.101, Nanjing Lu, Heping
和平区南京路101号
天津君隆威斯汀酒店3层
Tel: 23890088
Hrs: 11:30am-14:30pm
18:00pm-22:00pm

Cielo

意荟·意大利餐厅
Authentic and creatively composed Italian cuisine in a modern space.
9/F, Four Seasons Hotel Tianjin, 138 Chifeng Road, Heping District, Tianjin
和平区赤峰道138号
天津四季酒店9层
Tel: 022- 2716 6263
Hours: 06:30am~10:00am
11:30am~14:30pm
17:30pm~21:30pm

[Japanese 日料]

Kawa Sushi Lounge

洲·寿司酒廊
Authentic Japanese sushi lounge experience.
7/F, Four Seasons Hotel Tianjin, 138 Chifeng Road, Heping District, Tianjin
和平区赤峰道138号
天津四季酒店7层
Tel: 022-2716 6262
Hours: 11:30am~14:00pm
17:30pm~22:30pm

Fuku Sushi

福寿司
Add: 167 Shanxi Lu, Heping District (at the crossing of Shanxi Lu and Yingkou Dao) 和平区山西路167号 (山西路与营口道交口)
Tel: 022-8321-9509
186-2229-6209
182-0225-5286(Mr.Maeda)
Hours: 17:00-23:30 (L,O)

Wine 红酒

Tianjin Downtown

Montrose Wine House
名特公司进口葡萄酒
Imported wines.2nd floor YY Beer House, Montrose(Tianjin) Office
粤园餐厅二楼名特(天津)办事处
Tel: 139 200 21679
Hrs: 09:00am-18:00pm

Chantal (Tianjin) International Co.Ltd

香达(天津)国际贸易有限公司
Room 104, No.30 Building, KEYUANLI, Hexi District, Tianjin China
天津市河西区可园里30-104
Tel: 86-13920706019



BAR

Tian jin Downtown

WE Brewery

卫酿酒厂 ★ E
WE Brewery has six draft beers which change depending on the seasons and the owners desire to experiment as well as a small but excellent menu of western food including burgers and hotdogs.
4, Yi He Li, Xi An Dao, He Ping District, Tianjin
天津市和平区西安道怡和里4号
Tel: 18630888114
Hours: Sun-Thursday: 5pm~midnight
Fri-Saturday: 5pm-2am
Monday closed

River Lounge

瑞吉畔吧 ¥100 P E
One of Tianjin's premiere destinations, you can enjoy High Tea or artisan cocktails at the gleaming bar or in conversation areas furnished with rich leather seating overlooking the sparkling Hai River. The signature cocktail features a blend of unique Chinese flavors and seasonings, including Fujian lapsang souchong tea, Sichuan pepper, and soy sauce with fine vodka.
1F, St. Regis Tianjin, No.158 Zhang Zi Zhong Road, Heping (Next to Jin Tower, the opposite side of Ha Mi Road) 和平区张自忠路158号, 津塔旁, 哈密道正对面, 天津瑞吉金融街酒店一层
Tel: 5830 9958
Hrs: 10:00am-01:00am

Lobby lounge

大堂酒廊
Provides fine wines from all over the world, cocktails, snacks, coffee and other soft drinks
1F, Shangri-La Hotel, Tianjin, No. 328 Haihe East Road, Hedong
河东区海河东路328号
天津香格里拉大酒店1楼
Tel: 8418 8111
Hrs: 09:00 to midnigh

O'Hara's-authentic British lounge

海维林酒吧-经典英式酒吧 E6
Offers the intimacy of an English gentleman's lounge with regal Winchester styled sofas and an oversized bar counter.
1st floor Astor Wing, A Luxury Collection Hotel, Tianjin, 33 Taier Zhuang Road, Heping
和平区台儿庄路33号
天津利顺德大饭店豪华精选酒店, 酒店一层
Tel: 58526888 ext. 8919
Hrs: 06:30pm-01:00am

Qba

Q吧 P E
Qba's Latin-inspired décor creates an authentic ambience where delicious tapas and Latin-style snacks are shared among friends.
The Westin Tianjin, No. 101 Nan Jing Road, Heping
和平区南京路101号
天津君隆威斯汀酒店
Tel: 2389 0088
Hrs: Tue-Sat 6:30pm-01:00am

Flair

★ P E
East Asian cuisine, the menu combines playful snack-style dishes with richly flavorful entrées, designer desserts and the freshest of seafood.
The Ritz-Carlton, Tianjin, 1st floor, No. 167 Dagubei Road, Heping District, Tianjin China
和平区大沽北路167号
天津丽思卡尔顿酒店一楼
Tel: 5857-8888
Mon-Fri 17:00-24:00
Sat-Sun 17:00-01:00
Seats:118

Gusto Bar

9吧
Hand-crafted cocktails, craft beers and whiskies in a sleek, sexy ambience.
9/F, Four Seasons Hotel Tianjin, 138 Chifeng Road, Heping District, Tianjin
和平区赤峰道138号
天津四季酒店9层
Tel: +86 22 2716 6264
Hours: 18:00pm~01:00am

SHOPPING

Tianjin Downtown

Riverside 66
天津恒隆广场
The mega department store in Tianjin, customer can enjoy the forefront of fashion here.
66 Xingan Lu, Heping District
和平区兴安路66号

Galaxy Mall

银河国际购物中心
Featuring the most famous luxury brands in the world.
No.9, Le Yuan Road, Hexi
河西区乐园道9号
Tel: 8388 9577
Fax: 8388 9733
Web: www.galaxy-mall.com.cn
Hrs: 10:00-22:00

Mighty Source

美琪·源
B1-13, ITC Mall, 39 Nanjing Road, Hexi District
天津市河西区南京路39号
天津国贸购物中心B1-13
Tel: 022-59006108

Joy city

南开大悦城
Stocks a number of popular brands including Sephora, H&M, supermarket and plenty of restaurants.
No.2, Nanmen Wai Da Jie, Nankai
河西区南门外大街2号
Tel: 5861 8888
Web: tjjoycity.com

Heping Joy city

和平大悦城
189 Nanjing Road, Heping District, Tianjin
天津市和平区南京路189号

Riverview Place

天津嘉里中心嘉里汇
A newly opened huge shopping mall stocks many different items.
Riverview Place, 238 Liu Wei Lu, Hedong District
河东区六纬路238号嘉里汇
Tel: 24230101

HOTEL

[Hotel 酒店]

Tianjin Downtown

The Westin Tianjin
天津君隆威斯汀酒店
No.101, Nanjing Road, Heping District
和平区南京路101号
Tel: 2389 0088
Fax: 2389 0099
Website: westin.com/Tianjin

Wanda Vista Tianjin

天津万达文华酒店
No.486, Ba Hao Lu, Da Zhi Gu, Hedong
河东区大直沽八号路486号
Tel: 2462 6888

Happy Soho Live Music & Dance Bar
欢乐苏荷酒吧
Live Filipino band with hot Russian dance girls.
(Opposite of Central Hotel)
No.16, Fortune Plaza, 3rd Avenue, TEDA
开发区第三大街财富星座16号 (中心酒店对面)
Tel: +86 22 2532 2078
Hrs: 20:00-02:00

SHOPPING 购物
BAR 酒吧
RESTAURANT 餐厅
WINE 红酒
COFFEE 咖啡

LISTING

商务中心

购物

运动

酒店

学校

医疗

房地产

商会

教堂

剧院

博物馆

按摩

公园

Hyatt Regency Tianjin East
天津东凯悦酒店
126 Weiguo Road, Hedong District, Tianjin,
300161, People's Republic of China
中国天津市河东区卫国道126号 邮编300161
Tel: + 86 22 2457 1234
Fax: +86 22 2434 5666
Email: tianjin.regency@hyatt.com
tianjin.regency.hyatt.com



The Ritz-Carlton, Tianjin
天津丽思卡尔顿酒店
No. 167 Dagubei Road, Heping
和平区大沽北路167号
Tel: 5857-8888 Fax: 5857-8899
www.ritzcarlton.com

Sheraton Tianjin Hotel
天津喜来登大酒店
Zi Jin Shan Lu, Hexi District
河西区紫金山路
Tel: 27313388

Shangri-La Hotel Tianjin
天津香格里拉大酒店
No. 328 Haihe East Road, Hedong
District, Tianjin, 300019, China
天津市河东区海河东路328号
Tel: (86 22) 8418 8888

Renaissance Tianjin Lakeview Hotel
万丽天津宾馆
16 Binshui Dao, Hexi District
河西区滨水道16号
Tel: 58223388

Pan Pacific Tianjin
天津泛太平洋大酒店
Address: 1 Zhang ZiZhong Road,
Hongqiao District Tianjin, China 300091
天津市红桥区张自忠路1号
Telephone: +86 22 5863 8888
Email: info.pptsn@panpacific.com
Website: www.panpacific.com

Banyan Tree Tianjin Riverside
天津海悦榕庄
34 Haihe East Road Hebei
河北区海河东路34号
Tel: 5861 9999
Fax: 5861 9998
Web: banyantree.com

Crowne Plaza Tianjin Meijiangan
天津梅江中心皇冠假日酒店
East to South Youyi Road (Opposite to
Tianjin Meijiang Conference&Exhibition
Center), Xiqing District, Tianjin, P.R.
China 300221
天津西青区友谊南路东侧
(天津梅江会展中心正对面)
Tel: 5857 6666
Fax: 5857 6688
Web: www.crowneplaza.com/tjmeijiangan

TEDA International Club Tianjin
泰达国际会馆
7-2 Fu Kang Lu, Nankai.
南开区复康路7号增2号
Tel: 5869 5555 Fax: 2300 5656

Holiday Inn Tianjin Aqua City
天津水游城假日酒店
No. 6, Jieyuan Road, Hongqiao
红桥区芥园道6号
Tel: 5877 6666

Tangla Tianjin
天津中心唐拉雅秀酒店
No. 219, Nanjing Road, Heping
和平区南京路219号
Tel: 2321 5888

The St. Regis Tianjin
天津瑞吉金融街酒店
1F, St. Regis Tianjin, No.158 Zhang Zi
Zhong Road, Heping (Next to Jin Tower,
the opposite side of Ha Mi Road)
和平区张自忠路158号,
津塔旁, 哈密道正对面,
天津瑞吉金融街酒店一层
Tel: 5830 9999
Web: Stregis.com/tianjin

Clarion Tianjin Hotel
天津滨江凯隆酒店
105 Jian She Lu, Heping.
和平区建设路105号
Tel: 2302 6888
Fax: 2302 8530

Hotel Indigo Tianjin Haihe
天津海河英迪格酒店
No.314.South Jiefang Rd.,Hexi Dist
天津市河西区解放南路314号
Tel:88328888/4000380666
Web:www.indigohoteltianjin.com

Hotel Nikko Tianjin
天津日航酒店
189 NanJing Lu, Heping.
和平区南京路189号
Tel:8319 8888
Fax:8319 2266
Web:www.nikkotianjin.com

**The Astor Hotel,
A Luxury Collection Hotel, Tianjin**
天津利顺德大饭店豪华精选酒店
33 Taier Zhuang Road, Heping
和平区台儿庄路33号
Tel: 5852 6888
Web: www.luxurycollection.com/astor

Radisson Tianjin
天津天诚丽筠酒店
66 Xinkai Road, Hedong District, Tianjin
天津市河东区新开路66号
Tel: +86 22 2457 8888
Email: hotel@radisson-tj.com

Four Seasons Hotel Tianjin
天津四季酒店
138 Chifeng Road, Heping District, Tianjin
和平区赤峰道138号
Tel: 2716 6688
Fax: 2716 6699
Website: fourseasons.com/tianjin

Saixiang Hotel
赛象酒店
No.8 Meiyuan Road, Huayuan Industrial
Zone, New Technology Industry Park,
Tianjin
中国天津市南开区新技术产业园区
华苑产业园区梅苑路8号 300384

Holiday Inn Tianjin Riverside
天津海河假日酒店
Phoenix Shopping Mall, East Haihe
Road, Hebei (Nearby " Eye of Tianjin ")
河北区海河东路凤凰宽广场
(“天津之眼”摩天轮旁)
Tel: 2627 8888
Fax: 2627 6666

Shan Yi Li Boutique Hotel
庆王府山益里精品酒店
No.55 Chongqing Avenue, Heping
District, Tianjin
中国天津市和平区重庆道55号

Zaia Spa & Hotel
索亚风尚酒店
New City Square, No.2 Guanghua
Road, Hedong District, Tianjin
中国天津市河东区光华路2号新城市广场

Friendship Hotel Tianjin
天津友谊宾馆
No.94 Nanjing Road, Heping District, Tianjin
中国天津市和平区南京路94号

Geneva Grand Hotel
津利华大酒店
No.32 Youyi Road, Hexi District, Tianjin
中国天津市河西区友谊路32号

**Courtyard by Marriott Tianjin
Hongqiao**
天津陆家嘴万怡酒店
地址: 天津市红桥区北马路166号
Address: No. 166 Beima Road, Hongqiao
District, Tianjin, 300120, China
Tel:022-58985555

TEDA &Tanggu

Holiday Inn Binhai Tianjin
天津滨海假日酒店
86 First Ave., TEDA.
经济技术开发区第一大街86号
Tel: 6628 3388

**Renaissance Tianjin TEDA Hotel &
Convention Center**
天津万丽泰达酒店及会议中心
29 Second Ave., TEDA.
经济技术开发区第二大街29号
Tel: 6621 8888

Sheraton Tianjin Binhai Hotel
天津滨海喜来登酒店
No.50, 2nd Avenue, TEDA, Binhai New Area
滨海新区天津经济技术开发区第二大街50号
TEL: 6528 8888 FAX: 6528 8801
Web: www.sheraton.com/tianjinbinhai

Other District

Crowne Plaza Tianjin Binhai
天津滨海圣光皇冠假日酒店
55 Zhongxin Avenue, Airport Industrial Park.
空港物流加工区中心大道55号
Tel: 5867 8888 Fax: 5867 8899
Web: www.crowneplaza.com

Hilton Tianjin Eco-City
天津生态城世茂希尔顿酒店
No. 82 Dong Man Zhong Lu,
Sino-Singapore Eco-City, Binhai New
District, Tianjin 300467, China
中国天津市中新天津生态城动漫中路82号
Tel: 022 5999 8888

Tianjin Goldin Metropolitan Polo Club
天津环亚国际马球会
16 Hai Tai Hua Ke Jiu Lu Bin Hai Gao Xin
Qu, Tianjin 300384, China
中国天津滨海高新区海泰华科九路16号
Tel: 022 8372 8888
Web: www.metropolitanpoloclub.com

Jixian Marriott Hotel
京蓟圣光万豪酒店
No 6 Fenghuangshan Road, Jizhou
district, Tianjin
蓟州区渔阳镇凤凰山路6号
Tel: +86-22-2917 9999

Crowne Plaza Tianjin Jinnan
天津京基皇冠假日酒店
North Side Of Jin Gang Road Balitai,
Jinnan District, Tianjin 300350, China
中国天津市津南区八里台镇岭南路
Tel: 400 830 2959

**Hyatt Regency Jing Ji City Resort
and Spa**
京津新城凯悦酒店
No.8 Zhujiang Road, Zhouliaingzhuang,
Baodi District, Tianjin
中国天津市宝坻区周良庄珠江大道8号
Tel: 022 5921 1234

[Hotel Apartment 酒店公寓]

Tianjin Downtown

Ariva Tianjin Binhai Serviced Apartment
天津滨海·艾丽华服务公寓
No. 35 Zi Jin Shan Road, Hexi District
河西区紫金山路35号
Tel: 5856 8000
Web: www.stayariva.com

**Ariva Tianjin Zhongbei Serviced
Apartment**
天津中北·艾丽华服务公寓
No. 80 Xingguang Road Zhongbei
District, Xiqing District, Tianjin, China
天津市西青区星光路80号
Tel: (022)58631186



**The Ritz-Carlton
Executive Residences**
天津丽思卡尔顿行政公寓
No.167 Dagubei Road, Heping District
和平区大沽北路167号
Tel: +86 22 5857 8888



Somerset International Building Tianjin
天津盛捷国际大厦服务公寓
No 75 Nanjing Road, Heping
和平区南京路75号
Tel: 2330 6666

Somerset Olympic Tower Tianjin
天津盛捷奥林匹克大厦服务公寓
No 126 Chengdu Road, Heping
和平区成都道126号
Tel: 2335 5888

**Shangri-La Hotel, Tianjin
Full-serviced Apartment**
天津香格里拉大酒店服务式公寓
No. 328 Haihe East Road, Hedong
天津市河东区海河东路328号
Tel: 8418 8888

Fraser Place Tianjin
天津招商美伦辉盛坊国际公寓
No.34 Xing Cheng Towers Ao Ti Street, West
Weijin South Road, Nankai District, Tianjin
天津市南开区卫津南路西侧奥体道星城34号楼
Tel: 58920800



Just Living by Savills
天津尚翌服务式公寓
和平区西康路36号
Tel: 6018 0222
www.JustLiving-Apartments.com

TEDA &Tanggu



Green Park Villa
格林园
No.34, 1st Avenue TEDA, Tianjin
天津经济技术开发区第一大街34号
Tel: 2528 0670



Ascott TEDA MSD Tianjin
天津雅诗阁泰达MSD服务公寓
No.7 Xincheng West Road, Tianjin
Economic-Technological Development
Area, Tianjin 300457 China
天津市经济技术开发区新城西路7号 300457
Tel: (86-22) 5999 7666

Teda, Tianjin - Marriott Executive Apartments
 天津泰达万豪行政公寓
 29 Second Avenue TEDA, Tianjin, China
 经济技术开发区第二大街29号
 Tel: 6570-9999

SCHOOL

Tianjin Downtown



Tianjin International School
 天津思锐国际学校
 No.4-1 Sishui Road, Hexi
 河西区泗水道4号增1号
 Tel: 8371 0900
 Fax: 8731 0400
 https://tiseagles.com

Tianjin Translation College

天津翻译学院
 5/F, Qingxin Building, Intersection of
 Changjiang road and Nanfeng Road,
 Nankai District, Tianjin
 天津市南开区长江道与南丰路交口
 清新大厦5楼
 Tel: 2737-9758
 Email: jenny_tj@126.com



International School of Tianjin
 天津经济技术开发区国际学校天津分校
 Only international school in Tianjin fully
 authorized by the IBO to teach all three
 IB programs (PYP, MYP and DP) from
 age 3-18.
 Weishan Nan Lu, Jinnan District, Tianjin
 天津市津南区(双港)徽山南路
 Mon-Fri 07:30-16:30
 T: +86 22 2859 2001
 W: www.istianjin.org



Wellington College International Tianjin
 天津惠灵顿外籍人员子女学校
 NO.1 Yide Dao, Hongqiao District
 红桥区义德道1号
 Tel: 8758 7199
 187 2248 7836
 Email: admissions@wellington-tianjin.cn
 www.wellington-tianjin.cn

Really Chinese Institute

Really汉语学院
 Building A, Qinghuayuan, No.12 Yunnan
 Road, Heping District, Tianjin
 天津市和平区云南路12号清华园A座
 Tel: 4000-870-670
 Email: reallyhsk@hotmail.com

Shuoba Chinese Academy

说吧汉语
 Tianjin Heping District Chengdu Dao
 No.126 Somerset Olympic Tower 403
 天津市和平区成都道126号
 盛捷奥林匹克4层403室
 Tianjin Heping District Nanjing
 Rd. No.75 International Plaza 1802
 天津市和平区南京路75号
 国际大厦1802室
 Tel: 022-2335 0585
 139-1079-8835 (Mr. Lu Tong)
 187-1017-7191 (Sandra)

Hopeland International Kindergarten

华兰国际幼稚园(海逸园)
 No.5 Cuibo Road,
 Meijiabang, Tianjin, China
 天津市梅江湾翠波道5号
 Tel: 022-6046-2555

Hopeland International Kindergarten

华兰国际幼稚园(梅江园)
 No.7 Huandao Middle Road, East Side of
 Jiefang South Road, Tianjin
 天津市解放南路西侧环岛东路7号
 Tel: 022-5810-7777

Tianjin Golden Collar Translation Center

天津金领翻译中心
 5/F, Qingxin Building, Intersection of
 Changjiang road and Nanfeng Road,
 Nankai District, Tianjin
 天津市南开区长江道与南丰路交口
 清新大厦5楼
 Tel: 2737-9758
 Email: jenny_tj@126.com

TEDA & Tanggu



TEDA International School
 泰达国际学校
 72 Third Ave, TEDA,
 经济技术开发区第三大街72号
 Tel: 6622 6158
 6622 6157
 Fax: 6200 1818
 admin@tedainternationalschool.net
 www.tedainternationalschool.net

MEDICAL FACILITY

Tianjin Downtown

Tianjin United Family Hospital (TJU)

天津和睦家医院
 No. 22 Tianxiaoyuan, Tanjiang Road,
 Hexi District, Tianjin 300221
 河西区潭江道天潇园22号 300221
 Tel: (022) 58568500
 Web: http://www.uhf.com.cn

ARRAIL International Dental Clinic

瑞尔专业口腔医疗机构
 Rm 302, Tianjin International Building No.75
 Nanjing Rd. Heping District, Tianjin
 天津市和平区南京路75号天津国际大厦302室
 Tel: 022-2331-6219
 Fax: 022-2331-6215

Raffles Medical - Tianjin

1F Sheraton Tianjin Hotel, Zijinshan Lu, Hexi,
 河西区紫金山路天津喜来登大酒店公寓楼首层
 Tel: 2352 0143
 6537 7616
 Hrs: 09:00-18:00 (Mon-Sat)

Raffles Medical - TEDA

102-C2 MSD, No.79, 1st Avenue, TEDA
 天津经济技术开发区第一大街79号
 泰达MSD-C区2座102室
 Tel: 6537 7616

Diamond Dental

德倍尔口腔
 433 ShengLi Road
 胜利路433号
 Tel: 022-24462070

CHAMBERS

Tianjin Downtown

European Union Chamber of Commerce in China, Tianjin Chapter

中国欧盟商会天津办公室
 41F, The Executive Center, Tianjin World
 Financial Center, 2 Dagubei Lu, Heping
 District, Tianjin 300020.
 天津市和平区大沽北路2号
 天津环球金融中心41层德事商务中心
 Tel: +86 (022) 58307608
 Website: www.eurochamber.com.cn
 Email: tianjin@eucc.com.cn

The American Chamber of Commerce, Greater Tianjin Branch

美国商会天津分会
 Rm 2918, the Exchange Tower 2, 189
 Nanjing Road, Heping
 和平区南京路189号津汇二期2918室
 Tel: 23185075 Fax: 2318 5074
 Website: www.amchamtianjin.org

German Chamber of Commerce in China - North China

中国德国商会
 Rm.1502, Global Center, No. 309
 Nanjing Road, Nankai
 南开区南京路309号
 环球置地广场1502室
 Tel/Fax ++86 (0)22 - 8787 9249
 Email: tianjin@bj.china.ahk.de
 Internet: www.china.ahk.de

German Business Circle Tianjin

Deutscher Unternehmerkreis Tianjin, DUK
 天津德国人联谊会
 Rm 803, Huake Center, 3 Kaihua Road,
 Huayuan Industrial Zone.
 华苑产业区开华道3号
 华科创业中心803室.
 Tel: 8371 7855
 Fax: 837 17859

Melbourne Office Tianjin

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 Nanjing Road, Heping District, Tianjin
 300050, P.R.China
 天津市和平区南京路75号
 国际大厦1008室
 Tel: 23136003
 Fax: 23136005
 Business Hours: 8:30~17:30

MASSAGE

Tianjin Downtown

Chinese Massage Club
 中国整体院
 Rm. 11F, Building 1, Zijin Garden, No.15,
 Binshui Dao, Hexi
 河西区宾水道15号紫金花园1座11F室
 Tel: 88294330 / 13512489654
 Hrs: 10:00-24:00

A Sen Da Mu Tong

阿森大木桶养生馆
 22 Pukou Dao, Hexi.
 河西区浦口道22号
 Tel: 2313 5080

Gudu Massage

古都按摩
 1-1-607, Cheng Ji Center, Nanjing Road,
 Heping
 和平区南京路诚基中心1号楼1F 607
 Tel: 2313 7919 / 136 821 90233
 Hrs: 10:00-02:00

CHURCH

Tianjin Downtown

Tianjin International Fellowship

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 Huan Hu zhong Lu, Hexi
 河西区环湖中路22号
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 enquiry@tjif.com
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St. Joseph's Cathedral

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 和平区西宁道9号

TEDA & Tanggu

TEDA Christian Fellowship
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 International Hotel, 2nd Avenue,
 No. 8, TEDA Tianjin
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 泰达国际酒店宴会馆
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 Phone: 151-2264-5704

ESTATE

Tianjin Downtown

E-SMART Relocation Consultants Co., Ltd

伊斯玛特安家服务有限公司
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 Tel: 86-022-27829333
 Mobile: 86-13821310742 (Richard Xing)
 info@homefromhome.com.cn
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Tianjin SYD Real Estate Consultants

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 E-701 Rome Gardens, Yong An Dao,
 Hexi
 河西区永安道罗马花园1期B-2-1401
 Tel: 2324 6966
 2324 6098
 Hrs: 09:00-17:00

OFFICE

Herac
 海瑞格国际商务中心
 7F-8F, Tianjin International Financial
 Center, 136 Chifeng Dao, Heping
 District
 Tel: 022-23296999/022-8361 1666
 Web: www.herac.com.cn

The Executive Centre

德事商务中心
 29F, The Exchange Tower 2 | 41F, The
 World Financial Centre | 17F, C1 TEDA
 MSD | 18F, Innovative Financial Building
 津汇广场2座29层 | 环球金融中心41层 | 泰达
 MSD C1座17层 | 于家堡新金融大厦18层
 Tel: 5830 7860
 Hrs: 7x24



PARK 公园

MASSAGE 按摩

MUSEUM 博物馆

THEATRE 剧院

CHURCH 教堂

CHAMBERS 商会

ESTATE 房地产

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SCHOOL 学校

HOTEL 酒店

SPORTS 运动

SHOPPING 购物

OFFICE 商务中心



WELCOME TO THE HOTEL CALIFORNIA, IN CHINA

By Aaron Eagles

Last year was also my first time in China for the Spring Festival and it was a great experience. I spent time in Shenzhen and Tianjin, it was unforgettable and full of adventure. Arriving in the evening with no hotel booked I landed in SZN airport and got on my hotel APP. Some call me crazy for traveling without booking first and it has had its pros and cons, but always makes for an adventure. I found a hotel with all I wanted: nice room, pool, spa, hotel shuttle and a few restaurants attached. The APP said that the hotel was very close, and the airport information desk confirmed. Once in the taxi, we drove for about 25 minutes, which was double the time I thought it would take. With no one else on the road the driver was going about 150 KPH, so it wasn't because of traffic or that he was going slowly. We finally arrived to what seemed like the middle of nowhere and almost looked like an abandoned building with only a few cars. After making sure I was at the correct location, I paid the taxi after a bit of discussion about the almost triple price taxi fare. I went in to the hotel and no one was in sight. The lighting

was dim, and it took about 10 minutes to find someone. The hotel attendant found my newly booked reservation and checked me in. I asked about all the accommodations that I saw on the APP and she informed me that the massive hotel was still under construction, so most were not finished. Tired and ready to rest I retired to my room with no energy to argue. The hotel was very nice, at least the parts that had been constructed, but as I walked the halls of 10-story building I got an eerie feeling that I was the only one in the hotel. No sound, no people, no one else in sight other than the security guard and front

WHETHER A FOREIGNER IN CHINA OR CHINESE LOCAL WE HAVE ALL HAD OUR UNEXPECTED ADVENTURES AND RANDOM KINDNESSES THAT CHINA IS SURE TO OFFER.

desk attendant. All of a sudden, the song Hotel California played in my head and the lyrics became more real than ever. Long story short, the next day I left and found another hotel. The next hotel was an amazing find and one of my best experiences in China. It was a business style hotel similar to an Ibis, but family owned and operated. Hanlinxuan Business Hotel 瀚林轩商务酒店, perfect find for someone who wants to stay close to the airport at an affordable price. The city was empty and so was the hotel. The hotel owner's family was all there celebrating the holiday and they welcomed me in as family. I made dumplings and celebrated with them for two marvelous days. Whether a foreigner in China or Chinese local we have all had our unexpected adventures and random kindnesses that China is sure to offer.

Once back in TEDA the streets were bare. Last year I was able to experience the non-stop fireworks to ring in the new year. It was something like I have never experienced in my life. Sometimes I must have heard the popping of fireworks for minutes straight and from all directions. It made me realize that this is truly the birthplace of fireworks. In comparison, this year seemed so quiet after the mandate prohibiting fireworks. Though at times last year I thought the fireworks were a bit much and know some who said it made them feel crazy, I missed it. It seems like a positive change for safety and cleaner air, but I found myself a bit nostalgic of the memories.

欢迎来到中国的“加州旅馆”

去年是我在中国度过的第一个春节，那是一次难忘的经历。我心血来潮飞去了深圳，连酒店都没有订。在机场我在APP上找到一家看起来不错的酒店，而且就在机场附近。我付了款，打了一辆出租车奔向酒店。春节的深圳，马路上空空荡荡，即便这样我们还开了25分钟，比我估算的时间多了1倍。我们最终来到了这家酒店，但这栋楼破破烂烂的一点不像酒店。我走进昏暗的大堂，里面一个人也没有。我花了10分钟才找到一个服务员帮我办理入住，她说酒店大部分区域还在建设中。虽然可以入住的区域看起来还不错，但是我好像是酒店唯一的住客，甚至是唯一的人。这时，我脑海里不禁响起《加州旅馆》的旋律，歌词的场景仿佛真实再现。

筋疲力尽的我沉沉睡去，第二天一早便退了房，另寻酒店。幸运的是我找到的第二家酒店让我的春节旅行充满了温暖。这是家家族经营的商务酒店，当时也没什么客人，老板的家人都聚在酒店庆祝春节。他们邀请我加入，像家人一样招待我，我们一起包饺子，度过了一个完整的春节。

回到天津以后，迎接我的依然是冷清街道，还有不绝的炮声。今年的春节有些不同，鞭炮被禁放了，我还真有点想念啊！

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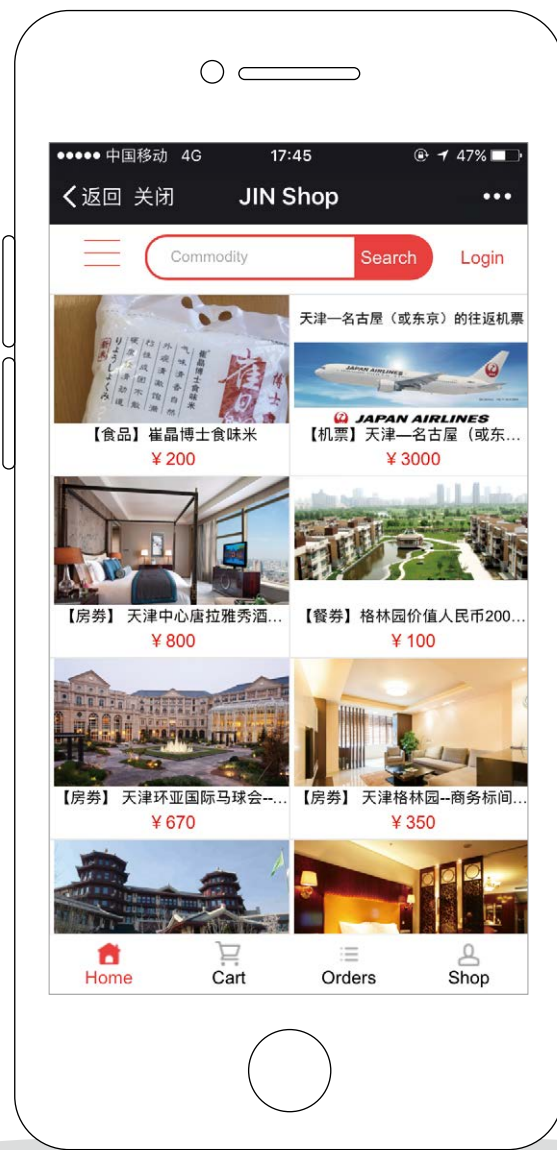
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JIN Shop

OPENS!

We are excited to announce that, after several trials and tests, the Jin Shop operated exclusively for and by JINMAGAZINE has been formally launched in our JINMAGAZINE wechat account. The Jin Shop mainly manages the magazine's peripheral products and services along with premium vouchers. The limited number of products are aimed at giving something back to our loyal fans who have been supporting us for a long time. We hope all our old and new friends will enjoy a happy shopping experience.



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